

INTO THE



JUSSIE'S ATTACK: WHAT REALLY HAPPENED!



EXCLUSIVE PHOTOS INSIDE!

CAUGHT ON FEB. 18

TERESA CHEATS ON JOE

— WITH A 26-YEAR-OLD!



Gwen's Ultimatum To Blake

'MARRY ME OR IT'S OVER!'

WHY SHE CAN'T TAKE IT ANYMORE



KHLOÉ'S HEARTBREAK: DUMPED ON VALENTINE'S DAY!

The shocking reason Blake won't commit

PLUS: SECRET BEHIND MIRANDA'S SURPRISE WEDDING — A BABY!



It sends Gwen spiraling!



Rosie Huntington-Whiteley calls Darden her "true skin savior."



◀ Nion Beauty Opus Luxe, \$99, shanidarden.com

EXFOLIATE TO UNCOVER

Your Best Skin Ever!

You glow, girl! Celebrity esthetician Shani Darden shares her top tips and favorite products to get that radiant look

It's almost annoying how stars look like they don't have a single pore on their faces (and by almost, we mean very). *How. Is. That. Possible?* Enter Shani Darden (right). The esthetician to the stars knows how to transform complexions from dull to skin-sational — and exfoliating helps! "It's so important because you have to remove that dead layer of skin on the surface," says Darden, who prefers chemical exfoliants (a BHA, like salicylic acid, for example). "They will help clear congestion and prevent new breakouts from forming — which isn't possible from a physical exfoliant." How often should you exfoliate? "I always recommend once or twice a week, depending on your skin type." Doing so, says Darden, also allows "products to penetrate deeply."



SHOULD PEOPLE WITH SENSITIVE SKIN EXFOLIATE?

SD: They won't be able to do it as often, but it's still necessary. I recommend sensitive skin types cleanse with a Nion Beauty Opus Luxe. The light silicone bristles will help to remove dead skin cells gently, without irritating.

WHAT IF YOU'RE DEALING WITH A BREAKOUT?

SD: BHA [exfoliants] can help if you're experiencing a breakout, but you have to be careful not to be too harsh with skin. If you have a really bad breakout, it's probably best to just leave it alone and be [extra] gentle.



SHOULD DAILY CLEANSERS HAVE EXFOLIATING BENEFITS, TOO?

SD: I recommend a gentle cleanser, like my Daily Cleansing Serum, over an exfoliating cleanser.

▲ Shani Darden Daily Cleansing Serum, \$38, shanidarden.com



"She is honestly a skin goddess," says Shay Mitchell about Darden.

WHICH SKIN EXFOLIANTS DO YOU LOVE?

SD: I love Dr Dennis Gross Alpha Beta Peel Pads, which come in original and extra strength. They combine AHAs and BHAs to exfoliate and clear congestion, which makes skin brighter. Also, my Texture Reform — it's formulated with alpha hydroxy acid and lactic acid to gently exfoliate and smooth the texture of skin.

▶ Dr Dennis Gross Alpha Beta Peel Extra Strength Formula, \$88, shanidarden.com

▶ Shani Darden Texture Reform Gentle Resurfacing Serum, \$95, shanidarden.com



Emmy Rossum relies on Darden for her flawless skin!