

**Suggested Usage:** As a dietary supplement, adults take 6-12 capsules per day, 45 minutes before meals, or as directed by a healthcare professional.

GLUTEN FREE  
Produced at a GMP  
Certified facility.

**KEEP OUT OF REACH  
OF CHILDREN**

Store in a cool, dry place  
and away from direct light.

Manufactured For:  
**HB Pharmacy**  
98 Ridge Road  
North Arlington, NJ 07031  
201-997-2010



**GASPAR'S  
BEST**  
hbpharmacy.com

# Crave Control

Professional Grade  
Dietary Supplement

**180 Capsules**

## Supplement Facts

Serving Size: 8 Capsules

Servings Per Container: 22.5

	Amount Per Serving	%DV*
Vitamin C (ascorbic acid)	600 mg	1000%
Vitamin B6 (as pyridoxal-5-phosphate)	50 mg	2500%
Folic Acid	400 mcg	100%
Calcium (from calcium citrate)	168 mg	17%
Magnesium (from magnesium citrate)	150 mg	38%
Chromium (from chromium picolinate)	1 mg	833%
DL-Phenylalanine	2 g	**
L-Tyrosine	1.5 g	**
L-Glutamine	750 mg	**
<i>Rhodiola rosea</i> Root Extract [standardized to 3:1 ratio of 3% rosavins and 1% salidroside]	200 mg	**
L-5-Hydroxytryptophan(L-5-HTP)	150 mg	**

\* Percent Daily Value (%DV) based on a 2,000 calorie diet.

\*\* Daily Value (%DV) not established.

**Other Ingredients:** Gelatin (capsule), magnesium stearate,  
and silicon dioxide.

**Caution:** If you are pregnant, nursing, or taking other medications, consult your healthcare professional before use.