

# WELLVITA MULTI A-Z FOR KIDS

## PROPRIETARY NAME AND DOSAGE FORM

WELLVITA MULTI A-Z FOR KIDS (chewable tablets)

## COMPOSITION

Each chewable tablet contains: Active ingredients: Vitamin A 1250 IU, Vitamin B1 (Thiamine) 450 mcg, Vitamin B2 (Riboflavin) 450 mcg, Vitamin B3 (Nicotinamide) 6 mg, Vitamin B5 2.5 mg, Vitamin B6 (Pyridoxine) 500 mcg, Vitamin B7 (Biotin) 60 mcg, Vitamin B9 (Folic acid) 199 mcg, Vitamin B12 (Cyanocobalamin) 2 mcg, Vitamin C (Ascorbic acid) 50 mg, Vitamin D3 120 IU, Vitamin E 8 IU, Iron 4.2 mg, Magnesium 40 mg and Zinc 2.5 mg.

Other ingredients: Polyethylene glycol, carboxymethyl cellulose, citric acid, silicon dioxide, magnesium stearate, flavourant & colourant.

Contains sugars (sorbitol 500 mg & isomalt 237 mg) per tablet.

Contains sweetener (sucralose 2.5 mg) per tablet.

Minerals added as: Electrolytic iron, magnesium oxide and zinc citrate.

## PHARMACOLOGICAL CLASSIFICATION

D 34.12: Multiple substance formulation.

Complementary medicine - Health supplement.

## INDICATIONS

Wellvita™ Multi A-Z for Kids is a daily vitamin and mineral supplement especially formulated for kids growing minds and bodies.

## CONTRA-INDICATIONS

Do not use this supplement if hypersensitive (allergic) to any of the ingredients in the formulation.

## WARNINGS AND SPECIAL PRECAUTIONS

If your child suffers from any serious ailments or conditions; or taking any prescribed medication, please check with your healthcare provider before giving this supplement.

- Contains sugar which may have an effect on the glycaemic control of patients with diabetes mellitus.
- Always read the label of all supplements, as they can contain the same ingredients.
- This product contains iron. Keep out of reach of children as accidental overdose can be fatal. If an overdose is suspected, contact your healthcare provider immediately.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

## PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this product.

## INTERACTIONS

If your child is taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this supplement, consult your healthcare provider for advice. Always read the label of all supplements, as they can contain the same ingredients.

## DOSAGE AND DIRECTIONS FOR USE

Age 4 years and older: Chew one tablet daily. Do not swallow whole, but chew the tablet completely. Do not exceed the recommended dose. Use within 2 months of opening.

## SIDE EFFECTS

Side effects can include diarrhoea, nausea or constipation. Not all side effects reported for this supplement are included in this leaflet. Should general health worsen or if you experience any untoward effects while taking this product, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

## KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In case of suspected overdose or accidental overdose, contact your healthcare provider immediately. Contains Iron.

## IDENTIFICATION

Orange chewable tablet with a peach flavour.

## PRESENTATION

30 Chewable tablets packed in a plastic container.

## STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

## NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y60123.

## DATE OF PUBLICATION OF THE PACKAGE INSERT

August 2023

# WELLVITA MULTI A-Z FOR KIDS

## HANDELSMERKNAAM EN DOSEERVORM

WELLVITA MULTI A-Z FOR KIDS (koubare tablet)

## SAMESTELLING

Elke koubare tablet bevat: Aktiewe bestanddele: Vitamien A 1250 IU, Vitamien B1 (Tiamien) 450 mcg, Vitamien B2 (Riboflavin) 450 mcg, Vitamien B3 (Nikotienamied) 6 mg, Vitamien B5 2.5 mg, Vitamien B6 (Piridoksien) 500 mcg, Vitamien B7 (Biotien) 60 mcg, Vitamien B9 (Foliensuur) 199 mcg, Vitamien B12 (Sianokobalamien) 2 mcg, Vitamien C (Askorbiensuur) 50 mg, Vitamien D3 120 IU, Vitamien E 8 IU, Yster 4.2 mg, Magnesium 40 mg en Sink 2.5 mg. Onaktiewe bestanddele: Poliëtileenglikol, karboksimeielsellulose, sitroensuur, silikondioksied, magnesiumstearaat, geur- en kleurstof.

Bevat suikers (sorbitol 500 mg & isomalt 237 mg) per tablet.

Bevat versoeter (sukralose 2,5 mg) per tablet.

Minerale bygevoeg soos: Elektrolitiese yster, magnesiumoksied en sinksteraat.

## FARMAKOLOGIESE KLASSEKATEGORIE

D 34.12: Multi-bestanddeel formule.

Komplementêre medisyne - Gesondheidsaanvulling.

## INDIKASIES

Wellvita™ Multi A-Z for Kids is 'n daaglikse vitamien- en mineraalaanvulling, spesiaal geformuleer vir kinders se groeiende liggaam en verstand.

## KONTRA-INDIKASIES

Vermy as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule.

## WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

As jou kind enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande ly, raadpleeg jou geneesheer voordat jy hierdie aanvulling begin gebruik.

- Bevat suiker wat 'n invloed kan hê op die glisemiese beheer in pasiënte met diabetes mellitus.
- Lees altyd al die etikette van jou aanvullings deeglik, omdat produkte moontlik dieselfde bestanddele kan bevat.
- Hierdie produk bevat yster. Dit kan moontlik noodlottig wees in oordosering. Indien oordosering vermoed word, kontak jou gesondheidsorgpraktisyn onmiddellik.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieet vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

## SWANGERSKAP EN BORSVOEDING

Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie produk begin gebruik.

## INTERAKSIES

As jou kind ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as enige addisionele medisyne begin word terwyl hierdie aanvulling gebruik word, raadpleeg jou geneesheer vir raad. Lees altyd al die etikette van die aanvullings deeglik, omdat produkte moontlik dieselfde bestanddele kan bevat.

## DOSE EN GEBRUIKSAANWYSINGS

Ouderdom 4 jaar en ouer: Kou een tablet daaglik. Moenie heel insluk nie, kou die tablet deeglik fyn. Moenie die aanbevole dosis oorskry nie. Gebruik binne 2 maande na opening.

## NEWE-EFFEKTE

Nuwe-effekte kan diarree, naarheid en konstipasie insluit. Nie alle nuwe-effekte is ingesluit in hierdie voubiljet nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die aanvulling te gebruik en kontak jou geneesheer.

## BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

Indien oordosering vermoed word, kontak onmiddellik jou gesondheidsorgpraktisyn. Bevat yster.

## IDENTIFIKASIE

Oranje koubare tablet met perske geur.

## AANBIEDING

30 Koubare tablette is verpak in 'n plastiek houer.

## BERGINGSANWYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houer dig toe.

## NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y60123.

## DATUM VAN VOUBILJET PUBLIKASIE

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