WELLVITA ACTIVATED CHARCOAL

PROPRIETARY NAME AND DOSAGE FORM
WELLVITA® ACTIVATED CHARCOAL (tablet)

COMPOSITION
Each tablet contains: Active ingredient: Activated charcoal 200 mg.
*Tablets contain sugar.

PHARMACOLOGICAL CLASSIFICATION
D 34.13 Other.
Complementary medicine: Health supplement.

INDICATIONS
Activated charcoal is commonly used to ease digestive discomfort caused by indigestion, bloating and diarrhoea.

CONTRA-INDICATIONS
Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation. Not suitable for children, unless under medical supervision. Individuals with an obstruction of the intestines should not take activated charcoal. Do not use activated charcoal in case of an overdose or suspected overdose, but proceed immediately to the nearest emergency facility for medical attention.

WARNINGS AND SPECIAL PRECAUTIONS
If you suffer from any serious ailments or conditions; or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- Activated charcoal can interfere with the absorption or metabolism of various nutrients and medications, therefore use it at least two hours before or after any other medication or supplements.
- Use with caution in individuals with malabsorption conditions since it may interfere with absorption of nutrients and may interact with other medicines.
- Not recommended for long-term use.
- Indicated for adults only.
- Contains sucrose. Patients with rare hereditary conditions such as fructose intolerance, glucose-galactose mal-absorption or sucrase-isomaltase insufficiency should not take this product. Contains sucrose which may have an effect on the glycaemic control of patients with diabetes mellitus.
- No studies on the effect on the ability to drive and use machines have been performed. Do not drive or operate machinery until you know how it affects you.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION
If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

INTERACTIONS
If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice. Take this medicine at least two hours before or after any other medicines or supplements to avoid absorption problems.

DOSAGE AND DIRECTIONS FOR USE
Adults: Take one tablet twice a day with water or as directed by your healthcare provider. Take this medicine at least two hours before or after any other medication or supplements.

SIDE EFFECTS
Side effects can include nausea, vomiting, constipation, diarrhoea and black stools. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare professional for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT
In case of an overdose, or if an overdose is suspected, contact your healthcare provider immediately. Treatment is symptomatic and supportive.

IDENTIFICATION
Black tablet.

PRESENTATION
30 Tablets are packed in a plastic container.

STORAGE INSTRUCTIONS
Store all medicines out of reach of children. Store in a cool dry place below 25 ˚C and keep away from direct sunlight. Keep the container tightly closed.

NAME AND BUSINESS ADDRESS OF THE APPLICANT
Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y60123.

DATE OF PUBLICATION OF THE PACKAGE INSERT
1 March 2022

WELLVITA ACTIVATED CHARCOAL

HANDELSMERKNAAM EN DOSEERVORM
WELLVITA® ACTIVATED CHARCOAL (tablet)

SAMESTELLING
Elke tablet bevat: Aktiewe bestanddeel: Geaktiveerde houtskool 200 mg.
*Tablette bevat suiker.

FARMAKOLOGIESE KLASSIFIKASIE
D 34.13 Ander.
Komplementêre medisyne: Gesondheidsaanvulling.

INDIKASIES
Geaktiveerde houtskool word algemeen gebruik om spysverteringstelsel ongemak te verlig wat veroorsaak word deur swak spysvertering, opgeblasenheid en diaree.

KONTRA-INDIKASIES
Vermy as jy hipersensitief (allergies) is vir enige van die bestanddele in die formule. Dit is nie geskik vir kinders nie, behalwe onder die toesig van 'n geneesheer. Individue met 'n obstruksie van die ingewande moenie die medisyne gebruik nie. Moenie geaktiveerde houtskool gebruik in geval van oordosering of vermoedelike oordosering nie, maar gaan dadelik na jou naasste noodeenheid vir mediese hulp.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS
As jy enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.
- Hierdie medisyne kan die absorpsie en metabolisme van verskeie medisyne en nutriënte beïnvloed, en moet daarom twee ure voor of na enige ander medikasie of aanvullings gebruik word.
- Gebruik met omsigtigheid in individue met wanabsorpsie toestande aangesien dit kan inmeng met die opname van voeding-stowwe en ook interaksies met ander medisyne kan hê.
- Nie aanbeveel vir langtermyn gebruik nie.
- Slegs vir volwassenes aangedui.
- Bevat sukrose. Pasiënte met seldsame oorerflike toestande soos fruktose onverdraagsaamheid, glukose-galaktose wanabsorpsie of sukrose-isomaltase ontoereikendheid moenie hierdie produk gebruik nie. Bevat sukrose wat moontlik 'n effek kan hê op die glisemiese beheer van pasiënte met diabetes mellitus.
- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Moenie bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed nie.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieët vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING
Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie medisyne gebruik.

INTERAKSIES
As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplementêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad. Neem die medisyne twee uur voor of na enige ander medikasie of aanvullings om absorpsie probleme te voorkom.

DOSIS EN GEBRUIKSAANWYSINGS
Volwassenes: Neem een tablet twee maal per dag met water, of soos jou geneesheer voorskryf. Neem die medisyne twee uur voor of na enige ander medikasie.

NEWE-EFFEKTE
Newe-effekte kan naarheid, braking, konstipasie, diarree en swart stoelgang insluit. Sommige aangemelde newe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaangename newe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING
In geval van oordosering, of indien oordosering vermoed word, kontak jou geneesheer onmiddellik. Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE
Swart tablet.

AANBIEDING
30 Tablette is verpak in 'n plastiek houer.

BERGINGSAANWYSINGS
Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 ˚C en hou weg van direkte sonlig. Hou die houer dig toe.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT
Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y60123.

DATUM VAN VOUBILJET PUBLIKASIE
1 Maart 2022