

# Patient Medication List

## for the Caregiver's Records



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1-855-879-2366



**K**eeping your patient's medication history, dosage, reactions, and schedule in one place is extremely important when you are a caregiver. As a caregiver, your job is busy. You are constantly monitoring, assisting, dosing, and caring for someone. Using tools like this **patient medication list** are just another way to keep your day straight when aiding someone.

Don't leave life-altering situations such as medication dosage up to chance. Your patient's life and your job as a caregiver depend on keeping your patient's affairs straight.

Finnegan is here to provide tools for the caregiver. We know how busy caring for someone — either professionally, or personally — makes you. Use our tools to get the information out of your mind, and onto paper. This keeps your patient safe in case you are not available for care, and it keeps you safe by noting when and how you have given medication to your patient.

The first step to ensuring proper compliance with your patient is to keep a list of all prescribed and

over-the-counter medications (including vitamins and supplements) along with dosage information.

List the name of the medication, dose, when to take it, how often to take it, any interactions, any allergies, why it is taken, who prescribed it, who the pharmacist is who filled it, the pharmacist's phone number, when the dosage was started, and when it will end.

Bring this list with you to every doctor and pharmacy visit. It is easier to take the notes when the appointments are happening, rather than wait until later. This also helps you with any confusing directives and dosing. If you have questions, ask them then and there while you are with the doctor, nurse, or pharmacist.

Another important step to keeping your patient's medications straight is to always use the same doctor or doctor's office when possible. In cases of seeing specialists, make sure the general physician knows what the specialist prescribed and recommended (and vice versa). Using the same pharmacy every time also prevents confusion, drug interactions, drug misuse, and error.

# Patient Medication List and Directives



Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Pharmacy and Phone: \_\_\_\_\_

General Physician: \_\_\_\_\_ Specialist Physician: \_\_\_\_\_

Specialist Physician: \_\_\_\_\_ Specialist Physician: \_\_\_\_\_

Drug Name	Generic or Name Brand?	Start and Stop Dates	Dosage	Frequency	Prescribed by	Interactions or Precautions	Side Effects	Why does Patient Take it?	Description of Pill or Liquid