

WELLVITA BIOTIN

PROPRIETARY NAME AND DOSAGE FORM

WELLVITA BIOTIN (capsules)

COMPOSITION

Each capsule contains: Active ingredients: Biotin 500 mcg.

Other ingredients: Starch

*Capsules are free of sugar

PHARMACOLOGICAL CLASSIFICATION

D 34.11: Vitamins

Complementary medicine: Health supplement.

INDICATIONS

Wellvita™ Biotin is a water-soluble vitamin that is also known as vitamin B7 or vitamin H. Your body needs biotin to help convert certain nutrients into energy. It is also believed to be beneficial for healthy skin, shiny hair and strong nails.

CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation. Not suitable for use in children under the age of 12 years, unless under medical supervision.

WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments or conditions; or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- No studies on the effect on the ability to drive and use machines have been performed. Do not drive or operate machinery until you know how it affects you.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take one capsule daily, or as directed by your healthcare provider.

SIDE EFFECTS

Side effects can include stomach upset and skin rash. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In case of an overdose, or if an overdose is suspected, contact your healthcare provider immediately. Treatment is symptomatic and supportive.

IDENTIFICATION

White capsule

PRESENTATION

60 Capsules are packed in a plastic container

STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y53008.

DATE OF PUBLICATION OF THE PACKAGE INSERT

1 September 2020

WELLVITA BIOTIN

HANDELSMERKNAAM EN DOSEERVORM

WELLVITA BIOTIN (kapsule)

SAMESTELLING

Elke kapsule bevat: Aktiewe bestanddeel: Biotin 500 mcg

Onaktiewe bestanddele: Stysel

*Kapsules bevat geen suiker nie.

FARMAKOLOGIESE KLASSIFIKASIE

D 34.11: Vitamiene

Komplementêre medisyne - Gesondheidsaanvulling.

INDIKASIES

Wellvita™ Biotin is 'n wateroplosbare vitamien, ook bekend as vitamien H of vitamien B7. Ons benodig biotien om sekere voedingstowwe in energie om te skakel en daar word ook geglo dat dit voordelig is vir 'n gesonde vel, glansende hare en sterk naels.

KONTRA-INDIKASIES

Vermyn as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule. Dit is nie geskik vir kinders onder die ouderdom van 12 jaar nie, behalwe onder die toesig van 'n geneesheer.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

As jy enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Moenie bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed nie.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieët vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING

Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie medisyne gebruik.

INTERAKSIES

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad.

DOSIS EN GEBRUIKSAANWYSINGS

Volwassenes: Neem een kapsule daaglik of soos jou geneesheer voorskryf.

NEWE-EFFEKTE

Nuwe-effekte kan omgekrapte maag en vel uitslag insluit. Nie alle nuwe-effekte is ingesluit in hierdie voubiljet nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

In geval van oordosering, of indien oordosering vermoed word, kontak jou geneesheer onmiddellik. Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE

Wit kapsule.

AANBIEDING

60 Kapsules is verpak in 'n plastiek houder.

BERGINGSANWYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houder dig toe.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y53008.

DATUM VAN VOUBILJET PUBLIKASIE

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