



# PEA SOUP

*A rich and flavoursome 3-ingredient soup  
that warms you from the inside out!*

## INGREDIENTS

- 2 cups frozen peas
- 2 cloves garlic
- 1 cup stock

## DIRECTIONS

1. Place Peas, garlic cloves and stock into the Mealio™ Blender.
2. Push the Soup Button to start the Blending and Cooking.
3. Allow to cook for 30 minutes
4. Add salt and pepper to taste

**SERVES: 2**

**SETTING: SOUP**

**PREP TIME: 5MIN**

**BLEND TIME: 30MIN**

