

WELLVITA ALLERGY ALLEVE

PROPRIETARY NAME AND DOSAGE FORM

WELLVITA® ALLERGY ALLEVE (capsule)

COMPOSITION

Each capsule contains: Active ingredients: Quercetin (*Sophora japonica L.*, flower & bud) 70 mg, Bromelain 25 mg and Nettle (*Urtica dioica L.*, root) 150 mg.

PHARMACOLOGICAL CLASSIFICATION

D 33.7 Western herbal medicine

Complementary medicine - Combination product

INDICATIONS

Wellvita® Allergy Alleve formula is a gentle, non-sleep-inducing blend of immune-supportive, histamine-balancing ingredients that work by stimulating your body's own natural defences to help fight hay fever and allergy symptoms.

CONTRA-INDICATIONS

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation; or if you are pregnant or breastfeeding. Not suitable for use in children, unless under medical supervision.

WARNINGS AND SPECIAL PRECAUTIONS

If you suffer from any serious ailments (such as diabetes or kidney disease) or conditions; or if you are taking any prescribed medication (including warfarin, diuretics or lithium), please check with your healthcare provider before taking this medicine.

- Consult a healthcare provider if symptoms worsen or persist.
- Use under medical supervision if you have malabsorption or other GIT ailments, having surgery; or taking blood thinners, certain antibiotics or anti-inflammatory medicine.
- Hypersensitivity can occur. In such cases, discontinue use and contact your healthcare provider immediately.
- No studies on the effect on the ability to drive and use machines have been performed. Do not drive or operate machinery until you know how it affects you.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION

Do not use if you are pregnant or breastfeeding.

INTERACTIONS

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice. Use under medical supervision if you are taking blood thinners (such as warfarin), diuretics, lithium, anti-inflammatory medicine and certain antibiotics. Consult your healthcare provider for more information.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take three capsules daily in divided doses after meals, or as directed by your healthcare provider.

SIDE EFFECTS

Side effects may include upset stomach and headache. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In case of an overdose, or a suspected overdose, contact your healthcare provider immediately. Treatment is symptomatic and supportive.

IDENTIFICATION

White capsule.

PRESENTATION

30 Capsules are packed in a container.

STORAGE INSTRUCTIONS

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

NAME AND BUSINESS ADDRESS OF THE APPLICANT

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y60123.

DATE OF PUBLICATION OF THE PACKAGE INSERT

October 2022

WELLVITA ALLERGY ALLEVE

HANDELSMERKNAAM EN DOSEERVORM

WELLVITA® ALLERGY ALLEVE (kapsule)

SAMESTELLING

Elke kapsule bevat: Aktiewe bestanddele: Quercetin (*Sophora japonica L.*, blom en knop) 70 mg, Bromelain 25 mg en Brandnetel (*Urtica dioica L.*, wortel) 150 mg.

FARMAKOLOGIESE KLASSIFIKASIE

D 33.7 Westerse kruie medisyne

Komplementêre medisyne - Kombinasie produk

INDIKASIES

Wellvita® Allergy Alleve formule is 'n nie-slaap-induserende mengsel van immuunondersteunende, histamien-balanserende bestanddele wat werk deur jou liggaam se eie natuurlike verdediging te stimuleer om hooikoors en allergiese simptome te help beveg.

KONTRA-INDIKASIES

Vermy as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule; of as jy swanger is of borsvoed. Nie geskik vir gebruik in kinders nie, behalwe onder die toesig van 'n geneesheer.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS

As jy enige voorgeskrewe medikasie (insluitend warfarien, diuretika of litium) gebruik of aan enige ernstige siektes of toestande (soos diabetes of nier kwale) ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Raadpleeg 'n gesondheidsorgverskaffer indien simptome vererger of voortduur.
- Gebruik onder mediese toesig as jy wanabsorpsie of ander GIT-kwale het of sjirurgie ondergaan; of indien jy bloedverdunders, sekere antibiotika of anti-inflammatoriese medisyne gebruik.
- Hipersensitiwiteit kan voorkom. In sulke gevalle, staak die gebruik en kontak jou gesondheidsorgverskaffer onmiddellik.
- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Moenie bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed nie.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieet vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING

Moenie gebruik as jy swanger of borsvoed nie.

INTERAKSIES

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad. Gebruik onder mediese toesig as jy bloedverdunders (soos warfarien), diuretika, litium, anti-inflammatoriese medisyne en sekere antibiotika gebruik. Raadpleeg jou geneesheer vir meer inligting.

DOSIS EN GEBRUIKSAANWYSINGS

Volwassenes: Neem drie kapsules daaglik in verdeelde dosisse na etes, of soos voorgeskryf deur jou geneesheer.

NEWE-EFFEKTE

Nuwe-effekte kan omgekrapte maag en hoofpyn insluit. Sommige aangemelde nuwe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

In geval van oordosering, of indien oordosering vermoed word, raadpleeg jou geneesheer onmiddellik. Behandeling is simptome en ondersteunend.

IDENTIFIKASIE

Wit kapsule.

AANBIEDING

30 Kapsules verpak in 'n plastiekhouer.

BERGINGSAAANWYSINGS

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houder dig toe.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y60123.

DATUM VAN VOUBILJET PUBLIKASIE

Oktober 2022