

ZZRWAL03E



BODYMED[®]
Knee Walker



Instruction Manual

Please read the following instructions carefully before use.

PRODUCT INTRODUCTION

The BodyMed® Knee Walker with Basket is a sturdy, durable, and comfortable 4-wheel mobility aid that offers patients suffering from a foot or ankle injury a smooth-rolling alternative to crutches during their recovery.

Features

- Sleek, compact design
- Detachable features for easy installation, carrying, and storage
- Adjustable handlebar height
- Adjustable knee pad height
- Foldable steering column
- Attachable basket for personal storage
- Front steering wheels
- Easily controllable dual back wheel brakes
- Washable, plush knee pad cover

Product Components

- Padded Contoured Knee Pad
- Handlebar with Anti-Slide Grips and Hand Brakes
- Height Adjustable Handlebar, 34" – 42"
- Height Adjustable Knee Pad, 17" – 21"
- Front and Back Wheels, 7.8" Diameter.
- Dual Back Wheel Brakes
- Sturdy Dual Bar Frame
- Attachable Basket
- Washable Knee Pad Cover
- Brake Line Clip
- Additional Assembly Components



Product Specifications

- Handlebar Adjustable Height: 34" – 42" (87 cm–107 cm)
- Knee Pad Adjustable Height: 17" – 21" (43 cm–53 cm)
- Max. Weight Capacity: 300 lb. (136 kg)

INSTALLATION

To assemble the knee walker, the following components are required:

1. Front Frame with Front Wheels
2. Rear Frame with Back Wheels
3. Handlebar Attachment
4. Padded Contour Knee Pad Attachment
5. Attachable Basket with Mounting Hardware
(Two Screws, Mounting Bar, and Allen Wrench)
6. Washable Knee Pad Cover
7. Brake Cable Clip
8. Three (3) Knobs and Pins



Frame Assembly

1. Insert the dual rods of the front frame into the dual rods of the rear frame.
2. Ensure the spring pin on the bottom rod of the front frame locks into the matching hole in the bottom rod of the rear frame.
3. Then attach one of the three knobs with a pin into the available hole through the top rods.
4. Tighten the knob to secure.



5. Affix the braking cable clip to the rear frame to keep the cable in place during use.



Knee Pad Assembly and Height Adjustment

1. Insert the knee pad into the knee pad column.
2. Select the height, then attach the second of the three knobs with a pin into the correct hole, locking the height in place.
3. Tighten the knob to secure.



Steering Column Assembly and Disassembly

1. From the folded position, straighten the steering column vertically.
2. Lock it in place by tightening the lever down at the base of the column.
3. To fold the steering column, release the lever, and push the column downward.



Handlebar Assembly and Height Adjustment

1. Insert the handlebar into the steering column.
2. Adjust to the correct height, then attach the final knob with a pin into the correct hole, locking the height in place.
3. Tighten the knob to secure.



Basket Attachment

1. To install the basket, align the holes in the front anchor plate located on the steering column with the holes in the anchor section of the basket.
2. Place the mounting bar over the holes, then screw in the two screws with the Allen wrench.
3. Tighten until the basket is secure.



Brakes Test

Grip the hand brake levers on the handlebars tightly, and test to ensure the brakes are working on the back wheels.

Setting The Parking Brake

1. To set the parking brake, locate the spring pins on each hand brake lever.
2. Grip each hand brake to activate the back-wheel brakes, then push the spring pins down to lock the brakes in place.
3. To release the parking brake, grip each hand brake again, causing the spring pins to release back to their original position.

How To Use

1. Before use, set the parking brake.
2. Place your hands on the handlebars.
3. Position the knee of your injured foot or ankle on the center of the knee pad. Your lower leg will rest on the rear portion of the pad.
4. Release the parking brake, and propel yourself backwards and forwards using your other leg. Keep the knee of your injured foot or ankle centered on the knee pad.
5. Move slowly so you can stop safely using your other leg.
6. Use the hand brakes as needed.



SAFETY CONSIDERATIONS

1. When adjusting the height of the handlebars, make sure the knob and pin lock tightly for a secure hold.
2. Be sure to hold onto the handlebar grips using two hands.
3. To slow down or stop the knee walker, squeeze the two hand brakes to engage the back-wheel brakes. Be mindful of distances and speed when attempting to slow down or stop.
4. Keep the walker balanced when in use.
5. Unless adjusting the height, do not pull up on the knee pad. Be careful not to damage the connecting parts.
6. Do not lean forward while positioned on the knee pad as doing so may cause the knee walker to flip over.
7. Ensure all connecting parts are not damaged before use.
8. Do not operate near stairs.
9. Do not operate when taking medication that may cause dizziness or unbalanced walking.
10. This device is intended for use while a person is in place on the walker. Do not use it to pull yourself up from a seated position.
11. Please be cautious when moving from a carpeted area to hard surface floors or any rough surfaces.
12. Do not use if any pins are missing.
13. For best results, this device should not be used over the rated weight limit.

MAINTENANCE AND STORAGE

1. Be sure to install the knee walker components correctly before use. Do not damage the components during installation.
2. Clean using a normal, neutral detergent.
3. Store in a dry, ventilated place.

LIMITED PRODUCT WARRANTY

Your BodyMed® Knee Walker with Basket is warranted to be free from defects in materials and workmanship occurring within one (1) year from date of purchase, when used in strict accordance with the instructions provided. The sole remedy for a breach of this warranty is replacement of defective materials or components. This warranty extends only to the original purchase. The purchase receipt or other proof of date of original purchase is required before full replacement will be provided.

Please contact BodyMed® at 1-866-528-2152

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The warranty described above does not extend to the normal wear of the product or if the product fails to function properly as a result of an accident, misuse, abuse, neglect, mishandling, misapplication, faulty installation, set-up, adjustments, improper maintenance, alteration commercial use of product, use of the product which differs from the suggested use set forth in the product instructions, service by anyone other than an authorized service center or acts beyond the control of the manufacturer.

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