# LUCY CELEBRATES

life beautifully made

#### MONTHLY INTENTIONS



YOU WERE MADE FOR SOMETHING EXTRAORDINARY

write the vision, read it every day, and do the work



#### REFELCTION

#### Praises and Pits

Let's set our minds on who we want to become. Friends, we all have one God-given purpose. The fun part is learning how to combine all of your gifts, talents, and passions to creatively design a life you love while fulfilling your calling. It's the collection of days honoring and seeking His will that is what will make our paths straight. Let's not waste a single moment to grow, refine, and celebrate this gift of life! Ready? Let's start by refelcting on the progress of the steps you've started to take.

S What did not	work for me last	month? These	things no longe	r serve me:		
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### BRAINSTORM WITH GOD

Set your timer for 10 minutes and start writing.

Get that storm going on in your head down on paper and literally give it all to God. All your worries, hopes, prayers, frustrations, and all the happy good things you want to celebrate too. Don't judge what you write down, just let it all come out.



# PRAY

Ask God to settle the waters.

Come to Him with adoration, confession, thanksgiving, and supplication. "Soften my heart, Lord, and reveal anything hat is not pleasing to You. Show me ways I can love and serve those around me."	
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# SPIRITUAL APPLICATION

Let's refine what God is revealing to you by breaking down big picture things into small action	steps you can do this mont
Q Who I want to become spiritually:	
Q How will this bring joy to my life or others?	
Q Ways I can do this; People who can help me:	
Q Refine your spiritual intentions. What can you add into your days and how often will you do If this is a once per month intention, set the date and put it in your calendar.	each action?
	I will do this daily, weekly, or on date:



### RELATIONAL APPLICATION

Let's refine what God is revealing to you by breaking down big picture things into small action	steps you can do this mont
Q Who I want to become relationally:	
Q How will this bring joy to my life or others?	
Q Ways I can do this; People who can help me:	
Q Refine your spiritual intentions. What can you add into your days and how often will you do If this is a once per month intention, set the date and put it in your calendar.	each action?
	I will do this daily, weekly, or on date:



# **HEALTH APPLICATION**

Let's refine what God is revealing to you by breaking down big picture things into small action	steps you can do this mont
<b>Q</b> Who I want to become physically, emotionally, or mentally (define what a healthy lifestyle I	ooks like for you):
Q How will this bring joy to my life or others?	
Q Ways I can do this; People who can help me:	
<b>Q</b> Refine your spiritual intentions. What can you add into your days and how often will you do If this is a once per month intention, set the date and put it in your calendar.	each action?
	I will do this daily, weekly, or on date:



### PROFESSIONAL APPLICATION

Let's refine what God is revealing to you by breaking down big picture things into small action	steps you can do this mont
Q Who I want to become professionally:	
Q How will this bring joy to my life or others?	
Q Ways I can do this; People who can help me:	
Q Refine your spiritual intentions. What can you add into your days and how often will you do If this is a once per month intention, set the date and put it in your calendar.	each action?
	I will do this daily, weekly, or on date:



#### monthly intentions

Take up to 5 of your intentions per category and transfer them here or directly into your Intentional Planner.
You don't need to fill in every space every month. What has God put on YOUR heart?

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You can do ALL things with God in your corner, strengthening you.

excited for you, friend!