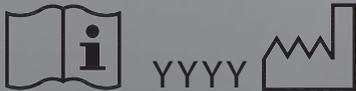


# *Cherubum.*

## CHERUBUM® PRODUCTS INSTRUCTIONS FOR USE

**REF**

CEK-1  
CLC-1



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#### SAVE THESE INSTRUCTIONS

NOTE: Check ALL parts for shipping damage. If shipping damage is noted, DO NOT USE. Contact carrier or manufacturer for further instructions.

#### NOTICE

The information contained in this document is subject to change without notice.



#### GENERAL WARNING

DO NOT install or use this equipment without first reading and understanding these INSTRUCTIONS. If you are unable to understand these instructions, including all warnings and cautions, contact the manufacturer, a health care professional, or technical personnel before attempting to install or use this equipment. Otherwise, injury or damage may occur.



#### ACCESSORIES WARNING

Lifestream accessories are designed and manufactured for use with Lifestream products. Accessories designed by other manufacturers have not been tested by Lifestream and are not recommended for use with Lifestream products. Your Lifestream warranty may be voided if the use of parts, accessories, or adaptors other than those authorized by Lifestream causes damage to your Lifestream products or accessories.

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## Cherubum® Enema/Douche Kit

**REF** CEK-1

### RECOMMENDED USE

The Cherubum enema/douche kit is intended for use either as

- An enema kit, or
- A douche kit

When used for administering enemas, the Cherubum kit allows for the introduction of water or other fluids into the colon through an enema tip inserted into the rectum. This process promotes evacuation of the contents of the rectum and lower colon.

When used for administering a douche, the Cherubum kit directs a stream of solution into the vaginal cavity for cleansing purposes ONLY.

The Cherubum enema/douche kit may be used

- A) As a stand-alone enema kit, or
- B) As a gravity-feed douche kit (NOTE: Douche solution is not included.)

Consult your physician or licensed health care practitioner as necessary.

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The Cherubum enema/douche kit contains:

- One 2.37 gallon (9 l) water bag (container)
- One Y-connector—which connects with a pull-on/push-off showerhead spray attachment on one side and with about 3 feet (1 m) of flexible vinyl tubing and thumb clamp on the other side
- Two standard enema tips (for enema use ONLY)
- One standard douche tip (for douche use ONLY)

# INSTRUCTIONS FOR USE

## A) INSTRUCTIONS FOR USE as a stand-alone enema kit

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1) To prevent leakage: Close the showerhead spray attachment AND secure the thumb clamp on the exit tubing.

2) Flush the container with water before each use. Then fill the container to the desired level with warm tap water or filtered water that's comfortable to the touch. Tighten the cap to prevent leakage.



Hot water can cause burns!

3) Carefully secure the water container about three feet above the height of the user's (recipient's) hips and near the anticipated location of use (toilet/floor, bathtub, or lavage chair).

4) Attach the enema tip to the exit tubing. Lubricate the tip for ease of insertion into the rectum.

5) Release the thumb clamp slightly to expel air in the tubing before inserting the enema tip into the rectum.

6) Recommended Positions:

- Toilet/floor: Sit on the toilet and lean forward OR lay flat on the floor. Insert the tip into the rectum. Open the thumb clamp to allow water to flow gently by gravity into the rectum. Withdraw the tip from the body and expel waste into the toilet as necessary. Repeat as needed.
- Bathtub: Recline in bathtub and draw knees up toward the chest. Insert the tip into the rectum and open the thumb clamp to allow water to flow gently by gravity into body. Withdraw the tip from the rectum and expel waste as necessary. Repeat as needed.
- Cherubum lavage chair: See page 6 of this booklet.



### WARNING

The device should NOT be used interchangeably as both an enema and a douche kit unless the device accessories are thoroughly sanitized first. Use the enema tips for enemas ONLY. Use the douche tips for douche applications ONLY. The use of an enema tip in the vagina may result in serious infection.

## B) INSTRUCTIONS FOR USE as a gravity-feed douche kit (douche solution not included)

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1) To prevent leakage: Close the showerhead spray attachment AND secure the thumb clamp on the exit tubing.

2) Flush the container with water before each use. Then fill the container to the desired level with warm tap or filtered water that's comfortable to the touch. You may also use a douche preparation liquid (not provided). Tighten the cap to prevent leakage. If using a douche preparation, shake the container to ensure proper mixing.



Hot water can cause burns!

3) Carefully secure the water container about 3 ft (1 m) above height of the user's vaginal area and near the anticipated location of use (toilet, shower, or bathtub).

4) Release the thumb clamp slightly to expel air in the tubing before inserting the douche tip.

5) Recommended Positions:

- Toilet: Sit on the toilet. Lift one thigh high. Gently insert the douche tip into the vagina. Open the thumb clamp to allow the water or douche solution to flow gently by gravity into the vagina.
- Bathtub or shower: Recline in the bathtub with knees slightly bent OR stand in the shower with feet slightly apart. Gently insert the douche tip into vagina and open the thumb clamp to allow the water or douche solution to flow gently by gravity into the vagina.

### CLEANING AND STORAGE

Clean all kit components with soapy water or other appropriate sanitizer. Rinse thoroughly with warm water BEFORE AND AFTER EACH USE. Hang the container upside down to dry. Store components in a cool, dry place.

# Cherubum Lavage Chair Accessory

**REF**CLC-1

NOTE: The lavage chair is provided as an accessory that helps ensure that your Cherubum enema or douche experience will be both comfortable and pleasant.



Warning/Caution notices as used in these instructions apply to hazards or unsafe practices that could result in personal injury or property damage.



Users with limited physical capabilities MUST be supervised or assisted when using the lavage chair, whether usage of the lavage chair is with the Cherubum enema/douche kit or as a shower chair.



DO NOT USE the lavage chair as a transfer bench, transfer device, or climbing device.



The Cherubum lavage chair (CLC-1) has a weight limitation of 350 lbs (159 kg).

ALWAYS inspect the lavage chair to ensure that it's properly positioned, level, and stable before using. DO NOT USE the lavage chair if it's wobbly or unstable. This lavage chair is NOT designed or intended for outdoor transportation or extended mobility usage. TO AVOID PINCHING — KEEP HANDS AND FINGERS CLEAR of movable parts when unfolding or folding the backrest and when raising or lowering the telescopic handle. Make adjustments to the position of the chair ONLY when the lavage chair is unoccupied.

SAFE HANDLING of the lavage chair requires the close attention of both the user and any assistant(s) administering the enema procedure or shower.

DO NOT SHIFT WEIGHT HORIZONTALLY (from side-to-side) while occupying the lavage chair.

DO NOT USE the chair's footpads for getting on or off the lavage chair. Instead, the user should sit on the seat of the lavage chair first and then swing legs over the top of the chair.

MIND THE GAP! As much as possible, REDUCE THE DISTANCE between the lavage chair and any supporting device, such as a wheelchair, before transferring the user in or out of the lavage chair. When assistance is required, make sure any and all assistants have adequate strength and training. Assistants must be able to provide any needed support to the user, especially when transferring the user to or from the lavage chair.



## INSTALLATION WARNING

After making ANY adjustments and BEFORE using the Cherubum kit and lavage chair, make sure that all parts are properly installed and secure. Otherwise personal injury or product/property damage may result.

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## RECOMMENDED USE

The Cherubum lavage chair is an accessory that can be used either as

- A) A stand-alone commode chair or shower chair, or
- B) With the Cherubum enema/douche kit—for enema applications ONLY

The Cherubum lavage chair incorporates the following:

- A 55 lb lavage chair platform with telescopic handle for easy maneuverability
  - Caster wheels for easy maneuverability
- 

### A) INSTRUCTIONS FOR USE as a stand-alone lavage chair

Place the lavage chair over a bathtub, toilet bowl or suitable pail for waste collection. The lavage chair may be used for showering or toileting in a comfortable reclining position.

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### B) INSTRUCTIONS FOR USE with the Cherubum enema/douche kit—for enema applications ONLY

See page 9 of this booklet.

Contraindications: None

Consult your physician or licensed health care practitioner as necessary.

CAUTION: Weight limitation 350 lbs (159 kg)

#### CLEANING

NOTE: Before using any cleaning products, test an area on the underside of the seat to make sure the product does not cause discoloration or staining. Use warm water and a non-abrasive bathroom cleanser/disinfectant to clean the lavage chair and accessories after each use and before any subsequent use, as necessary.

# SPECIFICATIONS

## CHERUBUM LAVAGE CHAIR ACCESSORY

LAVAGE CHAIR ACCESSORY		
Overall lavage chair accessory height	40 in	102 cm
Seat-to-floor height	23 in	58 cm
Overall length with backrest extended	56 in	142 cm
Overall length with backrest folded closed	48 in	122 cm
Footrest length	14 in	36 cm
Overall lavage chair width	25 in	64 cm
Overall backrest width	18 in	46 cm
Seat width	17 in	43 cm
Weight	55 lbs	25 kg
Weight capacity	350 lbs	159 kg
CLEARANCE FOR OVER-THE-TOILET USE		
Length from center of drain (or toilet bowl) to end (top) of backrest (extended)	46 in	117 cm
Length from center of drain (or toilet bowl) to end of lavage chair base	38 in	97 cm
Floor to bottom of lavage chair drain (fits over standard-sized toilet with toilet seat raised)	15.5 in	39 cm



## Enema/Douche Kit & Lavage Chair Accessory —for Enema application ONLY—

### COMPONENT DESCRIPTIONS

#### Cherubum enema/douche kit

- One 2.37 gallon (9 l) water container
- One Y-connector with pull-on/push-off showerhead spray attachment on one side and 3 ft (1 m) of flexible vinyl tubing with thumb clamp on the other side
- Two standard enema tips; lubricant

#### Cherubum lavage chair accessory

The lavage chair is an elegant and ergonomic accessory with folding backrest for positioning over a toilet or other collection container (not included). The lavage chair comes with the following components:

- Built-in telescopic handle and kit hanger for hanging the enema kit
- Quick-connect fittings
- Built-in recessed handles and wheels for easy maneuvering
- Splashguard

#### Accessory tote

- Accessory tote for storing the enema/douche kit and lavage chair accessories (kit hanger, splashguard).

NOTE: Always ensure that all Cherubum components are sanitized before each use.

# SET UP AND USE

## Set-up:

- 1) Remove the Cherubum lavage chair and accessory tote bag from the shipping box and packaging. Remove accessories from the tote bag and spread them out on a clean surface.
- 2) Grasp the plastic handle on front of the lavage chair. Tilt it forward until the wheels lock in place. Roll the lavage chair into place over a toilet or collection container (not included).
- 3) Lift and unfold the backrest.
- 4) Press the button on the telescopic handle and lift the handle until it's fully extended and locked securely into place. (To close, press the button to lower the handle into the locked position. NOTE: There are two positions ONLY: locked up or locked down.)
- 5) Place the ends of the kit hanger into the eyelets on the telescopic handle.



- 6) Slide the open end of the 2 ft (0.6 m) vinyl extension tubing (it has a 'male' quick-connect fitting on the other end) onto the barbed nylon fitting on the front of the lavage chair. Secure firmly to prevent leakage.

- 7) Before filling the 2.37 gallon (9 l) water container, close the thumb clamp on the exit tubing to prevent leakage. Next, fill the 2.37 gallon (9 l) water container with warm water that's comfortable to the touch. Secure the 2.37 gallon (9 l) water container on the kit hanger and hang the resulting assembly from the telescopic handle. When full, the 2.37 gallon (9 l) water container weighs about 16 lbs (7.2 kg).





8) Make sure the thumb clamp is closed securely. Then slide the 'male' end of the tube exiting the 2.37 gallon (9 l) water container onto the quick-connect 'female' fitting of the tubing that connects to the front of the lavage chair. The quick-connect fitting can be disconnected simply by pressing the grey button on the fitting housing. When disconnected, each end of the quick-connect fitting serves as an automatic shut-off valve preventing water leakage. When the quick-connect fittings are reconnected, water can flow from the container through the tubing.

**NOTE:** If in addition to or instead of the 2.37 gallon (9 l) water container you are using the 5 gallon (18.9 l) water container accessory, follow these steps:



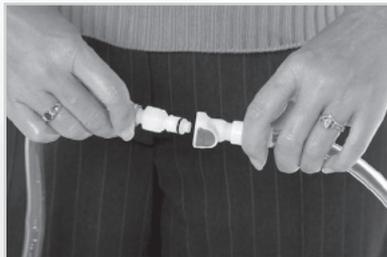
A) Slide the open end of the 6 ft (1.83 m) quick-connect vinyl extension tubing with thumb clamp (provided with 5 gallon container accessory) onto the built-in barbed nylon fitting on the lower end of the 5 gallon (18.9 l) container.

B) Fill the 5 gallon (18.9 l) container with warm water.



C) Secure the 5 gallon (18.9 l) container on a stable, strong shelf about 5 ft (1.5 m) high and adjacent to the lavage chair. The lavage chair must be positioned over a toilet or collection container (not included).

 **INSTALLATION WARNING:** The 5 gallon (18.9 l) container weighs about 40 lbs (18.1 kg) when full.



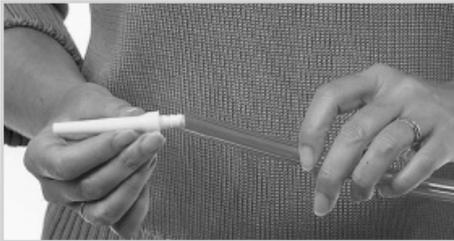
D) Connect the 5 gallon (18.9 l) container to the lavage chair by means of the quick-connect fitting when ready to use.

9) Place a towel (not included) on the backrest surface if desired.

10) Place a small portable, washable pillow (not included) on the backrest for extra support to the head, neck, or lumbar areas as desired.



11) Slide the enema tip onto the lavage chair flex tube. Next, attach the other end of the flex tube to the basin's built-in barbed nylon fitting. Lubricate the enema tip as needed.



12) Put the splashguard into place.





13) The Cherubum lavage chair is now ready for use as an enema station. Position your body on the lavage chair and insert the enema tip into the rectum.

NOTE: The enema tip should not be inserted more than 2 inches (5 cm) (ONLY up to flared end).

Open the thumb clamp on the exit tubing enough that water flows gently into your body, at the desired rate.

NOTE: Water and waste can be expelled from the body while the enema tip remains inserted or after it's removed from the body.



14) Use the showerhead spray attachment connected to the 2.37 gallon (9 l) water container to rinse your body and to rinse any waste down the drain during or after the enema session.

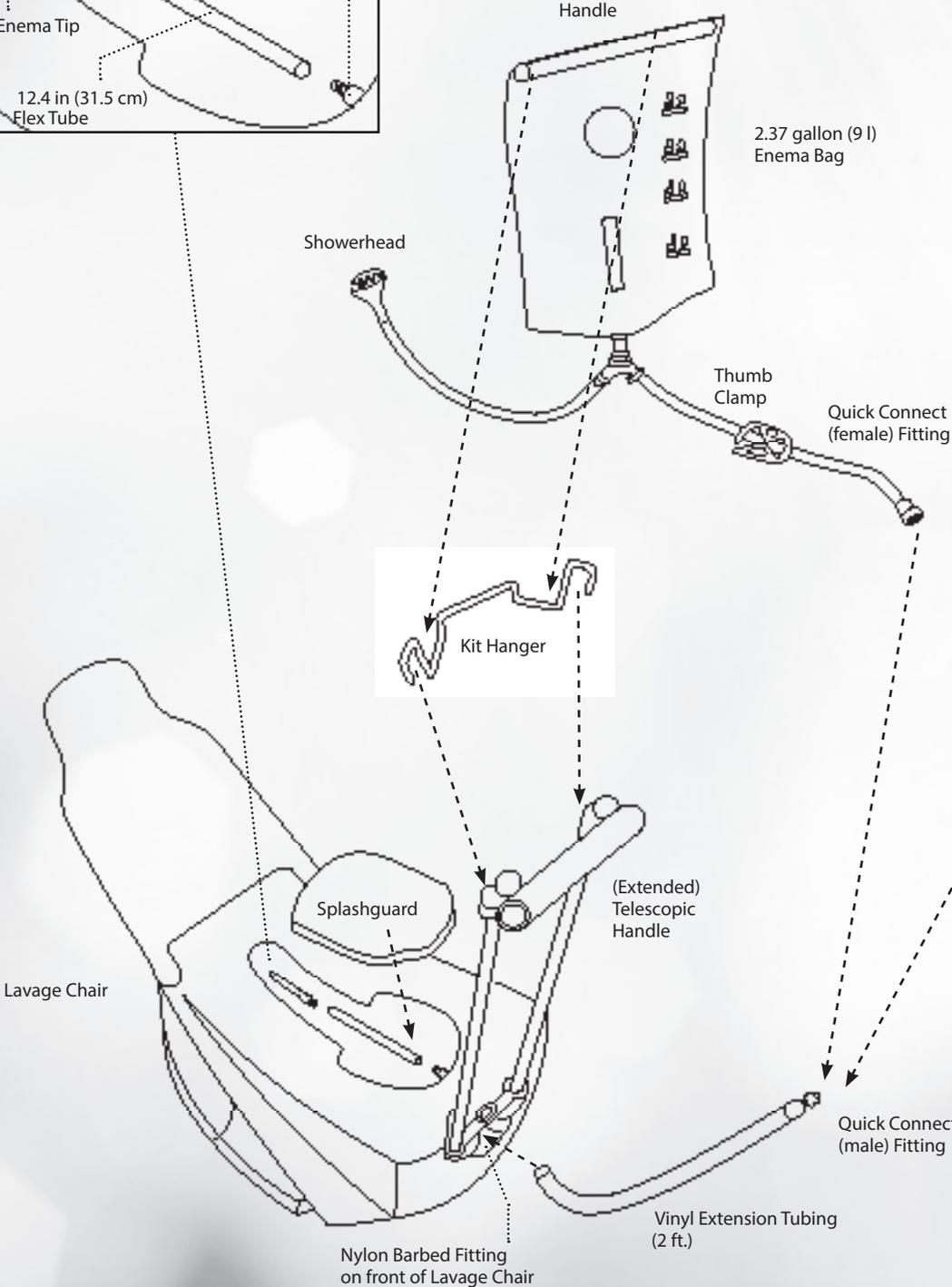
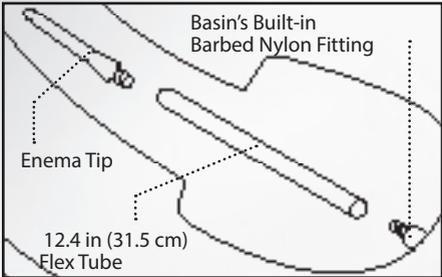
#### CLEAN/DISINFECT THE CHERUBUM LAVAGE CHAIR ACCESSORY



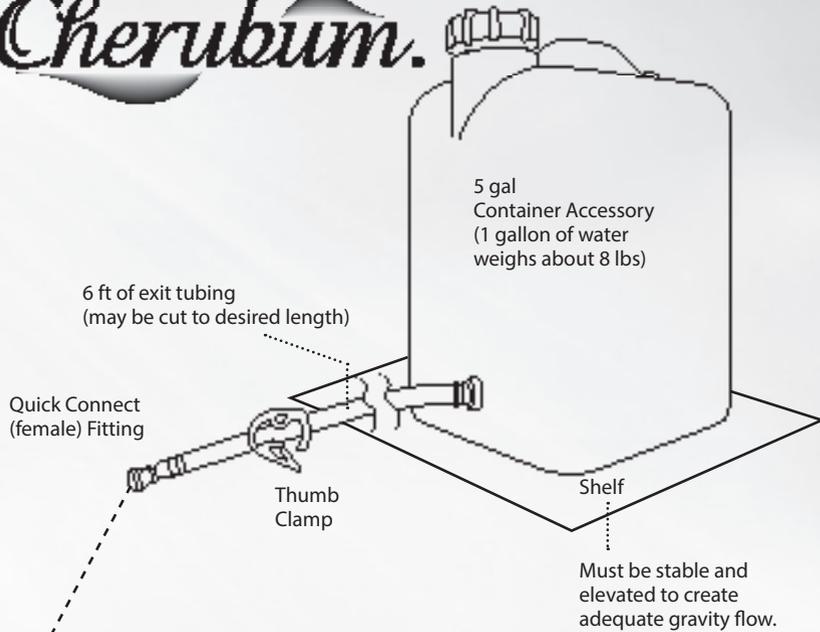
15) At the conclusion of the enema session remove any towels for laundering. Remove the splashguard, lavage chair flex tube, and enema tip. Clean these items separately (see page 5). Spray or wipe a non-abrasive bathroom cleanser/disinfectant onto the entire lavage chair and basin surface. Be sure to spray up into the basin's built-in barbed nylon fitting. Wipe the entire basin surface to ensure that the entire unit is disinfected. Rinse the unit using the showerhead spray attachment. Run any remaining water from the water container through the lavage chair line to flush out any disinfectant prior to next use. Be sure to disinfect, wipe clean, and then dry the outer sides and underside of lavage chair as well. Fold the backrest and return all items to the accessory tote bag. Store Cherubum lavage chair and enema kit components in a cool, dry location until the next use.



# QUICK SET UP



# Cherubum.



## BODY PLACEMENT ON LAVAGE CHAIR



### INSTALLATION WARNING

When full, the 5 gallon (18.9 l) container accessory that comes with the Cherubum enema kit & lavage chair accessory weighs about 40 lbs (18 kg). Do not hang more than one 2.37 gallon (9 l) enema bag from the telescopic handle as the telescopic handle and kit hanger are rated for only one 2.37 gallon (9 l) enema bag (or smaller) at a time.

# QUICK SET UP GUIDE

Conditions of Sale – Please Read Carefully. Lifestream Purification Systems, LLC offers the items described herein for sale at the prices set forth herein. (Prices are subject to revision from time to time and without notice.) Lifestream Purification Systems, LLC offers to sell the products, and all acceptances of such offer by the buyer shall be governed by these Conditions of Sale. Acceptance of delivery of products shall be deemed as an agreement to these terms and conditions.

Lifestream Purification Systems, LLC ships products in accordance with the specifics of your order. If, after delivery and inspection, and BEFORE USE of the products, you determine that the products do not conform to your specifications and are, therefore, unacceptable, please notify us immediately. Lifestream Purification Systems, LLC will either replace the rejected products or materials, or issue a credit or refund minus 5% restocking fee as the exclusive remedy.

DISCLAIMER: Buyer specifically agrees that it is the sole responsibility of the buyer to evaluate and determine what products are appropriate for the buyer's applications. As buyer, you should carefully read all instructions and package information upon receipt of the product and check with your health care practitioner if you are unsure whether a particular product is the right one for you. All specific medical questions and concerns you have about your medical condition, treatment, care, or diagnosis should be presented to your professional health care provider.

#### LIMITED WARRANTY

Lifestream Purification Systems, LLC warrants this product to be free from defects in materials and workmanship. PLEASE NOTE: THE WARRANTY BELOW HAS BEEN DRAFTED TO COMPLY WITH FEDERAL LAW APPLICABLE TO PRODUCTS MANUFACTURED AFTER JULY 4, 1975.

This warranty is extended only to the original purchaser/user of our products.

This warranty gives you specific legal rights and you may also have other legal rights which vary from state to state.

Lifestream Purification Systems, LLC warrants this product to be free from defects in materials and workmanship for one year for the original purchaser. If within such warranty period any such product is proven to be defective, such product shall be repaired or replaced, at Lifestream's option. This warranty does not include any labor or shipping charges incurred in replacement part installation or repair of any such product. Lifestream's sole obligation and your exclusive remedy under this warranty shall be limited to such repair and/or replacement.

For warranty service, please contact the manufacturer or dealer from whom you purchased your Lifestream product. In the event you do not receive satisfactory warranty service, please write directly to Lifestream Purification Systems, LLC at the address given below. Provide the dealer's name, address, model number, date of purchase, and indicate nature of the defect.

Lifestream Purification Systems, LLC requires that you obtain a Return Authorization prior to your returning any product. The defective unit or parts must be returned for warranty inspection using the serial number, when applicable, as identification within thirty (30) days of return authorization date. DO NOT return products to our factory without our prior consent as indicated by Lifestream's issuing of a Return Authorization. C.O.D. shipments will be refused—so please be sure you prepay shipping charges.

LIMITATIONS AND EXCLUSIONS: THE FOREGOING WARRANTY SHALL NOT APPLY TO SERIAL NUMBERED PRODUCTS IF THE SERIAL NUMBER HAS BEEN REMOVED OR DEFACED; IF PRODUCTS HAVE BEEN SUBJECT TO NEGLIGENCE, ACCIDENT, IMPROPER OPERATION, MAINTENANCE OR STORAGE; IF PRODUCTS HAVE BEEN MODIFIED WITHOUT LIFESTREAM'S EXPRESS WRITTEN CONSENT INCLUDING, BUT NOT LIMITED TO, MODIFICATION THROUGH THE USE OF UNAUTHORIZED PARTS OR ATTACHMENTS; IF PRODUCTS HAVE BEEN DAMAGED BY REASON OF REPAIRS MADE TO ANY COMPONENT WITHOUT THE SPECIFIC CONSENT OF LIFESTREAM; IF A PRODUCT HAS BEEN DAMAGED BY CIRCUMSTANCES BEYOND LIFESTREAM'S CONTROL; OR IF PRODUCTS HAVE BEEN REPAIRED BY ANYONE OTHER THAN A LIFESTREAM DEALER. SUCH EVALUATIONS WILL BE DETERMINED SOLELY BY LIFESTREAM. THE WARRANTY SHALL NOT APPLY TO PROBLEMS ARISING FROM NORMAL WEAR OR FAILURE TO ADHERE TO THESE INSTRUCTIONS.

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