



The **Incontinence Assessment** **Guide** for Caregivers

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Does your patient suffer from urinary or bowel incontinence?

To what degree?

Do you know what kind of incontinence supplies would best serve your patient?

Let **Finnegan Medical Supply** help answer your questions to make your life as a caregiver easier and your patient's life better.

Take this easy quiz with or without your patient to find out what incontinence supplies he or she needs.

For the quiz, please answer with a number from **1 to 5**, with **1** being "few, rare, or infrequently" to **5** being "always, often, or regularly."

[Finnegan Medical Supply is available to help you find the right product for your patient](#) within the absorbency recommendations from this quiz. We have been in the medical supply business since 1984 and are a company you can trust to provide the products you need and ship them discreetly to your door.

Please remember that this quiz is a guide to provide suggestions but does not take the place of a medical professional's evaluation of your patient's physical health and incontinence issues. Talk with your patient's doctor about any medical concerns and medical supplies you think will benefit your patient.



1) Patient's Urinary Control:

Please answer the following with a number from 1 to 5.

Patient has bladder Issues: _____

Patient has urinary leaks when they sneeze, laugh, or cough: _____

Patient has trouble getting to the toilet on time during the day: _____

Patient has trouble getting to the toilet on time at night: _____

Patient has bladder leaks 1-2 times a day: _____

Patient has bladder leaks more than 2 times per day: _____

Patient has no control over their bladder: _____

2) Quantity of Bladder Leaks:

Please answer the following with a number from 1 to 5.

Patient has no wetness: _____

Patient has small dribbles or leaks: _____

Patient has medium leaks, but can stop the flow of urine: _____

Patient has no control of voids and completely empties bladder: _____

3) Patient's Bowel Control:

Please answer the following with a number from 1 to 5.

Patient has bowel Issues: _____

Patient has bowel leaks when they sneeze, laugh, or cough: _____

Patient has trouble getting to the toilet on time during the day: _____

Patient has trouble getting to the toilet on time at night: _____

Patient has diarrhea regularly: _____

Patient has no control over their bowel: _____



4) Patient's Ability to Use the Toilet or Commode:

Please answer the following with a number from 1 to 5.

Patient makes it to the toilet in time: _____

Patient can sit and rise from the bed/toilet (with or without assistance): _____

Patient is bed-bound or immobile: _____

5) Patient's Level of Incontinence Awareness:

Please answer the following with a number from 1 to 5.

Patient is aware when bladder or bowel needs emptying: _____

Patient is easily confused: _____

Patient is aware when they have had an accident: _____

6) Patient's Diaper-Area Skin Health:

Please answer the following with a number from 1 to 5.

Patient's groin and buttock skin are healthy: _____

Patient's groin and buttock skin have open sores or ulcers: _____

Patient's groin and buttock skin are sensitive: _____

Patient has skin allergies: _____



Please Add Up Your Responses Below:

"1"s or "2"s _____ "3"s or "4"s _____ "5"s _____

If most of your answers are "5"s:

Your patient needs **Heavy-Absorbency to Maximum-Absorbency** incontinence products. Look into adult diapers, as they are more absorbent than disposable underwear or bladder pads. You may need to add booster pads to the diapers or have the patient wear night-time specific diapers at night. Your patient could benefit from the extra protection of bed pads (also known as chux or underpads).

It is very important to keep your patient's skin dry and clean with this level of incontinence. Adult wipes or incontinence washcloths are an easy way to clean the skin when changing the diaper. You can treat diaper rash with maximum-strength ointments available in our [Skin Care & Protection section](#).

If most of your answers are "3"s or "4"s:

Your patient needs **Medium-Absorbency** incontinence products. They may need heavier absorbency products at night or during and after meals. A pull-up or disposable underwear will work for your patient for both day and night as long as your patient is able to pull the disposable underwear up and down on his own. If your patient can not pull the pull-ups up by himself, look into diapers that you put on your patient.

It is very important to keep your patient's skin dry and clean with any level of incontinence. Adult wipes or incontinence washcloths are an easy way to clean the skin when changing the diaper. You can treat diaper rash with maximum-strength ointments available in our [Skin Care & Protection section](#).

If most of your answers are "1"s or "2"s:

Your patient needs **Light- to Medium-Absorbency** incontinence products. Your patient will be fine wearing bladder pads or disposable underwear as long as they can pull them up and down by themselves. Bladder pads come in all thicknesses to work with incontinence on a lesser or occasional level and many people find them convenient if they still travel on their own.

It is very important to keep your patient's skin dry and clean with any level of incontinence. Adult wipes or incontinence washcloths are an easy way to clean the skin when changing the diaper. You can treat diaper rash with maximum-strength ointments available in our [Skin Care & Protection section](#).



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