



**Kaycee R.**

*"I have purchased 3 Health mate Saunas over the years. Not because they broke down, but because I gave one to my sister, one to my parents, and then I have my own for my family. The price for these are amazing, and they last FOREVER! If you are on the fence about Health Mate, do not wait. Just buy. They will last forever, and you will get your money worth!"*

## Chromotherapy Benefits

-  **Green** Mood booster
-  **Blue** Kills Bacteria
-  **Purple** Reduces Anxiety
-  **Red** Stimulates Skin Cells
-  **Orange** Makes Cheerful
-  **Yellow** Promotes Happiness



# Top Benefits of Infrared Saunas



Lowers Blood Pressure



Detoxification



Improve Immune System



Wound Healing



Weight Loss



Improve Skin



Pain Relief



Increase Blood Circulation  
& Lower Inflammation



Infrared Sauna Relaxation  
& Stress Relief

**Tony S.**

*"I'm very impressed with the quality of the sauna. I was not quite sure what to expect when ordering. I saw many great reviews, but this was the largest purchase of my life. I am so glad I went and purchased this sauna. My wife loves it as well!"*



## Infrared

- › Needs to be 120 - 150 degrees
- › Warms your body internally, creating a much more tolerable experience while continuing the natural detoxification process through sweating.
- › Utilizes heat effectiveness with different infrared rays.
- › Penetrates the skin and deep tissue maximizing effectiveness.
- › Easier and cheaper to use at home
- › Safe to use



## Traditional

- › Needs to be 185+ degrees
- › Heats the outside air to kickstarts the body's natural cooling process.
- › Longer heat up time
- › Safe to use



## The Heaters

Tecoloy™ heaters produce much more heat per square inch of heater surface, providing more valuable and beneficial infrared heat.

Health Mate heaters are capable of producing both mid and far infrared simultaneously, making you sweat 3x - 4x more than a traditional sauna.

Delivers 360 degrees of dual wave heat with up to 40% deeper penetration than the leading carbon heater.

Fastest "to temperature" heat time on the market. 20-30 minute warm up time opposed to 60 - 90 minutes

Removes 3 - 15% more toxins than a regular sauna.

## Who is Health Mate

Health Mate introduced the first Infrared Sauna in 1979, 40 years ago. Since then we have produced over 200,000 infrared saunas; and counting.

Our manufacturing factory is over 250,000 square feet and is capable of producing over 2,000 infrared saunas per month with a five-stage quality control system. Most only have one-stage quality control.

**Shane R.**

*"I love my Health Mate Sauna! I looked at many other brands, and none of them compared to Health mate. I love the wood and the fact it makes me feel so great! Great investment in my health!"*