

# WELLVITA COLLAGEN (Tablet)

## PROPRIETARY NAME AND DOSAGE FORM

WELLVITA® COLLAGEN (tablet)

## COMPOSITION

Each tablet contains: Active ingredients: Hydrolysed collagen (Type 1&3) 400 mg and Vitamin C 10 mg.

## PHARMACOLOGICAL CLASSIFICATION

D 34.3: Animal extracts, products and derivatives

Complementary medicine: Health supplement.

## INDICATIONS

Wellvita® Collagen can help maintain beautiful hair, skin and nails by supporting a healthy foundation on the inside. It's formulated with hydrolysed collagen types 1 & 3 and added vitamin C, an essential component to collagen production.

## CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation. Not suitable for use in children, unless under medical supervision.

## WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments or conditions (such as liver or kidney disease); or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- Phenylketonurics: It contains phenylalanine.
- Consult a healthcare practitioner before use if you have acidosis, atherosclerosis or methylene-tetra-hydrofolate reductase deficiency.
- Consult a healthcare provider before use if you have eosinophilia myalgia syndrome, liver disease or depression.
- No studies on the effect on the ability to drive and use machines have been performed. Do not drive or operate machinery until you know how it affects you. It is unlikely to cause drowsiness.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

## PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

## INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice.

## DOSAGE AND DIRECTIONS FOR USE

Adults: Take two tablets before going to bed. Do not exceed recommended dosage.

## SIDE EFFECTS

Side effects can include stomach upset and mild gastrointestinal disturbances. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

## KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In case of an overdose, or if an overdose is suspected, contact your healthcare provider immediately. Treatment is symptomatic and supportive.

## IDENTIFICATION

Peach colour tablet.

## PRESENTATION

30 Tablets packed in a plastic container.

## STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

## NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y60123.

## DATE OF PUBLICATION OF THE PACKAGE INSERT

October 2022

# WELLVITA COLLAGEN (Tablet)

## HANDELSMERKNAAM EN DOSEERVORM

WELLVITA® COLLAGEN (tablet)

## SAMESTELLING

Elke tablet bevat: Aktiewe bestanddele: Gehidroliseerde kollageen (Tipe 1&3) 400 mg en Vitamien C 10 mg.

## FARMAKOLOGIESE KLASSIFIKASIE

D 34.3: Diere ekstrakte, produkte en derivate  
Komplementêre medisyne: Gesondheidsaanvulling

## INDIKASIES

Wellvita® Collagen kan help om pragtige hare, vel en naels te onderhou deur 'n gesonde basis van die binnekant af te ondersteun. Dit is geformuleer met gehidroliseerde kollageen tipes 1 & 3 en Vitamien C wat 'n noodsaaklike komponent vir kollageenvorming is.

## KONTRA-INDIKASIES

Vermy as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule. Dit is nie geskik vir kinders nie, behalwe onder die toesig van 'n geneesheer.

## WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

As jy enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande (soos lewer of nier kwale) ly, raadpleeg jou geneesheer voordat jy hierdie produk begin gebruik.

- Fenielketonuria: Bevat fenielalanien.
- Raadpleeg 'n geneesheer voor gebruik indien jy asidosis, arterioskleroses of metieleentetrahydrofolaat reduktase te kort het.
- Raadpleeg eers 'n geneesheer voor gebruik indien jy eosinofiliese myalgia sindroom, lewer siektes of depressie het.
- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Moenie bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed nie. Dis onwaarskynlik dat dit lomerigheid gaan veroorsaak.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieet vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

## SWANGERSKAP EN BORSVOEDING

Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie medisyne begin gebruik.

## INTERAKSIES

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad.

## DOSIS EN GEBRUIKSAANWYSINGS

Volwassenes: Neem twee tablette voor slaaptyd. Moenie die aanbevole dosis oorskry nie.

## NEWE-EFFEKTE

Nuwe-effekte kan omgekrapte maag en geringe gastro-intestinale steurnis insluit. Nie alle nuwe-effekte is ingesluit in hierdie voubiljet nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

## BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

In geval van oordosering, of indien oordosering vermoed word, kontak jou geneesheer onmiddellik. Behandeling is simptome en ondersteunend.

## IDENTIFIKASIE

Perske kleur tablet.

## AANBIEDING

30 Tablette verpak in 'n plastiek houer.

## BERGINGSAAWYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houer dig toe.

## NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y60123.

## DATUM VAN VOUBILJET PUBLIKASIE

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