



## WHAT ARE LOOSE LEAF TEAS?



All true teas, come from the *Camellia Sinensis* plant. The leaf size, flavour, aroma and taste of Loose Leaf Teas are far superior than the mass produced tea bags, tea dust or fannings available in the market. Full leaf teas are produced in small batches in select gardens and thus are rare and available in limited quantities.



## TEA TYPES

### ◆ WHITE TEAS

are considered to be the healthiest of all types of tea since they support body hydration, and contain high levels of antioxidants that promote mental and physical relaxation

**Sleep time:**  
4 - 5 minutes  
**Serving size:**  
1.5 teaspoon  
per 200 ml water

**Sleep temperature:**  
90 - 100 Deg. C

### ◆ ROOIBOS

is a source of powerful antioxidants and its consumption is believed to help boost the body's immune system. It offers many of the same therapeutic properties as Green teas, but is 100% caffeine-free.

**Sleep time:**  
5 minutes  
**Serving size:**  
1 teaspoon  
per 200 ml water

**Sleep temperature:**  
100 Deg. C

### ◆ GREEN TEAS

are believed to be rich in Epigallocatechin Gallate (EGCG), a powerful antioxidant considerably more potent than vitamins C and E. Regular consumption is believed to support body hydration, boost overall health, and relax the body

**Sleep time:**  
1 - 2 minutes  
**Serving size:**  
1 teaspoon  
per 200 ml water

**Sleep temperature:**  
80 Deg. C

### ◆ HERBAL TEAS

is a source of powerful antioxidants and its consumption is believed to help boost the body's immune system. It offers many of the same therapeutic properties as Green teas, but is 100% caffeine-free.

**Sleep time:**  
4 - 5 minutes  
**Serving size:**  
1 teaspoon  
per 200 ml water

**Sleep temperature:**  
100 Deg. C

### ◆ OOLONG TEAS

may help boost metabolism and have been used as an aid to weight-loss in Southeastern Asia for centuries. The polyphenols present in Oolongs are also believed to promote mental relaxation.

**Sleep time:**  
3 minutes  
**Serving size:**  
1 teaspoon  
per 200 ml water

**Sleep temperature:**  
90 Deg. C

### ◆ BLACK TEAS

are rich in theflavins, a potent antioxidant that has shown impressive cardiovascular benefits. They are also widely known for increasing mental alertness.

**Sleep time:**  
2 - 3 minutes  
**Serving size:**  
2 teaspoon  
per 200 ml water

**Sleep temperature:**  
90-100 Deg. C

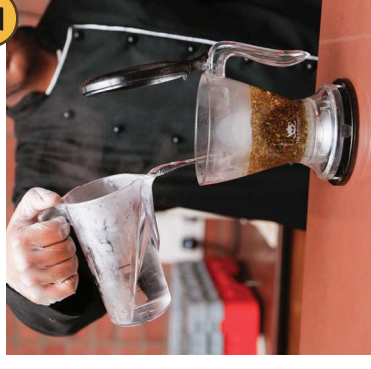
## HOW TO USE BREW MAKER

1



Add 1 tsp of tea leaves in Brew Maker

2



Add 200 ml hot water to the Brew Maker

3



Let it steep as per brewing instructions

4



Place the brew maker on any kettle or cup to dispense tea.

The Kettlery's Brew Maker is a revolutionary product that allows you to experience the real flavors premium loose leaf teas. The Brew Maker uses the direct immersion brewing method producing an extremely rich body of tea easily and effortlessly. Its Aroma and Flavor Lock System retains the natural flavors of premium loose teas without bitterness, acidity or leaves in the infusion and the unique dispense mechanism allows for a hassle free dispersion of the infusion.