



...from our kitchen to yours

Maltex Muffins

- 1 1/2 cups sifted flour
- 1/4 cup sugar
- 3/4 teaspoon salt
- 3 teaspoons baking powder
- 1/2 cup **Maltex**
- 1 egg
- 1 cup milk
- 1/4 cup melted shortening; slightly cooled

Preheat oven to 400F. Sift flour, sugar, salt and baking powder into large bowl. Stir in **Maltex**. Combine egg with milk and melted shortening. Add to dry ingredients and mix only until blended. Fill lightly greased muffin cups 2/3 full. Bake 15 to 20 minutes, or until tests done.

Note: add 1/2 cup raisins, finely chopped prunes or dates for variation

