WELLVITA CoQ10

PROPRIETARY NAME AND DOSAGE FORM
WELLVITA CoQ10 100 mg(softgel)

COMPOSITION
Each softgel contains: Active ingredient: Coenzyme Q10 100 mg.

PHARMACOLOGICAL CLASSIFICATION
D 34.13: Other.
Complementary medicine: Health supplement.

INDICATIONS
Coenzyme Q10 (CoQ10) is a vitamin-like substance found in all parts of the body. CoQ10 concentration decreases with age. Supplementing with this product can help maintain good health and general wellbeing.

CONTRA-INDICATIONS
Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation. Avoid use in children under 12 years, unless under the supervision of your healthcare provider.

WARNINGS AND SPECIAL PRECAUTIONS
If you suffer from any serious ailments or conditions; or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- Individuals who suffer from an overactive thyroid should not take Coenzyme Q10 unless under professional superivision as it may result in overstimulation of the thyroid gland.
- No studies on the effect on the ability to drive and use machines have been performed. Do not drive or operate machinery until you know how it affects you.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION
If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

INTERACTIONS
If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice.

DOSAGE AND DIRECTIONS FOR USE
Adults: Take one or two softgels daily with meals; or as directed by your healthcare provider.

SIDE EFFECTS
Side effects may include nausea, vomiting, diarrhoea, appetite suppression and heartburn. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT
In case of an overdose, or if an overdose is suspected, contact your healthcare provider immediately. Treatment is symptomatic and supportive.

IDENTIFICATION
Brown softgels

PRESENTATION
30 Softgels are packed in a plastic container.

STORAGE INSTRUCTIONS
Store all medicines out of reach of children. Store in a cool dry place below 25 ˚C and keep away from direct sunlight. Keep the container tightly closed.

NAME AND BUSINESS ADDRESS OF THE APPLICANT
Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y53008.

DATE OF PUBLICATION OF THE PACKAGE INSERT
1 September 2020.

Bp

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

WELLVITA CoQ10

HANDELSMERKNAAM EN DOSEERVORM
WELLVITA CoQ10 120 mg (sagtejel)

SAMESTELLING
Elke sagteje bevat: Aktiewe bestanddeel: Ko-Ensiem Q10 100 mg

FARMAKOLOGIESE KLASSIFIKASIE
D 34.13: Ander.
Komplementêre medisyne: Gesondheidsaanvulling.

INDIKASIES
Ko-Ensiem Q10 (CoQ10) is 'n vitamienagtige stof wat in alle dele van die liggaam aangetref word. CoQ10 konsentrasie neem af met ouderdom. Aanvulling met hierdie produk kan help om goeie gesondheid en algemene welstand te handhaaf.

KONTRA-INDIKASIES
Vermy as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule. Nie geskik vir gebruik in kinders onder 12 jaar nie, behalwe onder mediese toesig.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS
As jy enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Individue wat aan 'n ooraktiewe skildklier ly, behoort nie Ko-Ensiem Q10 te neem nie, tensy dit onder professionele toesig geskied, aangesien dit tot die oorstimulering van die skildklier kan lei.
- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Moenie bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed nie.
- Porfirie: Veiligheid nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieët vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING
Indien jy swanger is of borsvoed, raadpleeg jou geneesheer voordat jy hierdie medisyne gebruik.

INTERAKSIES
As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad.

DOSIS EN GEBRUIKSAANWYSINGS
Volwassenes: Neem een of twee sagtejels daagliks met etes, of soos jou geneesheer voorskryf.

NEWE-EFFEKTE
Newe-effekte kan naarheid, braking, diarree, aptytonderdrukking en sooibrand insluit. Sommige aangemelde newe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaangename newe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING
In geval van oordosering, of indien oordosering vermoed word, kontak jou geneesheer onmiddellik. Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE
Bruin sagtejel.

AANBIEDING
30 Sagtejels is verpak in 'n plastiek houer.

BERGINGSAANWYSINGS
Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 ˚C en hou weg van direkte sonlig. Hou die houer dig toe.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT
Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y53008.

DATUM VAN VOUBILJET PUBLIKASIE
1 September 2020.

Hierdie ongeregistreerde medisyne is nie deur die
SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.