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*Cherubum*

Enema Kit + Lavage Chair Accessory

# FAQ Booklet

# Cherubum FAQS

**Q. What makes the Cherubum so different from other options?**

**A.** You are given everything you need to conduct an enema, from the Lavage Chair to the lubricant. All you need to do is set up the Cherubum enema kit + accessories and add water.

**Q. Why is the Cherubum so much easier to use than other enema kits?**

**A.** People tend to avoid enemas because there are only messy and awkward ways to do this. That's not the case with the Cherubum. Water is taken in and waste is expelled simultaneously, without the need to jump back and forth to the toilet. Plus, you're spared inserting an enema tip multiple times during your enema with the Cherubum.

**Q. In what ways is your experience better on the Cherubum than on an enema board?**

**A.** Enema boards have been fundamentally unstable contraptions. A board is half-way precariously balanced on the back of the chair and half-way over a toilet. Then you climb on the rickety contraption while trying to avoid slipping off and then try to relax while worrying whether the contraption is stable enough for your body weight. Contrast that with a stable Lavage Chair accessory which docks over a toilet and is more comfortable and easy to use, making your experience much more relaxing.

**Q. Where do I place my feet when I am using the Cherubum?**

**A.** When sitting on the Lavage Chair accessory, simply put your feet on the foot rails located on either side of the lavage chair channel. Your feet will straddle the chair.

**Q. What is the separate plastic piece that goes over the Lavage Chair channel and what does it do?**

**A.** The plastic part is called a splashguard and it simply keeps water and waste material from splashing upward during your enema. You place the splashguard in its

counter sunk groove after you have attached the enema tip and lavage chair flex tube to the lavage chair.

**Q. What's the easiest way to push the flexible tubing or Lavage Chair flex tube onto the nylon fitting? Why is the Lavage Chair flex tube with enema tip so rigid anyway?**

**A.** Simply run hot water over the tubing for a minute or two to make it more supple if you need to. Then just push it onto the basin barbed nylon fitting. When removing tubing for sanitization, carefully pour hot water over tubing if necessary for easy release from the nylon barbed fitting. We do not recommend bending the flex tube up and down on the barbed fitting because you may break it and need to have it replaced. Simply pull straight backwards off of the barbed fitting with sufficient consistent force and it will come off.

**Q. Enema systems by nature require inserting and removing the enema tip and taking in water repeated times and then jumping onto a toilet to expel waste. How is the Cherubum enema kit + accessories different?**

**A.** The stable Cherubum *is* different. The person sits on the Lavage Chair that is docked over a toilet and leans back. Then they shift their pelvis forward toward the enema tip and flex tube previously connected to the barbed nylon fitting. Then they insert the enema tip in their anal opening about 1 ½ inches. Then they open the thumb clamp from the enema bag allowing water into their body. Their body then naturally expels waste water around the tip and down the drain into the toilet so there is no need to change position until the enema is over.

**Q. Can I hang more than one 9L enema bag from the telescopic handle?**

**A.** Not at the same time. The telescopic handle and wire hanger are rated for just one 9L enema bag (or smaller) at any one time.

**Q. What is the proper temperature of water for an enema?**

**A.** Be cautious. Water should be comfortably warm to the touch as you are filling the enema bag.

**Q. Can air bubbles flow from the water container into me during a session and can it make me uncomfortable?**

**A.** It is a good idea to set up the enema bag to be used, and then open the thumb clamp to release a little water and any trapped air first through the enema tip before beginning. Air flowing from the water container into a person will not be harmful, but it may produce a gurgling sensation.

**Q. Will my toilet overflow while I am doing an enema with the Cherubum? Do I need to flush it?**

**A.** You may flush your toilet as many times as needed or desired during your enema. However, the water moving into the drain from your session will naturally push water already in the bowl down the drain. You can check this by pouring a bucket of water into your toilet bowl. Notice how the added water level naturally flushes the toilet. The same holds true when using the Cherubum. Water and waste leaving your body will gravity flush the toilet, carrying waste down and away.

**Q. Is it normal for some waste material to get trapped in the connection between the enema tip and the Lavage Chair Flex Tube?**

**A.** Of course, the space between the enema tip and flex tube can harbor waste material. If this happens during your enema, separate the two after the session and sanitize them with disinfectant before reusing them. You may also opt to use new disposables each time, which can be ordered from the manufacturer.

**Q. Can I sanitize and re-use the enema and douche tips and Lavage Chair Flex tubes?**

**A.** Yes, as stated in the above question and answer you can sanitize and re-use both items. Simply, sanitize them with any high-quality disinfectant. Always thoroughly rinse after sanitizing and before re-using. More of these disposables are available for purchase as replacement kits A, B, C and D.

**Q. How easy is it to sanitize the 9L enema bag?**

**A.** Very easy. All of the flexible vinyl tubing and the water container can be sanitized with soap and water or with any high quality disinfectant. Follow the easy-to-read label instructions on your disinfectant and rinse each item thoroughly before each use.

**Q. How easy is it to sanitize the Lavage Chair?**

**A.** It's very simple to sanitize the Lavage Chair. Its high-quality polyethylene body can be sanitized and washed with any high quality disinfectant of your choice. The basin (seat) of the Lavage Chair can be mop washed, sanitized and then rinsed with the versatile shower spray head connected to the 9L enema bag. All sides can be easily and effectively spray disinfected, rinsed, and wiped dry as needed.

You can also spray disinfectant up into the basin nylon barbed fitting to sanitize it. Just rinse the spray out thoroughly by flowing water through the nylon barbed fitting from a connected water container on the other side.

**Q. What is the recommended weight limit for the Lavage Chair?**

**A.** The Cherubum Lavage Chair accessory is rated for 350 lbs.

**Q. What if the Lavage Chair doesn't fit in my bathroom? Can I still use it?**

**A.** Yes, it's still possible to use it. When the Lavage Chair accessory is open and ready to use, its dimensions are 56 L x 25 W x 38H. If space is tight, you can dock the Lavage Chair over a bathtub rim, over a shower pan in a shower stall or over any other kind of catch basin that can be rolled to the toilet for emptying.

**Q. Can I transport the Cherubum?**

**A.** Yes, you can. The Lavage Chair accessory backrest folds forward and its base is equipped with wheels allowing easy portability and maneuverability. The dimensions of the folded unit are approximately 46 L x 25 W x 36 H and the Lavage Chair itself weighs 55 lb. It can fit into a hatch-back vehicle, mini-van or open-bed vehicle easily.



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Revised 2010.

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