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I really need a class but I can't afford it right now!

- Join our pay it forward scheme

We know that sometimes we really want to attend a Sweet Circus Class for our own wellbeing. But, especially right now, that it is not always possible to financially prioritise your wellbeing. Hence our pay it forward scheme!

If this applies to you, you can join our pay it forward scheme to receive a free class. Follow these three steps:

1 - Make sure you have set up a gymcatch account and you 'follow' Sweet Circus (pink follow button!): <u>https://gymcatch.com/app/provider/4095/events</u>

2 - Make sure you have completed an up to date participation form: <u>https://forms.gle/FQaZfSTn3fff9TtK6</u>

3 – Complete the pay it forward scheme form: https://forms.gle/rnTU5GmB55mJuz5y7

When you reach the top of the list you will receive a credit in your gymcatch account that you can use to book a class within the next 4 weeks. We will tell you we have done this (not all classes are eligible but most are!).

Once you have been given your credit you will be removed from the list, but you are free to join the list again. These free classes are provided for by pay it forward donations, sometimes we have specific grants to provide free sessions and when someone has to cancel a class they've been booked onto at short notice these are often paid forward.