

The Best Eco-Friendly Cleaning Products To Add To Your Shopping List

Switching to eco-friendly cleaning products is essential for the sake of our environment and our health.

BY NIKOLINA ILIC | MAR 22, 2024



Have you ever read the ingredient label of your home cleaning products? Well, you probably should — because it’s fair to wonder whether all those chemicals listed on your go-to cleaning products are, well, actually safe to inhale or wash down your drain.

According to the World Health Organisation, 3.2 million people each year die prematurely from illnesses attributable to household air pollution. This is caused by combustion of solid fuels and kerosene used for cooking — which I admit would not be a problem for 99 per cent of Australians but is a stark reminder for why we need to be careful of what’s in the air in our house.

Ammonia, phthalates and volatile organic compounds are all common ingredients in cleaning products that have been linked to respiratory illnesses such as asthma and other more serious conditions. University of Melbourne research also found one-third of Australians suffer from migraine headaches to asthma attacks when exposed to the fragrances found in consumer products like air fresheners, cleaning products, laundry supplies and personal care products.

Since you don’t have to love scrubbing your shower, but you do have to do it (welcome to being an adult), you might be interested in making the process a little, let’s just say, cleaner, by turning to natural cleaning products.

Ready to cut those toxins from your life and clear those cobwebs from your closets? Here are our picks for the best eco-friendly home cleaning products you can buy in 2024. Because switching to eco-friendly home cleaning products is not only essential for the sake of our environment, but also our health.

Best eco-cleaning products



Best Kitchen Spray

Koala Eco Multi-Purpose Kitchen Cleaner

Koala Eco's multipurpose kitchen cleaner spray is natural and non-toxic yet powerful enough to kill 99.9% of all germs. It's free from synthetic fragrances and in place of those nasties, it uses natural essential oils to deodorise and leave your kitchen smelling citrusy fresh.

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Best Non-Chlorine Laundry Bleach

Koala Eco Oxygenated Bleach

This unscented bleaching product cleans without damaging items, and is colour-safe for clothing. It is also free from harsh substances like chlorine, yet successful at killing bacteria. Not only that, it is biodegradable and septic safe, and effective at any water temperature you choose.

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