

Straight Eighth Note Grooves

1. 1 + 2 + 3 + 4 +

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In the following grooves the bass drum does not play on beat one. Counting will help you feel the down beat and not play the bass drum. Be careful, your body will be yelling "I want to play the bass drum on one!" Don't let it win.

31. 1 + 2 + 3 + 4 +

32.

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