1. Determining Length: For every 12 " of pleats you will need 36 " of fabric strips (pleated area multiplied by 3 ).
This is true regardless of the type or size of the pleats. Results vary; allow a little extra when cutting the strips.

| $12^{\prime \prime}$ " of pleats | $\times 3$ | $36 "$ of strips |
| :--- | :--- | :--- |
| $24 "$ of pleats | $\times 3$ | $72^{\prime \prime}$ of strips |
| $48^{\prime \prime}$ of pleats | $\times 3$ | 144 " of strips |

2. Determining Width: Finished width of trim X 2 plus 2 seam allowances.

Example: finished width = 4"; seam allowance = $1 / 2$ " 4 X $2=8+1$ (two seam allowances) $=9$
Cut trim to 9"
3. Preparing Trim: If desired, stitch lengths together to form one long length. Fold and press in half lengthwise with wrong sides together. Clean finish the raw edges. Pleat trim as described for knife or box pleats.

## Knife Pleats

## STEP 1

Insert fabric between tines of pleater as shown.

## STEP 2



Turn pleater towards you to start forming the pleat. Make sure bottom edges are even.

## STEP 3

Completed the pleat and remove pleater tool \& stitch closed.


To make more pleats move pleater down approximately twice the depth of the pleat \& repeat steps 1-3.


Follow steps 1-3 of the Knife Pleat to make the first half of the Box Pleat.
Then start at Step 4 below.

## STEP 4

Turn pleater away from you to form the

second half of the box pleat. Be sure the bottom edges are even.

## STEP 5

Second half of box pleat completed.


Remove pleater tool \& stitch closed.

## STEP 6

Move pleater down approximately twice the depth of the pleat.

Repeat knife pleat steps 1-3 and box pleat instructions 4-6 until you have
 enough pleats.

If you have problems understanding the instructions go to http://QuickPleater.com/ for a video tutorial on the use of the Quick Pleater.

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