



Questions To Ask Your Doctor Prior To Starting Club Foot Treatment

PRE-DOCTOR INTERVIEW:

(Use these questions to assess a Doctor in determining if they are best suited for you and your child's treatment)

How many clubfoot children are you treating at the time? _____

How were you taught to treat club foot? _____

Did you apprentice alongside another Doctor specifically for the treatment of club foot?

If yes, who? _____

What was their experience treating club foot? _____

What has the outcome been of those who you have treated for club foot?

Are they pain free? _____

What if your relapse rate? _____

Do you have designated club foot clinic days? Yes or No

Is yes, what are they? _____

What are the hours? _____

What method of treatment do you follow for the treatment of club foot?

Ponseti

French Functional

Cunningham Brace

(Ponseti Method only: Do you vary from the Ponseti Method?)

If yes, how & why? _____

What method do you use to score the severity of the clubfoot? *(Circle one)*

Piranri Method or Dimeglio/Bensahel Method

Expected treatment length for typical club foot cases?

And timeline? _____

How soon will my child start treatment? _____

When is your ideal time to start the casting process of newborns?

If not right away, what are you're requirements?

Weight? _____ Age? _____

Do you use plaster or soft-roll fiberglass? *(Circle one)*

Plaster or Soft-roll fiberglass

Who casts my child? *(Circle one)*

The Doctor or A Casting Teach

How long can you expect each casting appointment to take?



How many casts do you anticipate? _____

Do you or I (the parent) remove the cast? _____

How do you remove the cast? _____

If a cast slips, how soon should we get in for an appt? _____

Do we take it off at home? _____

If I notice a swelling foot what should I do? _____

What do you recommend for the top of the cast pinching, rubbing, or chaffing?

TENOTOMY

Do you preform your tenotomies under general or local anesthesia? (*circle one*)

General or Local anesthesia or Nothing

How long do you keep the children you treat in their post-tenotomy cast?

Why type of tenotomy do you perform? _____

What type of scar/incision can we expect? _____

What type of stitches do you use? _____

BRACING

How long for 23 hour wear? _____

What boots and bars do you use? _____

If your initial bar recommendation is a Ponseti (stationary) bar, what is your view of using a Dobbs bar?

Does the orthotist come here (to the Doctor's office), or do I have to go to the orthotists' office? _____

How long do you anticipate my child wearing BNB? _____

What do you recommend for blisters, red spots, bruising, pressure sores, etc...?

RELAPSE

What relapse rate do you see of your patients? _____

How do you treat relapse? _____

COST

What are your fees? _____



Per appointment: _____ Per cast: _____

Per cast removal: _____ Tenotomy: _____

Boots: _____ Bar: _____

Follow up Appointments: _____

(or) Total Cost: _____

OTHER

How do you feel about additional therapies: stretches, chiropractic, physical therapy, acupuncture, kinesiotaping?

Do you offer any parent support programs for club foot families?

Ease of contacting your office or you directly?

What is your emergency phone number: _____

FIRST CASTING APPOINTMENT:

CHECKLIST OF ITEMS TO BRING

- Baby dressed in a onesie**
- Hungry Baby**
- Baby Tylenol**
- Soother**
- Extra wipes**
- Leg warmers**
- Camera**
- Distractions/Toys**
- Patience & Love**

QUESTIONS TO ASK

What is the severity of my child's club foot? _____

What method are you using to score their feet? _____

How many casts do you foresee? _____