



MONTHLY INTENTIONS



YOU WERE MADE FOR SOMETHING EXTRAORDINARY write the vision, read it every day, and do the work



REFELCTION

Praises and Pits

Let's set our minds on who we want to become. Friends, we all have one God-given purpose. The fun part is learning how to combine all of your gifts, talents, and passions to creatively design a life you love while fulfilling your calling. It's the collection of days honoring and seeking His will that is what will make our paths straight. Let's not waste a single moment to grow, refine, and celebrate this gift of life! Ready? Let's start by refelcting on the progress of the steps you've started to take.

PRAISE! What worked for me last month? I need to do more of these things:

PITS What did not work for me last month? These things no longer serve me:



BRAINSTORM WITH GOD

Set your timer for 10 minutes and start writing.

Get that storm going on in your head down on paper and literally give it all to God. All your worries, hopes, prayers, frustrations, and all the happy good things you want to celebrate too. Don't judge what you write down, just let it all come out.





PRAY

Ask God to settle the waters.

Come to Him with adoration, confession, thanksgiving, and supplication. "Soften my heart, Lord, and reveal anything that is not pleasing to You. Show me ways I can love and serve those around me."





SPIRITUAL APPLICATION

Faith + Action

Let's refine what God is revealing to you by breaking down big picture things into small action steps you can do this month.

Q Who I want to become spiritually:

Q How will this bring joy to my life or others?

Q Ways I can do this; People who can help me:

Q Refine your spiritual intentions. What can you add into your days and how often will you do each action? If this is a once per month intention, set the date and put it in your calendar.



RELATIONAL APPLICATION

Faith + Action

Let's refine what God is revealing to you by breaking down big picture things into small action steps you can do this month.

Q Who I want to become relationally:

Q How will this bring joy to my life or others?

Q Ways I can do this; People who can help me:

Q Refine your spiritual intentions. What can you add into your days and how often will you do each action? If this is a once per month intention, set the date and put it in your calendar.



HEALTH APPLICATION

Faith + Action

Let's refine what God is revealing to you by breaking down big picture things into small action steps you can do this month.

Q Who I want to become physically, emotionally, or mentally (define what a healthy lifestyle looks like for you):

Q How will this bring joy to my life or others?

Q Ways I can do this; People who can help me:

Q Refine your spiritual intentions. What can you add into your days and how often will you do each action? If this is a once per month intention, set the date and put it in your calendar.



PROFESSIONAL APPLICATION

Faith + Action

Let's refine what God is revealing to you by breaking down big picture things into small action steps you can do this month.

Q Who I want to become professionally:

Q How will this bring joy to my life or others?

Q Ways I can do this; People who can help me:

Q Refine your spiritual intentions. What can you add into your days and how often will you do each action? If this is a once per month intention, set the date and put it in your calendar.



monthly intentions

Take up to 5 of your intentions per category and transfer them here or directly into your Intentional Planner. You don't need to fill in every space every month. What has God put on YOUR heart?

	SPIRITUAL	<i>I will do this</i> daily, weekly, or on date:
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	RELATIONAL	
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You can do ALL things with God in your corner, strengthening you.

excited for you, friend!