

# Surf Trip Packing List

## Shoulder Purse or Fanny Pack

\* for quick access & security

- Cellphone and accessories
- Passport
- Global Entry
- Cash
- Credit Cards
- Drivers Licence
- Hand Sanitizer
- Tissues/wipes
- Eye glasses in case
- Travel docs (air, car, hotel, boat)
- Chapstick/Lip gloss
- Comb
- Pen
- Face mask
- Bluetooth ear phones
- Immunization records

## Carry on items

\* put in backpack or shoulder bag

- Book or kindle
- Journal
- Eye mask
- Ear plugs
- Inflatable neck pillow
- Tray feet hanger (if long flight)
- Insulated water bottle
- Warm Socks - planes get cold!
- Ear phones (corded for plane)
- Games/playing cards/dice
- Soft blanket towel
- Electronics (see electronics list)
- Toiletry bag (see other list)
- Car & House Keys
- Contacts/Solution
- Bag tag in case left behind
- Sweater

## Small toiletries bag to carry on plane

\* put in the carry on bag

- Jewelry/Accessories
- Advil
- Toothbrush/Toothpaste/Floss
- Nail file
- Eye drops
- Comb
- Hair tie
- Chapstick/Lip gloss
- Moisturizer
- Wet wipes
- Tissues
- Sol De Janeiro Brazilian Crush Mist
- Makeup
- Prescriptions
- Tampons/panty liners

## Electronics

\* put cords in a small soft case

- Cellphone and accessories
  - charger, bluetooth ear phones
- Camera and accessories
  - charger, extra chip, battery, mounts
- Laptop and accessories
  - charger, case, mouse
- DVD Player/DVDs
- Watch with charger
- USB external charger
- External usb port hub
- Plug adapters for country

## Snacks/Fuel

\* bring some in carry on & pack others

- Emergen-C
- Hydration drink powder packs
- Almonds
- Energy bars
- Antibacterial wipes
- Tea bags

## Plane Clothes

\* put aside until day of travel

- T-shirt or Tank top
- Comfy pants
- Sweater - zip up best mixed temps
- Sneakers + socks -save space in bag
- Underwear - cheeky kind
- Soft bra - multi purpose
- Panty liner - stay fresh! ;)

## Rolling suitcase

\* items sorted inside other bags

- Underwear (pack in ziploc #1)
- Socks (ziploc #1)
- Bras/Sports bras (pack in ziploc #1)
- One Piece swimwear (ziploc #2)
- Bikinis (pack in ziploc #2)
- Sun dresses
- Shorts/skirts to go with all tops
- Tanks tops to go with all shorts
- Zipup jacket match to shorts/dresses
- Water proof flips
- Pajamas-soft extra outfit
- Casual dressier shoes
- Long sleeve shirt
- Long light pants
- Belt
- Trucker hat
- Workout clothes
- Umbrella
- Sarong
- Trash bag for laundry
- Bag tag in case left behind
- Dressy outfit
- Insulated bottle for cocktails!
- Wind/rain jacket

## Toiletries

\* put in a soft sided bag

- Deodorant
- Tweezers/nail clippers
- Q-Tips/Cotton Balls
- Wet brush
- Razor
- Pads/Tampons/Pantliners
- Hair Bands/clips
- Mini perfume
- Body Wash- for soap and shaving
- Face scrub/wash
- Detergent - wash clothes in sink
- Sewing kit
- Vitamins
- Hair oil
- The Ordinary Rose Hip Seed Oil
- Natural Moisturizer for face
- Eye cream/anti-aging
- Witch Hazel toner
- Cotton face rounds

## Change of clothes

\* put on top of your suitcase or carryon for baggage claim arrival in tropics

- Water proof flips in ziploc
- Shorts
- Tank top
- Swimsuit or underwear/sports bra
- Hat/Sunglasses

## Make up bag

\* put in soft sided bag

- Waterproof mascara
- Clinique Chubby Stick
- Covergirl Outlast All Day Lip Color
- Juice Beauty Tinted Stem CC Cream
- Lip pencil

## Medical/Health

\* First Aid all in a zip loc

- Prescriptions
- Allergy medication
- New Skin
- Waterproof band aids
- Waterproof tape
- Jellyfish/sting relief
- Neosporine
- Arnica oil

## Surf bag items

\* for bodyboarding and surfing

- Board bag (rolling or backpack version)
- Surf creams (see next list)
- Swimfins (plus 1 spare fin)
- Spare leash
- Surf suits (use to pad bag)
- Snorkle and mask
- Rashguard
- Booties/fin socks
- Key Stow lock (if renting a car)
- Duct Tape
- Stickers (for board and locals)
- GoPro poles
- Collapsible beach bag (Marshalls)
- Surf hat (pack inside with swimsuits)
- Light backpack
- Wet bag
- Gifts for locals
- Bag tag in case left behind
- Collapsible small cooler

## Surf creams

\* put in ziploc in surf bag

- Face Stick
- 50 SPF Body Sunscreen
- Conditioner for before surf
- Safe Sea Jellyfish repellent
- Leave in Conditioner
- Mini hair brush
- Belly Jelly
- Surf wax & comb (in it's own ziploc)

## Toiletries to put in board bag

\* put in ziploc bag for spillage

- Shampoo
  - Conditioner
  - Leave in conditioner
  - After sun lotion/Aloe
  - Insect repellent (apply after showers)
- Tip:** Label bag "Toiletries" so you can move bag to bathroom when un-packing

## Kids items

\* Put in their backpack

- Snacks & Wipes
- Spare clothes/Socks/Underwear
- Games/Toys/Stuffed Animals
- Books
- Coloring books/Crayons/Pencils
- Kids medications
- Pool toys
- Homework