

Our food is all freshly prepared and cooked to order by our chefs. Please be patient at busy times, it's worth the wait.



## VEGAN MENU

Monday to Saturday  
Breakfast 8am - 11:30am  
Lunch 12pm - 4pm  
Sunday  
Breakfast 9am - 11:30am  
Lunch 12pm - 3pm

### GOOD BREAKFASTS

#### Proper Porridge (v) 4.5

Freshly cooked porridge oats made with your choice of almond, oat or soya milk and with a choice of two toppings: banana, maple syrup, or summer fruit compote

#### Smashed Avocado on Toast (vg) 6.5

With roasted vine tomato

#### Vegan Sausage Teacake (vg) 4.5

#### Full Vegan (vg) 7.5

Two vegan sausages, slow cooked vine tomato, roasted field mushroom, sautéed potatoes, pot of Heinz beans and crushed avocado

### LUNCH

#### Seasonal Soup (vg) 5.5

Served with warm bread *(gf option)*

#### Wild Mushroom, Barley & Truffle Risotto, Fresh Herbs & Rapeseed Oil (vg)

*(gf option)*

Small 6.5 Large 12

#### Roast Beetroot, Rocket & Chilli Jam Wrap (vg) 7.5

Served with herb dressed salad

#### Fresh Pasta & Herb Pesto (vg) 11

Trofie pasta twists with fresh English herb pesto, cherry vine tomatoes, wild rocket *(gf option)*

#### Vegan Sausages & Sweet Potato Fries (vg) 9

Served with sweet chilli and herb dressed salad

### SOMETHING SWEET

#### Local vegan friendly ice cream made in Leeds by Northern Bloc (vg) 1.5 per scoop

Choose from: Madagascan bourbon vanilla, strawberry and yuzu, chocolate and orange blossom

(v) – Vegetarian (ve) - Vegan (gf) - Gluten-free

Gluten-free bread? Just ask. Special dietary needs? Let us know and we'll be happy to discuss your requirements. Please note we are not an allergen-free kitchen. Nuts, milk, gluten and other allergens are widely used.