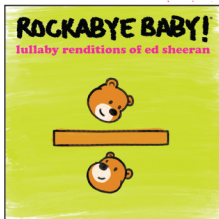


Pear-fect

For Babies 6 Months & Up ★ Yields 36 Tablespoons

INGREDIENTS:

- ★ 2 ripe Bartlett pears – 10oz
- ★ 1/2 cup rolled oatmeal – 3oz
- ★ 4 dried apricots – 1oz
- ★ Pinch cinnamon (optional)



Recipe is from Rockabye Baby!
Lullaby Renditions of Ed Sheeran

DIRECTIONS:

- Bring 1 cup water to a boil in a small saucepan, then reduce to simmer.
- Chop apricots into 1/2" pieces and add to simmering saucepan. Cover and cook 5 minutes.
- Add oatmeal to saucepan. Stir and continue to cook 5 minutes, stirring occasionally until thickened.
- Peel, core and cut pears into small chunks. Add to a blender with cooked apricot oatmeal and cinnamon (optional). Purée until smooth, adding water if needed.
- Divide into ice cube trays, cover with plastic wrap and freeze. When frozen, transfer to a freezer bag for storage.

www.rockabyebabymusic.com

Recipe created by Carly van Daalen Wetters

Cuisinier and special projects assistant, CMH Records, Inc.