

PROPRIETARY NAME AND DOSAGE FORM

CAYENNE (capsule)

COMPOSITION

Each capsule contains: Active ingredient: Cayenne (*Capsicum annuum*) 450 mg.

Other ingredients: Silicon dioxide, calcium phosphate dibasic dihydrate and magnesium stearate.

*Capsules are free of gluten, preservatives, sugar and lactose.

PHARMACOLOGICAL CLASSIFICATION

D 33.6 Western Herbal Medicine.

Discipline: Western herbal.

INDICATIONS

This product is used as a digestive aid. This is based on traditional use only.

CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation. Do not use if you have intestinal obstruction or undiagnosed abdominal pain, colic, nausea, vomiting, inflammatory bowel disease or intestinal ulcers. Avoid if appendicitis is suspected. Not suitable for children younger than 12 years, unless under medical supervision.

WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments or conditions; or if you are taking any other medication, please check with your healthcare provider before taking this medicine.

- This medicine might slow blood clotting and should be used cautiously with any other blood thinning medication. Discontinue use two weeks prior to any scheduled surgery.
- This medicine contains capsaicin, which is an irritant that could increase sensitivity of the intestinal mucous membranes. Keep away from the eyes and other sensitive areas. Wash hands after use.
- No studies on the effect on the ability to drive and use machines have been performed. Please exercise care when driving or operating machinery until you know how it affects you.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice. Theophylline and capsaicin (an ingredient in Cayenne) may interact with each other and this can lead to increased absorption and bioavailability of theophylline. If you are taking herbs and supplements that may increase the risk of bleeding (such as garlic), anticoagulant or antiplatelet medication (such as aspirin, warfarin, heparin or clopidogrel) and/or non-steroidal anti-inflammatory medications (such as ibuprofen or naproxen), please check with your healthcare provider before taking this medicine.

DOSAGE AND DIRECTIONS FOR USE

Take one capsule twice a day with meals, or as directed by your healthcare provider.

SIDE EFFECTS

Side effects include upper abdominal discomfort, fullness, gas, bloating, nausea, epigastric pain, diarrhoea, belching and irritation to the mucosal membranes. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

No known symptoms of overdose. Treatment is symptomatic and supportive.

IDENTIFICATION

White capsule.

PRESENTATION

60,90 or 120 Capsules are packed in a plastic container.

STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

NAPPI CODE

60's: 712948002

90's: 712948001

120's: 712948003

NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y53008.

DATE OF PUBLICATION OF THE PACKAGE INSERT

April 2017.

HANDELSMERKNAAM EN DOSEERVORM

CAYENNE (kapsule)

SAMESTELLING

Elke kapsule bevat: Aktiewe bestanddeel: Cayenne (*Capsicum annum*) 450 mg.
Ander bestanddele: Silikondioksied, dibasiese kalsiumfosfaat (dihydraat) en magnesiumstearaat.

*Kapsules bevat geen glutteen, preserveermiddels, suiker of laktose nie.

FARMAKOLOGIESE KLASSEFIKASIE

D 33.6 Westerse Kruid Medisyne

Dissipline: Westerse kruid.

INDIKASIES

Hierdie produk word gebruik as 'n spysvertering ondersteuningsmiddel. Hierdie is slegs gebaseer op tradisionele gebruik.

KONTRA-INDIKASIES

Vermyn as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule. Moenie gebruik as jy intestinale obstruksie of ongediagnoseerde abdominale pyn, koliek, naarheid, braking, intestinale ulsers of inflammasie van die ingewandskanaal het nie. Vermyn indien appendisitis vermoed word. Dit is nie geskik vir kinders jonger as 12 jaar nie, behalwe onder die toesig van 'n geneesheer.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

As jy enige ander medisyne gebruik of aan enige ernstige siektes of toestande ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Hierdie medisyne kan moontlik bloedstolling vertraag en moet met sorg gebruik word in pasiënte wat enige ander bloedverduunningsmedikasie gebruik. Staak gebruik ten minste twee weke voor enige beplande sjirurgie.
- Hierdie medisyne bevat Capsicum wat 'n irriterend is en die gebruik van hierdie medisyne kan die intestinale mukusmembraan meer sensitief maak. Vermyn kontak met oë en ander sensitiewe areas. Was hande na gebruik.
- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Wees asseblief versigtig wanneer jy bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieet vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING

Indien jy swanger is of borsvoed, raadpleeg jou geneesheer voordat jy hierdie medisyne gebruik.

INTERAKSIES

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplimentêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad. Capsicum ('n bestanddeel in Cayenne) kan die absorpsie en biobeskikbaarheid van Theophylline verhoog.

Indien jy kruid of aanvullings gebruik wat die risiko van bloeding verhoog (soos knoffel), stollingsteuningsmiddels of bloedverduunningsmedikasie (soos aspirien, warfarin, heparien of klopidogrel) of nie-steroidale anti-inflammatoriese medikasie (soos ibuprofen of naproksen), raadpleeg eers 'n geneesheer voordat jy die medisyne gebruik.

DOSES EN GEBRUIKSAANWYSINGS

Neem een kapsule twee maal per dag met etes, of soos jou geneesheer voorskryf.

NEWE-EFFEKTE

Nuwe-effekte kan boonste abdominale ongemak, versadigheid, gas, abdominale opgeblasenheid, naarheid, epigastriese pyn, diarree, winde opbreek en irritasie van die mukusmembraan insluit. Sommige aangemelde nuwe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

Simptome van oordosering is onbekend. Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE

Wit kapsule.

AANBIEDING

60,90 of 120 Kapsules verpak in 'n plastiek houer.

BERGINGS- EN AANWYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houer dig toe.

NAPPI KODE

60's: 712948002

90's: 712948001

120's: 712948003

NAAM EN BESIGHEIDSAADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y53008.

DATUM VAN VOUBILJET PUBLIKASIE

April 2017.

Hierdie ongeregisteerde medisyne is nie deur die SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.