



TROPICAL WATERMELON SLUSHIE

Super chilled, this tropical slushie gives you a cool refresh on a hot Summer's day. Plus it's guaranteed that the kids will absolutely love it.

INGREDIENTS

- 1 cup frozen mango
- 1 cup frozen pineapple
- $\frac{3}{4}$ cup filtered water (plus more if needed)
- $\frac{1}{2}$ large panama passionfruit
- $\frac{1}{2}$ cup watermelon cubed in small pieces
- 1 cup of frozen watermelon

SERVES: 2
SETTING: QUICK CRUSH
PREP TIME: 2 MIN
BLEND TIME: 50 SEC

DIRECTIONS

- 1. Pour water in the glass pitcher, followed by the passionfruit and then $\frac{1}{2}$ cup watermelon. Add the frozen mango and pineapple on top.**
- 2. Blitz all ingredients on 'QUICK CRUSH' until thick and smooth. Spoon into chilled glasses.**
- 3. Add the frozen watermelon to your Mealio® Hot & Cold Blender and then 'PULSE' until combined. Pour over the top of the slushie.**
- 4. Serve with a straw and spoon**

Hints & Tips: Add more filtered water at any time if your blades get stuck on any of the frozen fruit.