

WELLVITA MULTIVITAMIN WOMEN 50+

PROPRIETARY NAME AND DOSAGE FORM

WELLVITA MULTIVITAMIN WOMEN 50 PLUS (softgel)

COMPOSITION

Each softgel contains: Active ingredients: Vitamin A 1200 IU, Vitamin B2 5 mg, Vitamin B3 (Nicotinamide) 10 mg, Vitamin B6 5 mg, Vitamin B9 500 mcg, Vitamin B12 5 mcg, Vitamin C 100 mg, Vitamin D 120 IU, Vitamin E 10 IU, Calcium 80 mg, Copper 0,5 mg, Magnesium 20 mg, Selenium 25 mcg, Zinc 3 mg, DHA 47 mg, EPA 31 mg, Rutin 10 mg, Beta Carotene 555 IU, L-Carnitine 5 mg, Lecithin 50 mg, Lutein 0,75 mg and Zeaxanthin 0,25 mg.

PHARMACOLOGICAL CLASSIFICATION

D 34.12 Multiple substance formulation.

Complementary medicine - Health supplement.

INDICATIONS

This product is a daily multivitamin supplement, enhanced with essential vitamins, minerals and omega 3 fatty acids, that can help meet the nutritional requirements of seniors over fifty, and help them maintain good health.

CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation, fish or iodine. Not suitable for children younger than 12 years, unless under medical supervision.

WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments or conditions (such as Leber's disease); or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- Use under medical supervision if you have just received a coronary stent.
- No studies on the effect on the ability to drive and use machines have been performed. Do not drive or operate machinery until you know how it affects you.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take one softgel daily with a meal, or as directed by your healthcare provider.

SIDE EFFECTS

Side effects can include nausea, vomiting and upset stomach. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In case of an overdose, or if an overdose is suspected, contact your healthcare provider immediately. Treatment is symptomatic and supportive.

IDENTIFICATION

Brown softgel.

PRESENTATION

30 Softgels are packed in a plastic container.

STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y53008.

DATE OF PUBLICATION OF THE PACKAGE INSERT

1 September 2020

WELLVITA MULTIVITAMIN WOMEN 50+

HANDELSMERKNAAM EN DOSEERVORM

WELLVITA MULTIVITAMIN WOMEN 50 PLUS (sagte jel)

SAMESTELLING

Elke sagte jel bevat: Aktiewe bestanddele: Vitamien A 1200 IU, Vitamien B2 5 mg, Vitamien B3 (Nikotienamied) 10 mg, Vitamien B6 5 mg, Vitamien B9 500 mcg, Vitamien B12 5 mcg, Vitamien C 100 mg, Vitamien D 120 IU, Vitamien E 10 IU, Kalsium 80 mg, Koper 0,5 mg, Magnesium 20 mg, Selenium 25 mcg, Sink 3 mg, DHA 47 mg, EPA 31 mg, Rutin 10 mg, Beta Karoteen 555 IU, L-Karnitine 5 mg, Lesitien 50 mg, Luteïen 0,75 mg en Zeaxanthin 0,25 mg.

FARMAKOLOGIESE KLASSIFIKASIE

D 34.12 Multibestanddeel formule.

Komplementêre medisyne - Gesondheidsaanvulling.

INDIKASIES

Hierdie produk is 'n daaglikse multivitamien aanvulling, versterk met noodsaaklike vitamene, minerale en omega 3 vetsure, wat kan help om aan seniors ouer as vyftig se voedingsbehoefes te voldoen, en goeie gesondheid te handhaaf.

KONTRA-INDIKASIES

Verm y as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule, vis of jodium. Dit is nie geskik vir kinders jonger as 12 jaar nie, behalwe onder die toesig van 'n geneesheer.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

As jy enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes (soos Leber's) of toestande ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Gebruik onder mediese toesig indien jy onlangs 'n koronêre stent ontvang het.
- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Moenie bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed nie.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieët vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING

Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie medisyne gebruik.

INTERAKSIES

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad.

DOSIS EN GEBRUIKSAANWYSINGS

Volwassenes: Neem een sagte jel daagliks met 'n ete, of soos jou geneesheer voorskryf.

NEWE-EFFEKTE

Nuwe-effekte kan naarheid, braking en ligte gastro-intestinale simptome insluit. Sommige aangemelde nuwe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

In geval van oordosering, of indien oordosering vermoed word, kontak jou geneesheer onmiddellik. Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE

Bruin sagte jel.

AANBIEDING

30 Sagte jels is verpak in 'n plastiek houer.

BERGINGSAAWYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houer dig toe.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y53008.

DATUM VAN VOUBILJET PUBLIKASIE

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