



YOU WILL NEED

EMBROIDERY THREAD IN TWO COLOURS
6 INCH EMBROIDERY HOOP
COTTON FABRIC
SCISSORS
NEEDLE

TRANSFER GUIDE

I'LL JUST QUICKLY MENTION A COUPLE OF WAYS TO TRANSFER THE DESIGN BUT IF YOU'RE UNSURE HAVE A GOOGLE. THERE ARE LOADS OF IN-DEPTH TUTORIALS OUT THERE, IT'S ALL ABOUT PERSONAL PREFERENCE.

- TRACING.

I FIND IT EASIEST TO DO THIS AGAINST A WINDOW; PLACE YOUR FABRIC OVER THE DESIGN AND USING A FABRIC PEN OR PENCIL GO OVER THE LINES.

- CARBON PAPER

PLACE THE DESIGN ON TOP OF YOUR FABRIC WITH A SHEET OF CARBON PAPER SANDWICHED BETWEEN. TRACE THE DESIGN FIRMLY USING A SHARP PENCIL.

- IRON ON / LASER PRINTER.

IF YOU HAVE A LASER JET PRINTER OR PHOTOCOPIER YOU CAN PRINT THE DESIGN IN REVERSE THEN PLACE IT ON TOP OF YOUR FABRIC AND PRESS WITH THE IRON. THIS METHOD TAKES QUITE A BIT OF PRACTICE.

I'D LOVE TO SEE YOUR WORK IN PROGRESS OR YOUR FINISHED WORK. YOU CAN SHARE YOUR PICS WITH ME ON INSTAGRAM OR FACEBOOK @ OHSEWBOOTIFUL OR WITH THE HASH-TAG #OHSEWBOOTIFUL ... HAPPY STITCHING!!

SPLIT THE EMBROIDERY THREAD IN HALF
SO THAT YOU'RE WORKING WITH 3 STRANDS.

- USE BACK STITCH TO OUTLINE THE WORD
- FILL IN THE HEART WITH A CONTRASTING COLOUR USING SATIN STITCH.

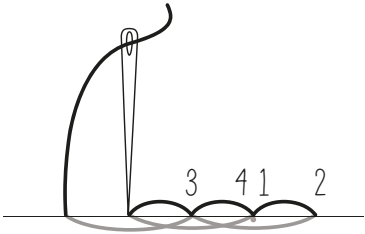


STITCH GUIDE

BACK STITCH



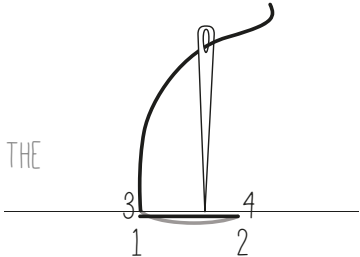
- 1- PUSH THE NEEDLE AND FLOSS THROUGH THE FABRIC FROM UNDERNEATH.
- 2- CREATE A BACKWARDS STITCH.
- 3- SPACE THE NEEDLE UNDER THE FABRIC, DOUBLE THE LENGTH OF YOUR INITIAL STITCH AND BRING THE NEEDLE THROUGH.
- 4- PUSH THE NEEDLE AND FLOSS THROUGH THE FABRIC TO THE BACK AT THE END OF THE PREVIOUS STITCH.



SATIN STITCH



1. BRING YOUR NEEDLE THROUGH THE FABRIC.
2. CREATE A STRAIGHT STITCH.
3. BRING YOUR NEEDLE, UNDERNEATH THE FABRIC, TO NEXT TO WHERE YOU STARTED THE FIRST STITCH, ON THE OUTLINE OF THE SHAPE YOU WISH TO FILL.
4. CREATE ANOTHER STITCH RUNNING PARALLEL TO THE FIRST. REPEAT UNTIL THE SHAPE IS FILLED.





Always♥