

## **PROPRIETARY NAME AND DOSAGE FORM**

ACTIVATED CHARCOAL (liquid)

## **COMPOSITION**

Each 10 ml contains: Active ingredient: Activated charcoal 500 mg.  
Preservatives: 0,1 % m/m Sodium benzoate & 0,1 % m/m Potassium sorbate  
Contains sugar: Sorbitol (4,5 g per 10 ml).  
Other ingredients: Aniseed oil, citric acid, polysorbate 20 and water.  
\*Liquid contains no gluten, lactose or animal products.

## **PHARMACOLOGICAL CLASSIFICATION**

D 34.13 Other.

Discipline: Health supplement.

## **INDICATIONS**

Activated charcoal is believed to have detoxifying properties by binding-up unwanted materials and carrying it safely through the digestive system.

## **CONTRA-INDICATIONS**

Do not use this medicine if you are hypersensitive (allergic) to any of the ingredients in the formulation. If you are younger than 12 years old, please consult your healthcare provider before taking this medicine. Individuals with an obstruction of the intestines should not take activated charcoal; or those who have swallowed a corrosive agent such as a strong acid or alkali.

## **WARNINGS AND SPECIAL PRECAUTIONS**

If you suffer from any serious ailments or conditions; or if you are taking any prescribed medication, please check with your healthcare provider before taking this medicine.

- Contains sorbitol that can cause a laxative effect and can have an effect on blood sugar levels.
- People with the rare hereditary condition of sorbitol intolerance should not take this product.
- Activated charcoal can interfere with the absorption or metabolism of various nutrients and medications, therefore use it at least two hours before or after any other medication or supplements.
- No studies on the effect on the ability to drive and use machines have been performed. Please exercise care when driving or operating machinery until you know how it affects you.
- Porphyria: Safety has not been established.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

## **PREGNANCY AND LACTATION**

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

## **INTERACTIONS**

If you are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this medicine, consult your healthcare provider for advice. Take this medicine at least two hours before or after any other medicines or supplements to avoid absorption problems.

## **DOSAGE AND DIRECTIONS FOR USE**

Take 10 ml (two medicine measures) twice daily or as directed by your healthcare provider. Drink plenty of water while taking this medicine to help flush out toxins.

## **SIDE EFFECTS**

Side effects may cause nausea, vomiting, constipation, diarrhoea and black stools. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare professional for advice.

## **KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT**

No known symptoms of overdose. Treatment is symptomatic and supportive.

## **IDENTIFICATION**

Black liquid.

## **PRESENTATION**

100 ml or 200 ml Liquid packed in a plastic bottle.

## **STORAGE INSTRUCTIONS**

Store all medicines out of reach of children. Store in a cool dry place below 25 °C and keep away from direct sunlight. Keep the container tightly closed.

## **NAPPI CODE**

100 ml:721455001

200 ml:721455002

## **NAME AND BUSINESS ADDRESS OF THE APPLICANT**

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y53008.

## **DATE OF PUBLICATION OF THE PACKAGE INSERT**

1 March 2018

## **HANDELSMERKNAAM EN DOSEERVORM**

ACTIVATED CHARCOAL (vloeistof)

### **SAMESTELLING**

Elke 10 ml bevat: Aktiewe bestanddeel: Geaktiveerde houtskool 500 mg.  
Preserveermiddels: 0,1 % m/m Natriumbensoaat & 0,1 % m/m Kaliumsorbaat  
Bevat suiker: Sorbitol (4,5 g per 10 ml).  
Ander bestanddele: Anysolie, sitroensuur, polisorbaat 20 en water.  
\*Vloeistof bevat geen gluteen, laktose of diere produkte nie.

### **FARMAKOLOGIESE KLASSIFIKASIE**

D 34.13 Ander.

Dissipline: Gesondheidsaanvulling.

### **INDIKASIES**

Daar word geglo dat geaktiveerde houtskool detoksifiserende eienskappe het deur dat dit bind aan ongewenste stowwe en dit veilig deur die spysverteringsstelsel te dra.

### **KONTRA-INDIKASIES**

Vermag jy hipersensitief (allergies) is vir enige van die bestanddele in die formule. Moenie gebruik in kinders onder die ouderdom van 12 jaar nie, behalwe onder die toesig van 'n geneesheer. Individue met 'n obstruksie in die ingewande; of persone wat 'n vretende produk (soos 'n sterk suur of alkali) ingesluk het, moenie die medisyne gebruik nie.

### **WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS**

As jy enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande ly, raadpleeg jou geneesheer voordat jy hierdie medisyne begin gebruik.

- Bevat sorbitol wat 'n lakserende effek kan hê en ook 'n invloed kan hê op bloedsuikervlakke.
- Persone met die skaars oorerflike kondisie van sorbitol intoleransie moenie hierdie produk gebruik nie.
- Hierdie medisyne kan die absorpsie en metabolisme van verskeie medisyne en nutriënte beïnvloed, gebruik twee ure voor of na enige ander medikasie of aanvullings.
- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Wees asseblief versigtig wanneer jy bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed.
- Porfirie: Veiligheid is nie vasgestel nie.

Voedingsaanvullings moet nie 'n gebalanseerde dieët vervang nie. Moenie die aanbevole dosis oorskry sonder om 'n geneesheer te raadpleeg nie.

### **SWANGERSKAP EN BORSVOEDING**

Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie medisyne gebruik.

### **INTERAKSIES**

As jy ander medisyne gereeld gebruik, insluitend aanvullende (komplimentêre) of tradisionele medisyne, of as jy enige addisionele medisyne begin neem terwyl jy hierdie medisyne gebruik, raadpleeg jou geneesheer vir raad. Neem hierdie medisyne ten minste twee ure voor of na enige ander medikasie of aanvullings om absorpsie probleme te voorkom.

### **DOSIS EN GEBRUIKSAANWYSINGS**

Neem 10 ml (twee medisyne-mate) twee maal per dag, of soos geneesheer voorskryf. Drink baie water om te help met die uitskeiding van gifstowwe.

### **NEWE-EFFEKTE**

Nuwe-effekte kan naarheid, braking, konstipasie, diarree en swart stoelgang insluit. Sommige aangemelde nuwe-effekte is nie in hierdie voerbiljet ingesluit nie. Indien jy enige onaangename nuwe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die medisyne te gebruik en kontak jou geneesheer.

### **BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING**

Simptome van oordosering is onbekend. Behandeling is simptome en ondersteunend.

### **IDENTIFIKASIE**

Swart vloeistof.

### **AANBIEDING**

100 ml of 200 ml Vloeistof verpak in 'n plastiek bottel.

### **BERGINGSANWYSINGS**

Berg alle medisyne buite bereik van kinders. Berg in 'n koel, droë plek onder 25 °C en hou weg van direkte sonlig. Hou die houder dig toe.

### **NAPPI KODE**

100 ml: 721455001

200 ml: 721455002

### **NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT**

Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y53008.

### **DATUM VAN VOUBILJET PUBLIKASIE**

1 Maart 2018.