Health, Wellness & Modern Green Living

# organic spa

Holiday Gift Guide



# Holiday Gift Guide

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These great gift ideas are sure to please. From stocking stuffers to "splurge" items, here is our delightful annual collection of natural, organic, artisanal, local, sustainable, elegant, handmade, eco-friendly, thoughtful, unique and interesting holiday gifts, guaranteed to bring joy to everyone on your list. Happy giving!





### Suds from Suds

This antioxidant-rich shampooand-conditioner combo does prove that beer makes everything better. The Bröö Craft Beer Set even comes in its own beer caddy. \$20; broo.com



### Seafood Lover

For the guy who loves to cook, and loves seafood, Two If By Sea (Sterling Epicure), by Barton Seaver, author of For Cod and Country, is the ultimate guide to sustainable seafood, and features 150 delicious recipes. \$30; available at bookstores.



### **Bold Statement**

Constructed with a proprietary combination of Tencel fibers and finished with a classic Milano stitch, this handsome ExOfficio Teplo 1/4 Zip Sweater will serve you well for winters to come. \$130; exofficio.com

# Stocking Stuffers



### Drink Up

You should be worrying about whether you've taken enough memorable photos when traveling, not whether water from the tap will get you a stay at a hospital. The Katadyn BeFree collapsible flask's integrated filter removes microorganisms and bacteria from any water source. \$39.95; katadyn.com



## **Best Beard**

Everything a guy needs to keep his beard well-groomed, this good-looking Badger Beard Grooming Kit includes USDA certified organic beard balm and beard oil. \$29.99; badgerbalm.com



### **Festive Breakfast**

You need nothing else but water to whip up gourmet organic pancakes and waffles. For the holidays, enjoy pumpkin spice, gingerbread spice and double chocolate peppermint. Birch Benders Pancake and Waffle Mixes from \$4.99; birchbenders.com



### It's Magic!

Brand-new from Dr. Bronner, this Amica-Menthol Organic Magic Balm does a bit of everything, from soothing achy, sore muscles and joints, to rejuvenating the spirit! drbronner.com



### Always Fresh

You have to admit: The Saxx Vibe Boxer ski-printed underwear is both awesome and a cheeky nod to winter, \$31.95; saxrunderwear.com



## **Pumped Up Cribs**

An ideal gift for the guy looking to infuse grown-up sophistication into his modest abode, these Olivina Men soy wax candles are hand-poured and do not produce soot. \$30; olivinamen.com