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FOOT RULER

Instructions to using the LBF Foot Ruler

- Print this page out making sure that you do not select the 'fit to page' option. Ensure page scaling is set to 'none'.
- Place sizing chart on hard flat surface
- Have your child stand fall (feet side by side, hip width apart) placing their heel on the 'star' in the semi-circle.
- Ensure the back of the heel sits flush with the semi-circle
- Measure both feet and record the size at the end of the longest toe
- Use the longest measurment when selecting your shoes. For example, if your child measures 28.5 you should select a size 29 shoe.
- ★ The Foot Ruler is to be used as a guide only. It does not account for variances in foot types, brands and styles.
- ★ Variations of sizing can also occur between different styles produced by the same manufacturer.
- ★ Check the CM of this ruler against a standard ruler to ensure the printing has not distorted the sizing.



Eg. you should order a size 29 if vour toe comes to

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