

WELLVITA IMMUNE COMPLEX

PROPRIETARY NAME AND DOSAGE FORM

WELLVITA IMMUNE COMPLEX (capsule)

COMPOSITION

Each capsule contains: Active ingredients: Beta-Sitosterol 20 mg, Folic acid 200 mcg, Vitamin A 2500 IU, Vitamin B6 2 mg, Vitamin B12 2 mcg, Vitamin C 500 mg, Vitamin D3 500 IU, Vitamin E 10 mg, Selenium (elemental) 25 mcg and Zinc (elemental) 25 mg.

Minerals added as: Selenium amino acid chelate and zinc oxide.

Capsules contain no sugar and is made from bovine gelatin.

PHARMACOLOGICAL CLASSIFICATION

D 34.12 Multiple substance formulation

Complementary medicine – Health supplement

INDICATIONS

Wellvita™ Immune Complex is formulated with immune-supportive nutrients, such as Vitamin C, Zinc, Selenium and Beta-Sitosterol, that can help your body to deal with seasonal and environmental health challenges.

CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation or suffer from sitosterolemia. Avoid use in children under the age of 12 years, unless under medical supervision.

WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments or conditions (including autoimmune diseases such as HIV); or if you are taking any prescribed medication (such as cholesterol lower medicine or blood thinning medication), please check with your healthcare provider before taking this medicine.

- No studies on the effect on the ability to drive and use machines have been performed. Please exercise care when driving or operating machinery until you know how it affects you. It is unlikely to cause drowsiness.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your healthcare provider before use.

INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice. If taking herbs and supplements that may increase the risk of bleeding (such as *Ginkgo biloba* or garlic), anticoagulant or antiplatelet medication (such as aspirin, warfarin, heparin or clopidogrel) and/or non-steroidal anti-inflammatory medications (such as ibuprofen or naproxen), please check with your healthcare provider before taking this medicine.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take one capsule daily, or as directed by your healthcare provider. Do not exceed the recommended dose.

SIDE EFFECTS

Side effects can include nausea, indigestion, diarrhoea or headache. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In case of an overdose or suspected overdose, contact your healthcare provider immediately.

IDENTIFICATION

White bovine gelatine capsule, size 00.

PRESENTATION

30 or 60 Capsules are packed in a plastic container.

STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25°C and keep away from direct sunlight. Keep the container tightly closed.

NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y53008.

DATE OF PUBLICATION OF THE PACKAGE INSERT

1 February 2021.

WELLVITA IMMUNE COMPLEX

HANDELSMERKNAAM EN DOSEERVORM

WELLVITA IMMUNE COMPLEX (kapsules)

SAMESTELLING

Elke kapsule bevat: Aktiewe bestanddele: Beta-Sitosterol 20 mg, Foliensuur 200 mcg, Vitamien A 2500 IU, Vitamien B6 2 mg, Vitamien B12 2 mcg, Vitamien C 500 mg, Vitamien D3 500 IU, Vitamien E 10 mg, Selenium (elementêr) 25 mcg en Sink (elementêr) 25 mg. Minerale bygevoeg as: Selenium aminosuur chelate en sinkoksied.

Kapsules bevat geen suiker en is gemaak van bees gelatien.

FARMAKOLOGIESE KLASSIFIKASIE

D 34.12 Multi bestanddeel formule

Komplementêre medisyne - Gesondheidsaanvulling

INDIKASIES

Wellvita™ Immune Complex is geformuleer met immuun-ondersteunende voedingstowwe soos Vitamien C, Sink, Selenium en Beta-Sitosterol, wat die liggaam kan help om seisoenale- en omgewing-gesondheidsuitdagings die hoof te bied.

KONTRA-INDIKASIES

Verm y as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule of as jy aan sitosterolemia ly. Moenie gebruik in kinders onder die ouderdom van 12 jaar nie, behalwe onder die toesig van 'n geneesheer.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS

As jy enige voorgeskrewe medikasie (soos byvoorbeeld cholesterol verlaagende medisyne of bloedverduunningsmedikasie) gebruik, of aan enige ernstige siektes of toestande (insluitend auto-immuun siektes soos HIV) ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Wees asseblief versigtig wanneer jy bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed. Dis is onwaarskynlik dat dit lomerigheid kan veroorsaak.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieet vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING

Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie medisyne gebruik.

INTERAKSIES

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie produk gebruik, raadpleeg jou geneesheer vir raad. Indien jy kruie of aanvullings gebruik wat die risiko van bloeding verhoog (soos *Ginkgo biloba* of knoffel), stollingsteemiddels of bloedverduunningsmedikasie (soos aspirien, warfarien, heparien of klopidogrel) of nie-steroidale anti-inflammatoriese medikasie (soos ibuprofen of naproksen), raadpleeg eers 'n geneesheer voordat jy die medikasie gebruik.

DOSES EN GEBRUIKSAANWYSINGS

Volwassenes: Neem een kapsule daaglik, of soos geneesheer voorskryf. Moenie die aanbevole dosis oorskry nie.

NEWE-EFFEKTE

Newe-effekte kan naarheid, swak spysvertering, diarree en hoofpyn insluit. Sommige aangemelde newe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaanname newe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

In geval van oordosering of indien oordosering vermoed word, kontak jou gesondheidsorgpraktisyn onmiddellik. Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE

Wit bees gelatien kapsule, grootte 00.

AANBIEDING

30 of 60 Kapsules verpak in 'n plastiek houer.

BERGINGSAAWYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houer dig toe.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y53008.

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