

# Natural Pregnancy by Negative Ions in Young Woman with Premature Menopause

#### Mira Bajirova<sup>1,2</sup>\*

<sup>1</sup>Associate Professor, Consultant Ob-Gyn, IVF, Paris, France

<sup>2</sup>Healthcare Medical Center, Dubai, UAE

\*Corresponding Author: Mira Bajirova, Associate Professor, Consultant Ob-Gyn, IVF, Paris, France and Healthcare Medical Center, Dubai, UAE.

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#### **Abstract**

More and more women are with premature menopause due to air pollution, increasing radiation from electronic and electrical devises, air conditioning, unhealthy food, lifestyle etc. Unhealthy environment produce positive ions which increase acidity in our body, the main cause of almost all diseases, fatigue, depression, stress. Negative Ions or Anion abundant in clean nature put our body in alkaline, reviving all functions, with amazing positive effects on our health and fertility. 32 years of old young woman with premature menopause became pregnant naturally using high concentration of Negative Ions only two months; Medicine is powerless in this cases.

Keywords: Premature Menopause; Negative Ions (Anion); Natural Pregnancy

#### Introduction

More and more women with premature menopause due to the unhealthy environment.

I knew about Negative Ions creating positive vibes for our health in 2010 and I was skeptical as being trained and worked in France, as an Obstetrician-Gynecologist and IVF expert (Professor Frydman IVF Department) we haven't had any lectures about Negative Ions.

My curiosity regarding the amazing effects of Negative Ions started with the quick recovery of my pregnant patient and her two children admitted to the hospital for severe infection with very high fever.

High fever was resistant to two powerful large spectra antibiotics; intravenous hydration with multivitamins, this treatment was started from the admission, waiting for the investigations. The results of basic laboratory tests within 2 - 5 days such as hemoculture, urine culture, high vaginal swab didn't find the infections detectable by these tests and most probably was viral The third day I was explaining her husband how to boost the immunity as my patient was very often tired and sick with frequent viral flu and I remembered one company who presented to me the products with Negative Ions (energy stone, anion sanitary napkins with Negative Ions, shower).

When husband of my patient heard about Negative Ions he told me that his mother bought the disk with high concentration of Negative Ions and her high blood pressure normalized and diabetes disappeared, she was before under insulin therapy. The same day the husband bought Energy stones which placed on her wife and two children.

When I came to see my patient the next day, ten hours later, she was radiant and full of energy, completely different from the previous days when she was only sleeping, tired, out of energy.

She couldn't breathe with blocked nose, sinusitis, larynx inflamed but only few hours after wearing energy stone, all air ways were de-blocked due to the reduction of the inflammation.

Fever disappeared within few hours under Negative Ions. Fever disappeared also in her two children.

She was usually constipated, having stool every four-five days but had two stools for the last ten hours under Negative Ions.

Healthy and happy they were discharged only ten hours after wearing energy stone.

I saw the miracle of the nature and was amazed and puzzled by health impact of Negative Ions which was superior to the medicine.

The same day I bought the energy stone for me first and when I felt all positive effects for my body, energy, emotions, I protected my family and friends and I started to use them to treat different health conditions in my practice with amazing results.

Doing a lot of researches about Negative Ions and their natural healing power I found that there was more effective natural way to treat all health conditions, infertility, mental, psychological conditions, fatigue, depression, stress, etc.

Our Universe is created by atoms, molecules, ions. And Human Being was created the same way, by atoms, molecules, ions. Negative Ions are in abundance in the clean nature. They come from moving air, moving water, sun radiation. In the City with increasing air pollution, radiation (signboard, mobiles, TV, Wi-Fi, video camera, radars etc), especially, in the malls, airport, aircrafts, metro, air conditioning places there are positive ions (and only few Negative Ions) which increase the acidity, inflammation in our body, the main cause of almost all diseases, fatigue, stress, depression, allergy, causing also infertility, premature menopause, sleep disorders.

#### This remarkable table reflects the relation between the anion and human health [16]

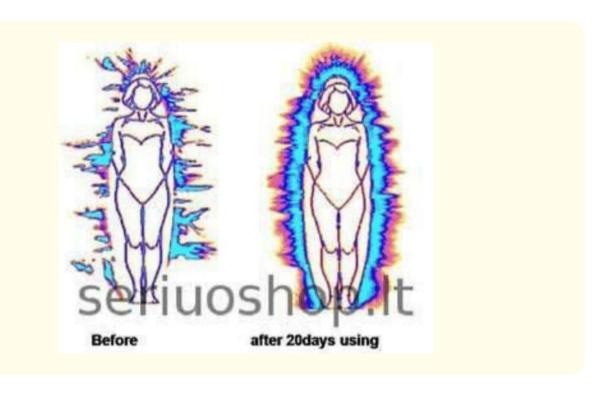
Environment	Anion/cm <sup>3</sup>	Health	
Mountain with the Forest and Waterfalls	100000 - 500000	Cure diseases (Including incurable cancer)	
Seaside	50000 - 100000	Bactericidal and inhibiting the spread of disease	
Countryside	5000 - 50000	Enhance immunity	
City park	1000 - 2000	Maintenance of basic health needs	
the Green Street area	100 - 200	May induce physiological disorders	
Urban residential and closed areas	40 - 50	Induce physiological disorders such as headaches, insomnia neurasthenia, fatigue, depression, anxiety, etc	
Air conditioning room	0 - 25	Disease can flourish	

With the research on Negative Ions and Health, Negative Ions were known as "the air of vitamin" with anti-disease, anti-aging, rejuvenation, longevity effects.

There are few studies showing improvement of different conditions like depression, allergy, respiratory diseases, mental energy, antiaging, cancer [1-17].

There are many commercial advertising of different products containing Negative Ions (anion napkins, energy stone, Himalayan salt lamps, Himalayan rock salt, air-ionizer, antibacterial shower, bracelets). Unfortunately, Medical Professionals are unaware or sceptical.

When you have Negative Ions products on your body, around your body will be the aura of Negative Ions as a barrier neutralizing air virus and bacteria.



The remarkable study of Dr Sang Lo Byung Sa: "Science: Power of Negative Ions - Restorative Medicine of Nature" https://www.youtube.com/watch?v=PTRtKby8P80 (3).

#### **Studies**

An young lady of 32 years of old, Gravida 0, devastated by recent news that she was menopaused, found me via internet. She used to have contraceptive pills with artificial periods. When she stopped her contraception as she was planning pregnancy, her periods didn't come for 2 months. She went to see her gynecologist and blood test confirmed menopause with FSH-64 mIU/ml and Estradiol 20 pg/ml.

She was crying at my office, desperate, hopeless with the idea that she would never have children. Seeing her crying, I could not tell her that obviously there was no chance getting pregnant with her high FSH. I was very careful, did psychotherapy and after explaining how to improve her general health and ovarian function, I suggested to recontrol after 1 and 2 months her hormones. I recommended to use Negative Ions products (anion napkins, energy stone, other products) and go to the sea (we are in Dubai) every day, walking barefoot, doing exercises, eating healthy food, baking soda and lemon, flaxseed oil with cottage cheese etc. She was wearing 12000 Negative Ions/cm² (two anion napkins). One month later FSH became 32 mIU/ml estradiol 40 pg/ml. During the second visit with decreased FSH, she started to have a hope. With her both FSH very high, pregnancy was not possible. I started to speak about ovocyte donor and she told me that she has already found IVF centers outside of UAE. Another (second) month passed after her first visit and surprisingly FSH went to 4 mIU/ml estradiol to 170 pg/ml, ultrasound showed mature follicle measuring 17 mm.

	Before Negative Ions	With Negative Ions	
		One month	Two months
FSH mIU/ml	64	32	4
Estradiol pg/ml	20	40	170
Ultrasound	No follicles	No follicles	Mature Follicle 17 mm

She became pregnant only two months after starting using Negative Ions and delivered boy baby.

The first case was a family recovered within few hours from severe viral infection using Negative Ions (Winalite Energy stone), mentioned in the Introduction.

## **Discussion**

This young 32 y-old lady with confirmed premature menopause would never had a child. But the nature and products with Negative Ions, did a miracle and in only two months. FSH declining from 64 to 4 mIU/ml under Anion napkins two months and delivering a miracle baby.

Air pollution, Air conditioning, radiation (laptop, cellphone, television, radio, microwave, radar, Wi-Fi, signboard, video camera, artificial light etc), food affected by hormones, chemicals, building materials, furniture etc, produce positive ions increasing the acidity and inflammation in our body, which is the base of almost all diseases, cancer, diabetes, infections, arthritis, allergy, aging, stress, depression, fatigue, allergy, infertility, premature menopause, pain.

The lowest concentration of Negative Ions are in the City, in the malls, airport, aircraft, metro.

The highest concentration of Negative Ions are in the waterfall, sea, forest. Bracelet with Negative Ions contain only 1000 - 1500 anion/cm<sup>2</sup>. The Energy stone contains 2650 anion/cm<sup>2</sup>. Anion Sanitary napkins (by Winalite or Healthgate in Dubai) contain 6090 anion/cm<sup>2</sup>. More Negative Ions, healthier we are.

To be healthy we need to be close to the nature, use Negative Ions products, anti-radiation products, eat raw fruit and vegetable, fish, raw nuts, camel milk, baking soda and lemon, flaxseed oil and cottage cheese, to do exercises.

Negative Ions (anion napkins, energy stone, Himalayan salt lamp etc) helped many of my patients with different health conditions (infection, HPV, cancer, cervical dysplasia, infertility, allergy, psoriasis, constipation, cough etc). Some of the cases will be published soon.

## Conclusion

There are more and more women with premature menopause and childless or desiring more children, due to the unhealthy environment. Medicine is powerless in these cases.

There is a very effective natural way to be healthy, become younger, live longer, to be fertile.

Nature has a healing power with high concentration of Negative Ions reviving all functions.

This Miracle baby in young woman with premature menopause was possible only by Negative Ions (from nature and products with Negative Ions). This is the first application of Negative Ions in premature menopause. Nature is a God blessing gift and we should preserve the Nature intact for our future generation and for our health.

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