



...from our kitchen to yours

Hawaiian Fish Fillets

- 1 ½ lbs haddock, flounder or any white fish fillets
- 3 packets **G Washington's Golden Seasoning & Broth**
- 1 large green pepper, cut into strips
- 1 cup pineapple chunks
- ½ cup unsweetened pineapple juice
- 1 Tbsp lemon juice

Preheat oven to 425F. Sprinkle deboned fillets with 2 packets **G Washington's Golden Seasoning & Broth**. Place in greased 1 ½ quart oblong baking dish. Bake 20 minutes. Combine remaining ingredients and 1 packet **G Washington's Seasoning & Broth**. Bring to a boil; simmer 5 minutes. Pour over fish. Bake an additional 5 to 10 minutes.

Serves 4

