



Snowshoe / Winter Hiking Checklist

Clothing



- Winter jacket
- Snow pants
- Moisture-wicking base layers
- Fleece or down jacket
- Wool socks (1 to wear, 1 extra pair)
- Winter boots
- Gaiters (to keep snow out of boots)
- Hat/beanie
- Gloves/mittens
- Neck gaiter/scarf

Equipment



- Snowshoes (sized for your weight/the terrain)
- Trekking poles w/ snow baskets
- Backpack
- Map and compass (phones can be unreliable)
- Avalanche safety gear (if traveling in avalanche terrain)
 - Beacon
 - Shovel
 - Probe
- Sunglasses
- Sunscreen
- Lip balm w/ SPF
- Headlamp

- Multi-tool/knife
- First aid kit
- Firestarter (matches/lighter)
- Portable stove and fuel (if planning to cook/melt snow)
- Insulated water bottle or hydration system
- High-energy snacks (nuts, dried fruits)
- Emergency blanket
- Hand warmers
- Cell phone or satellite communicator

Snowshoe/Winter Repair Kit



- [Repair patches](#)
- [Aquaseal UV](#) (adhesive)
- [Straps for organization](#)
- [Spare buckles](#)
- [Cordage](#)

Preparation



- Practice putting on and taking off snowshoes before the trip
- Familiarize yourself with the area's terrain and trail conditions
- Check weather forecast
- Check avalanche forecast (if going into avalanche terrain)
- Charge electronics
- Dress in layers to regulate body temperature

Disclaimer: This list is comprehensive and you may not need every item for every snowshoe trip.