

WELLVITA PROBIOTIC 14

PROPRIETARY NAME AND DOSAGE FORM

WELLVITA® PROBIOTIC 14 (capsule)

COMPOSITION

Each capsule contains: Active ingredients: Probiotic blend (*Bifidobacterium breve*, *Bifidobacterium bifidum*, *Bifidobacterium infantis*, *Bifidobacterium lactis*, *Bifidobacterium longum*, *Lactobacillus acidophilus*, *Lactobacillus brevis*, *Lactobacillus bulgaricus*, *Lactobacillus casei*, *Lactobacillus paracasei*, *Lactobacillus plantarum*, *Lactobacillus rhamnosus*, *Lactobacillus salivarius*, *Lactococcus lactis*) 6 billion cfu

*Sugar free

PHARMACOLOGICAL CLASSIFICATION

D 34.9 Probiotics.

Complementary medicine: Health supplement.

INDICATIONS

Probiotics help to maintain a healthy intestinal tract and replenish beneficial bacteria that may be depleted as a result of poor overall digestive health. Wellvita® Probiotic 14 is a probiotic supplement formulated with fourteen probiotic strains for intestinal care and overall health.

CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation.

WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments or conditions (such as a weak immune system or short bowel syndrome); or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- No studies on the effect on the ability to drive and use machines have been performed. Please exercise care when driving or operating machinery until you know how it affects you.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice. Take this medicine at least two hours after antibiotics.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take one capsule once a day, or as directed by your healthcare provider. Take this medicine at least two hours after antibiotics.

SIDE EFFECTS

Side effects can include intestinal gas and bloating. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

No known symptoms of overdose. Treatment is symptomatic and supportive.

IDENTIFICATION

White capsule.

PRESENTATION

10, 30 or 60 Capsules are packed in a plastic container.

STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y60123.

DATE OF PUBLICATION OF THE PACKAGE INSERT

1 March 2022

WELLVITA PROBIOTIC 14

HANDELSMERKNAAM EN DOSEERVORM

WELLVITA® PROBIOTIC 14 (kapsule)

SAMESTELLING

Elke kapsule bevat: Aktiewe bestanddele: Probiotika mengsel (*Bifidobacterium breve*, *Bifidobacterium bifidum*, *Bifidobacterium infantis*, *Bifidobacterium lactis*, *Bifidobacterium longum*, *Lactobacillus acidophilus*, *Lactobacillus brevis*, *Lactobacillus bulgaricus*, *Lactobacillus casei*, *Lactobacillus paracasei*, *Lactobacillus plantarum*, *Lactobacillus rhamnosus*, *Lactobacillus salivarius*, *Lactococcus lactis*) 6 miljard cfu

*Suiker vry

FARMAKOLOGIESE KLASSEKASIE

D 34.9 Probiotika.

Komplementêre medisyne: Gesondheidsaanvulling.

INDIKASIES

Probiotika help om 'n gesonde dermkanaal te handhaaf en goeie bakterieë aan te vul wat verlore kan gaan as gevolg van swak spysvertering. Wellvita® Probiotic 14 is 'n probiotiese aanvulling, geformuleer met veertien probiotika stamme vir dermkanaal en algemene gesondheid.

KONTRA-INDIKASIES

Vermag as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

As jy enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande ly (insluitend 'n verswakte immuunstelsel of kort dermsindroom), raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Wees asseblief versigtig wanneer jy bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieet vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING

Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie medisyne gebruik.

INTERAKSIES

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad. Neem die medisyne ten minste twee ure na antibiotika.

DOSIS EN GEBRUIKSAANWYSINGS

Volwassenes: Neem een kapsule daaglik, of soos jou geneesheer voorskryf. Neem die medisyne ten minste twee ure na antibiotika.

NEWE-EFFEKTE

Nuwe-effekte kan intestinale gas en opgeblaasheid insluit. Sommige aangemelde nuwe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

Simptome van oordosering is onbekend. Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE

Wit kapsule.

AANBIEDING

10, 30 of 60 Kapsules is verpak in 'n plastiek houer.

BERINGSKAANWYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houer dig toe.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y60123.

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