

WELLVITA VITAMIN B COMPLEX

PROPRIETARY NAME AND DOSAGE FORM

WELLVITA VITAMIN B COMPLEX (tablet)

COMPOSITION

Each tablet contains: Active ingredients: Vitamin B1 50 mg, Vitamin B2 20 mg, Nicotinamide 35 mg, Vitamin B5 50 mg, Vitamin B6 100 mg, Vitamin B7 500 mcg, Vitamin B9 200 mcg and Vitamin B12 50 mcg.

PHARMACOLOGICAL CLASSIFICATION

D 34.11 Vitamins.

Complementary medicine: Health supplement.

INDICATIONS

This product contains eight essential vitamin B's that are vital elements to maintaining good health. They help metabolise carbohydrates, fats and proteins, and contribute to normal energy-yielding metabolism.

CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation. Not suitable for children under 12 years, unless under medical supervision.

WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments or conditions (such as anemia); or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- No studies on the effect on the ability to drive and use machines have been performed. Please exercise care when driving or operating machinery until you know how it affects you. It is unlikely to cause drowsiness.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take one tablet daily with a meal, or as directed by your healthcare provider.

SIDE EFFECTS

Side effects can include upset stomach, abdominal pain, itching and redness of the skin. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Symptoms of overdose can include blurry vision, excessive thirst, diarrhoea and vomiting. In case of an overdose, or if an overdose is suspected, contact your healthcare provider immediately. Treatment is symptomatic and supportive.

IDENTIFICATION

Yellow tablet.

PRESENTATION

30, 60 or 90 Tablets are packed in a plastic container.

STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y53008.

DATE OF PUBLICATION OF THE PACKAGE INSERT

1 May 2020.

WELLVITA VITAMIN B COMPLEX

HANDELSMERKNAAM EN DOSEERVORM

WELLVITA VITAMIN B COMPLEX (tablet)

SAMESTELLING

Elke tablet bevat: Aktiewe bestanddele: Vitamien B1 50 mg, Vitamien B2 20 mg, Nikotienamied 35 mg, Vitamien B5 50 mg, Vitamien B6 100 mg, Vitamien B7 500 mcg, Vitamien B9 200 mcg en Vitamien B12 50 mcg.

FARMAKOLOGIESE KLASIFIKASIE

D 34.11 Vitamienes.

Komplementêre medisyne: Gesondheidsaanvulling.

INDIKASIES

Hierdie produk bevat agt essensiële vitamien B's wat belangrike elemente is om goeie gesondheid te handhaaf. Hulle help om koolhidrate, vette en proteiene te metaboliseer en dra by tot normale energiegewende metabolisme.

KONTRA-INDIKASIES

Vermyn as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule. Nie geskik vir kinder jonger as 12 jaar nie, tensy onder mediese toesig.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

As jy enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande (soos bv. anemie) ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Wees asseblief versigtig wanneer jy bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed. Dis onwaarskynlik dat dit lomerigheid gaan veroorsaak.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieet vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING

Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie medisyne begin gebruik.

INTERAKSIES

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad.

DOSES EN GEBRUIKSAANWYSINGS

Volwassenes: Neem een tablet daaglik met 'n ete, of soos jou geneesheer voorskryf.

NEWE-EFFEKTE

Nuwe-effekte kan omgekrapte maag, abdominale pyn, jeuk en rooiheid van die vel insluit. Sommige aangemelde nuwe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

Simptome van oordosering kan dowwe visie, oormatige dorsheid, diarree en braking insluit. In geval van oordosering, of indien oordosering vermoed word, kontak jou geneesheer onmiddellik. Behandeling is simptome en ondersteunend.

IDENTIFIKASIE

Geel tablet.

AANBIEDING

30, 60 of 90 Tablette verpak in 'n plastiek houer.

BERGINGS- EN WYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houer dig toe.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y53008.

DATUM VAN VOUBILJET PUBLIKASIE

1 Mei 2020.

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.