

WELLVITA POWER PACK COLLAGEN & HSN

PROPRIETARY NAME AND DOSAGE FORM

WELLVITA® COLLAGEN (capsule)

WELLVITA® HAIR, SKIN & NAILS (softgel)

COMPOSITION

Wellvita® Collagen: Each capsule contains: Active ingredients: Hydrolysed collagen (Type 1&3) 400 mg and Vitamin C 10 mg.

Wellvita® Hair, Skin & Nails: Each softgel contains: Active ingredients: Vitamin E 5 IU, Folic acid 400 mcg, Vitamin B12 25 mcg, Biotin 200 mcg, Vitamin B5 25 mg, Calcium 50 mg, Iron (Ferrous fumarate) 5 mg, Magnesium 30 mg, Zinc 10 mg, Selenium 25 mcg, L-Methionine 25 mg and Omega 3 250 mg.

PHARMACOLOGICAL CLASSIFICATION

Wellvita® Collagen:

D 34.3 Animal extracts, products and derivatives

Complementary medicine - Health supplement.

Wellvita® Hair, Skin & Nails:

D 34.12 Multiple substance formulation.

Complementary medicine - Health supplement.

INDICATIONS

Wellvita® Collagen: Collagen can help maintain beautiful hair, skin and nails by supporting a healthy foundation on the inside. It's formulated with hydrolysed collagen types 1 & 3 and added vitamin C, an essential component to collagen production.

Wellvita® Hair, Skin & Nails: This product is a daily multivitamin supplement, enriched with vital vitamins, minerals and omega 3 fatty acids. It contributes to the maintenance of healthy hair, skin and nails.

CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients, fish or iodine. Not suitable for use in children, unless under medical supervision.

WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments or conditions (such as Leber disease, liver or kidney disease); or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- This medicine contains iron and should be kept out of reach of children as an accidental overdose can be fatal. With an overdose (or if an overdose is suspected), please contact your nearest healthcare provider.
- Phenylketonurics: It contains phenylalanine.
- Consult a healthcare practitioner before use if you have acidosis, atherosclerosis or methylene-tetra-hydrofolate reductase deficiency.
- Consult a healthcare provider before use if you have eosinophilia myalgia syndrome, liver disease or depression.
- No studies on the effect on the ability to drive and use machines have been performed. Do not drive or operate machinery until you know how it affects you. It is unlikely to cause drowsiness.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice.

DOSAGE AND DIRECTIONS FOR USE

Adults:

Wellvita® Collagen: Take one capsule daily, or as directed by your healthcare provider.

Wellvita® Hair, Skin & Nails: Take one softgel daily with a meal, or as directed by your healthcare provider.

SIDE EFFECTS

Side effects can include stomach upset and mild gastrointestinal disturbances. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In case of an overdose, or suspected overdose, contact your healthcare provider immediately. Treatment is symptomatic and supportive.

IDENTIFICATION

Wellvita® Collagen: White capsule.

Wellvita® Hair, Skin & Nails: Brown softgel.

PRESENTATION

30 Capsules and 30 softgels are packed in separate plastic containers. The 2 containers are packed into a unit carton.

STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight.

NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y60123.

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