PROPRIETARY NAME AND DOSAGE FORM
STAR KIDS™ MULTIVITAMIN GUMMY BEARS (GUMMIES)

COMPOSITION
Each gummy bear contains: Active ingredients: Vitamin A 375 mcg, Vitamin C 9 mg, Vitamin D3 30 IU, Vitamin E 7.5 mg, Vitamin B5 2.5 mg, Vitamin B6 350 mcg, Folic acid 120 mcg, Vitamin B12 2 mcg, Biotin 30 mcg, Zinc 1.1 mg, Iodine 18.5 mcg, Inositol 5 mcg and Choline 5 mcg. Other ingredients (excipients): Sugar, malt syrup, glucose, apple juice concentrate, pectin, citric acid, sodium citrate, natural flavouring and colourant.
Contains sugar.

PHARMACOLOGICAL CLASSIFICATION
Category: D 34.12 Multiple substance formulation
Complementary medicine - Health supplement

INDICATIONS
Growing kids have unique nutritional needs. So we created a special formula just for them! STAR KIDS Multivitamin Gummies provide essential vitamins and other nutrients, vital for healthy growth and development, and it's a fun, easy way to give your kids the added nutrition they need.

CONTRA-INDICATIONS
Do not use this poduct if you or your child are hypersensitive (allergic) to any of the ingredients in the formulation.

WARNINGS AND SPECIAL PRECAUTIONS
If you or your child suffer from any serious ailments or conditions, or taking any medication (including prescription medication or health supplements), please check with your healthcare provider before taking / giving this product.

- Do not give gummies to your child if he / she is sick or on any medication. Consult your doctor first.
- No studies on the effect on the ability to drive and use machines have been performed. Please exercise care when driving or operating machinery until you know how it affects you.
- Porphyria: Safety has not been established.
- Product appearance may change over time due to naturally sourced colour. This does not alter the potency of the product.

Nutritional supplementation should not replace a balanced diet. Do not exceed the recommended dose without consulting a healthcare provider.

PREGNANCY AND LACTATION
If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare provider for advice before taking this product.

INTERACTIONS
If you or your child are taking other medicines regularly, including complementary or traditional medicines, or start taking any additional medicines while taking this product, consult your healthcare provider for advice.

DOSAGE AND DIRECTIONS FOR USE
Age 3 years and older: Chew one gummy bear daily after breakfast. Do not swallow gummies whole; chew them completely. Do not exceed the recommended dose.

SIDE EFFECTS
Side effects may include diarrhoea, nausea, abdominal pain and heartburn. Not all side effects reported for this medicine are included in this leaflet. Should your or your child's general health worsen or if you experience any untoward effects while taking this medicine, discontinue use immediately and consult your doctor, pharmacist or other healthcare provider for advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT
In case of over dose, please consult your healthcare provider immediatley. Treatment is symptomatic and supportive.

IDENTIFICATION
Red bears.

PRESENTATION
30, 60 or 120 gummies are packed in a plastic container.

STORAGE INSTRUCTIONS
Store all medicines out of reach of children. Store in a cool dry place below 25 ˚C and keep away from direct sunlight. Keep the container tightly closed. Refridgerate once opened.

NAME AND BUSINESS ADDRESS OF THE APPLICANT
Alveta Healthcare (Pty) Ltd, 1 Greenwich Grove, Station Road, Rondebosch, 7700. Company registration number: 2004/021899/07. Pharmacy audit number: Y53008.

DATE OF PUBLICATION OF THE PACKAGE INSERT
1 January 2020

This unregistered medicine has not been evaluated by the
SAHPRA for its quality, safety or intended use.

HANDELSMERKNAAM EN DOSEERVORM
STAR KIDS™ MULTIVITAMIN GUMMY BEARS (GUMMIES)

SAMESTELLING
Elke gummy bevat: Aktiewe bestanddele: Vitamien A 375 mcg, Vitamien C 9 mg, Vitamien D3 30 IU, Vitamien E 7.5 mg, Vitamien B5 2.5 mg, Vitamien B6 350 mcg, Foliensuur 120 mcg, VItamien B12 2 mcg, Biotien 30 mcg, Sink 1.1 mg, Jodium 18.5 mcg, Inositol 5 mcg en Cholien 5 mcg.
Onaktiewe bestanddele: Suiker, mout suiker, glukose, appelsap konsentraat, pektien, sitroensuur, natriumsitraat, natuurlike geursels en kleursel.
Bevat suiker.

FARMAKOLOGIESE KLASSIFIKASIE
Kategorie D 34.12 Multi-bestanddeel formule
Komplimentere medisyne – Gesondheidsaanvulling

INDIKASIES
Groeiende kinders het unieke voedingsbehoeftes. Ons het dus ‘n spesiale formule saamgestel spesifiek net vir hulle! STAR KIDS Multivitamin Gummies bevat essensiële vitamienes en ander voedingstowwe wat noodsaaklik is vir gesonde groei en ontwikkeling; en dit is ‘n prettige, maklike manier om jou kinders die ekstra voeding te gee wat hulle benodig.

KONTRA-INDIKASIES
Vermy as jy of jou kind hipersensitief (allergies) is vir enige van die bestanddele in die formule.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS
As jy of jou kind enige voorgeskrewe medikasie gebruik of aan enige ernstige siektes of toestande ly, raadpleeg jou geneesheer voordat jy hierdie produk begin gebruik of vir jou kind gee.

- Moenie vir jou kind gee indien hy / sy siek is of enige medikasie gebruik nie. Praat eers met jou geneesheer.
- Geen studies is gedoen om die effek wat die medisyne het op bestuur en die gebruik van masjinerie vas te stel nie. Wees asseblief versigtig wanneer jy bestuur of masjinerie gebruik totdat jy weet hoe die medisyne jou beïnvloed. Dit is onwaarskynlik dat dit lomerigheid kan veroorsaak.
- Porfirie: Veiligheid nie vasgestel nie.
- Produk voorkoms kan verander met verloop van tyd as gevolg van natuurlike afkomstige kleursel, maar dit beïnvloed nie die sterkte van die produk nie.

Voedingsaanvullings moet nie ‘n gebalanseerde dieët vervang nie. Moenie die aanbevole dosis oorskry sonder om ‘n geneesheer te raadpleeg nie.

SWANGERSKAP EN BORSVOEDING
Raadpleeg jou geneesheer as jy swanger is of borsvoed voordat jy hierdie produk gebruik.

INTERAKSIES
As jy of jou kind ander medisyne gereeld gebruik, insluitend aanvullende (komplimentêre) of tradisionele medisyne, of enige addisionele medisyne begin neem terwyl jy of jou kind hierdie produk gebruik, raadpleeg jou geneesheer vir raad.

DOSIS EN GEBRUIKSAANWYSINGS
Ouderdom 3 jaar en ouer: Kou een gummie daagliks na ontbyt. Moenie heel insluk nie, maar kou deeglik fyn. Moenie die aanbevoel dosis oorskry nie.

NEWE-EFFEKTE
Newe-effekte kan diarree, naarheid, abdominale pyn en sooibrand insluit. Sommige aangemelde newe-effekte is nie in hierdie voubiljet ingesluit nie. Indien jy enige onaangename newe-effekte ervaar of voel dat jou algemene gesondheid verswak, hou onmiddellik op om die produk te gebruik en kontak jou geneesheer.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING
In geval van oordosering, kontak onmiddelik jou geneesheer. Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE
Rooi bere.

AANBIEDING
30, 60 of 120 Gummys verpak in ‘n wit plastiek houer.

BERGINGSAANWYSINGS
Berg alle medisyne buite bereik van kinders. Berg in ‘n koel, droë plek onder 25 ˚C en hou weg van direkte sonlig. Hou die houer dig toe. Bere in die yskas na opening.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT
Alveta Healthcare (Pty) Ltd, Greenwich Grove 1, Station weg, Rondebosch, 7700. Maatskappy registrasie nommer: 2004/021899/07. Apteek oudit nommer: Y53008.

DATUM VAN VOUBILJET PUBLIKASIE
1 Januarie 2020

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir kwaliteit, veiligheid of beoogde gebruik nie.