





## FEMALE COMPRESSION SIZING CHART

Point of Measure	2XS	XS	S	M	L	XL	2XL	3XL	4XL
 bust	30-32 in. 76-81 cm	32-34 in. 81-86 cm	34-36 in. 86-91 cm	36-38 in. 91-97 cm	38-40 in. 97-102 cm	40-43 in. 102-109 cm	43-47 in. 109-119 cm	47-51 in. 119-130 cm	51-55 in. 130-140 cm
 waist	22-24 in. 56-61 cm	24-26 in. 61-66 cm	26-28 in. 66-71 cm	28-30 in. 71-76 cm	30-32 in. 76-81 cm	32-35 in. 81-89 cm	35-39 in. 89-99 cm	39-43 in. 99-109 cm	43-47 in. 109-119 cm
 hips	32-34 in. 81-86 cm	34-36 in. 86-91 cm	36-38 in. 91-97 cm	38-40 in. 97-102 cm	40-42 in. 102-107 cm	42-45 in. 107-114 cm	45-49 in. 114-124 cm	49-53 in. 124-135 cm	53-57 in. 135-145 cm
 thigh	17.5-18.75 in. 44-48 cm	18.75-20 in. 48-51 cm	20-21.25 in. 51-54 cm	21.25-22.5 in. 54-57 cm	22.5-23.75 in. 57-60 cm	23.75-25.5 in. 60-65 cm	25.5-27.75 in. 65-70 cm	27.75-30.5 in. 70-77 cm	30.5-33.75 in. 77-86 cm

## MALE COMPRESSION SIZING CHART

		XS	S	M	L	XL	2XL	3XL	4XL
<b>CHEST</b>	 (INCHES) (CM)	29-33 74-84	33-37 84-94	37-41 94-104	41-45 104-114	45-49 114-124	49-53 124-135	53-57 135-145	57-61 145-155
<b>WAIST</b>	 (INCHES) (CM)	23-27 58-69	27-31 69-79	31-35 79-89	35-39 89-99	39-43 99-109	43-47 109-119	47-51 119-130	51-55 130-140
<b>HIPS</b>	 (INCHES) (CM)	29-33 74-84	33-37 84-94	37-41 94-104	41-45 104-114	45-49 114-124	49-53 124-135	53-57 135-145	57-61 145-155
<b>THIGH</b>	 (INCHES) (CM)	17.75-20.25 45-51	20.25-22.75 51-58	22.75-25.25 58-64	25.25-27.75 64-70	27.75-30.25 70-77	30.25-32.75 77-83	32.75-35.25 83-90	35.25-37.75 90-96