

It's back to school & time for a Sweet Circus

Newsletter

It has been wonderful to see so many of your faces over the summer. Whether you continued regular adult classes, joined a Hoopstastic special, attended HAF or visited us in the park, we feel honoured that you chose to spend some precious time making memories with us 😊



And now as the summer of 23 draws to an end it's time for us to get back into a routine work our way towards the next big event (the C word - we didn't say it!!!). There are few changes to the regular timetables for September. Kids and youth classes are now available on GymCatch to book. Full timetables are on the next page.

NEW classes:

Hailsham Active were able to gain support from the National Lottery enabling us to launch a new **SEND Youth Circus**. Monthly sessions will be held on Saturdays at Hellingly Community Hub with a taster session on 16th September at 9.10am. The 5 session courses start 28th October with one session at 9.10am and a second at 10.10am. You can book via Gymcatch:

Taster session: <https://gymcatch.com/app/provider/4095/events/4142092>

9.10am 5 session course: <https://gymcatch.com/app/provider/4095/courses/17815>

10.10am 5 session course: <https://gymcatch.com/app/provider/4095/courses/17816>

You do not have to attend the taster to book onto the course.

East Hoathly – Change of Venue:

The popular East Hoathly Class has outgrown its venue and as such will be moving to the Village Hall across the road. There will now be 2 sessions 3.30pm for Juniors age 5 – 11 years and one at 4.30 for seniors age 11+. Book at usual via GymCatch:

Juniors: <https://gymcatch.com/app/provider/4095/courses/17691>

Seniors: <https://gymcatch.com/app/provider/4095/courses/17746>

NEW Youth & Adult Sessions:

We know there are some of you who would like to train as a family and some of our youth who now work or go to college and cannot make the usual youth classes. So, as a trial, our Wednesday Trapeze & Silks Classes will be open to youth (age 12+) and adult students. If successful we will look to expand this program to include hoop, ground and a larger age range. These classes cannot be booked by the term but class bundles are available which you can use to book a whole term at once.

50+ looking for a place to go:

Tesco community space was the preference of our fab 50+ers. However, it is currently only available on October 3rd & 31st. Sessions will run on these dates whilst we look for another venue / slot in which to run this grown-up playgroup 😊

info@
sweetcircus.
net

07718 996 853



SEND Youth Circus (age 12+)

September Timetable:

Adult Classes at Sweet Circus				
Monday	Tuesday	Wednesday at St. Elisabeth's Church	Thursday at KiddiCity	Friday at the Yoga Life Studio
10.45 Mencap Circus Skills Contact Mencap for Info	11.00 50+ Social Circus TBC	7.15 Youth & Adult Trapeze Age 12+	 info@ sweetcircus. net www. sweetcircus. net 07718 996853	1.30 Aerial Pilates
6.15 Aerial Sling Beginners At KiddiCity	6.30 Beginners & Improvers Aerial Hoop at KiddiCity	7.15 Youth & Adult Silks Age 12+		3.15 Aerial Sound Bath
7.30 Aerial Hoop Flow All Levels At KiddiCity	7.30 Aerial Conditioning All levels At KiddiCity	7.30 – 9.30 Practice Space	7.00 Intermediate Hoop Flow	1 st Friday of the month

Monday	Tuesday	Wednesday at St. Elisabeth's Church	Sweet Circus For Kids & Youth	
3.30 Circus Juniors Age 5 – 11 At East Hoathly Village Hall	3.45pm Circus Skills Youth Club Age 8+ At Willingdon Trees Community Centre	10.30 Home Ed Circus Age 6+	Thursday at KiddiCity	
		3.45 Youth Circus & Support Age 10.5 +		
		5.15 Mini & Juniors Circus Age 4 – 10.5	Saturday 9.10 & 10.10 SEND Youth Circus At Hellingly Community Hub Monthly session, see GymCatch for dates	
4.30 Circus Seniors Age 11+ At East Hoathly Village Hall	 www. sweetcircus. net info@ sweetcircus. net	6.15 Circus Futures Invitation Only	5.00 Youth Aerial (10 – 14yrs)	
		7.15 Youth & Adult Trapeze Age 12+	6.00 Youth Aerial (14+)	
		7.15 Youth & Adult Silks Age 12+		

Funded Classes:

Mencap Circus Skills is commissioned by Mencap Eastbourne and only open to their service users.

Circus Skills Youth Club at Willingdon Trees is funded by Active Sussex and the Willingdon Trees Community Association and runs on a donation only basis. You can book via Gymcatch or just turn up (limited Spaces). This class is usually ground skills based (ie juggling, hula hoop, diabolo) with the occasional Aerial treat.

SEND Youth Circus is funded by Hailsham Active and the National Lottery Fund. There are only 5 spaces on each session so book early to secure your spot.

Youth Circus and Support continues to be supported by Youth UK and is available at a discounted rate.

Merch Search Concludes:

We have outsourced our clothing and merchandise to cut down on the admin.

Our main clothing supplier is a family business based in Lewes. You can order your Hoodies, T-shirts, joggers and shorts in a range of colours direct from them:

<https://www.signosaurus.co.uk/about-2>

Sweet Circus get 5% commission on orders which helps us provide our staff with something sweetcircussy to wear!

We also have a Redbubble shop. Here you can find stickers, pencil cases, phone covers, graphic clothes and even blankets!! We have not tested all of the products and pay attention to shipping costs as some products are surprisingly expensive:

<https://www.redbubble.com/people/SweetCircusCIC/shop>

Sweet Circus get approx. 1% commission on orders.

Wyntercon:

Sadly, due to lack of space at this years event it is not possible for Sweet Circus to run our usual workshops at this 10 year anniversary 😞. However, a number of us are hoping to attend and get up to our usual off-stage antics. We'd encourage you to still support this fun and inclusive community event, but it wouldn't hurt to just mention to event staff that we are missing and that is sad!!!!

That's All Folks

We're really looking forward to seeing as many of you as possible in September. In true 'Sweetie' style be welcoming to others, bring your smiles to share with those who can't find one of their own, be each-others cheer leaders, and look after yourselves. Thank you for reading 😊