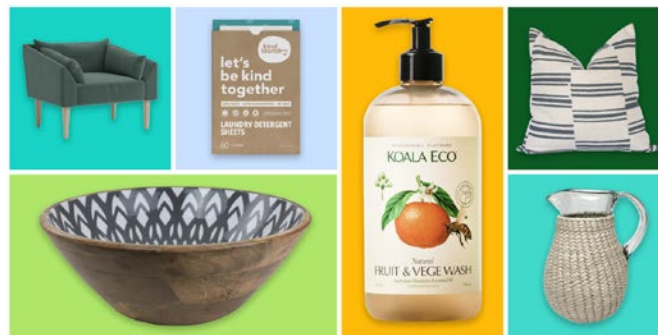




36 Eco-Friendly Products to Help You Live Sustainably Every Day

These picks can help you lessen your impact on the environment.

By [Lucia Vinuales](#) and [Arielle Tschinkel](#) Updated: Apr 23, 2024 10:09 AM EDT



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Now that Earth Month is here, there is no better time to start adding more sustainable practices into your everyday life. Aside from the basic habit of recycling your household trash, there are lots of different products that can help you become [more eco-savvy and sustainable](#) at home and beyond.

You know our favorite [sustainable fashion brands](#), but now we're looking beyond that to everyday products. From sustainable dining accessories, including practical [reusable straws](#) made from 100 percent stainless steel or [dinner plates](#) that are BPA- and phthalate-free, there are plenty of sustainable options to choose from that can elevate your home and improve your everyday routine. The impact doesn't stop there: Most of these brands even participate in partnerships that support the environment or implement "give back" programs as part of their corporate social responsibility initiatives.

If you are *still* unconvinced, here are a few more points to consider:

- Of the [20 to 50 million metric tons of electronic waste each year](#), only 11.4 percent is recovered, and even less than this amount is actually recycled in the end.
- We could save [\\$26 trillion by 2030](#) if we switch to sustainable living.
- According to [Green Print](#), 77 percent of Americans are concerned with the environmental impact of products purchased.
- However, [only 22 percent of consumers](#) have already actively made changes to be more eco-friendly, according to themselves.

If you're not already a part of this number but want to help save our environment and protect our planet, check out more than three dozen brands that put sustainability first! We've roped in [Rae Ann Herman](#), Oprah Daily's market director, for some of her favorite items, too. With all these products, this is proof positive that you don't have to sacrifice quality and still do right by Mother Earth.



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BEST PRODUCE WASH

Koala Eco Natural Fruit & Vegetable Wash

\$18 AT AMAZON

CREDIT: KOALA ECO

Washing your fresh fruits and vegetables is essential, which is why Herman loves this plant-based product to get rid of residual pesticides, oils, waxes, and agricultural chemicals from fruit and vegetables. Made from just four ingredients (including water), there's no harsh fragrances or additives. Instead, you'll get natural surfactants and mandarin essential oil that leave no residue or aftertaste on your produce.