

[Home](#) > [Small Changes](#) > [Living](#)

7 Pregnancy-Safe Cleaning Products That Are Non-Toxic and Eco-Friendly



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Pregnancy doesn't stop household chores from being done. But, expecting mothers may be hesitant to reach for a bottle of bleach or detergent when cleaning around the house.

"Potentially toxic substances that get into your blood circulation by swallowing, inhalation, or absorption from the skin may cross this fine placental barrier to the fetus," Ronald M. Caplan, M.D. told **What to Expect** — therefore, many expectant moms may be on the hunt for **pregnancy-safe cleaning products** that are non-toxic.

Whether you're scrubbing the bathroom, washing dishes, or doing laundry, *Green Matters* has rounded up a list of our favorite green products that will leave both you (and your baby) feeling happy and healthy. Check out our list below.

Here are 7 pregnancy-safe cleaning products to use in your home:

While most cleaning products are generally safe to use while pregnant, some may contain harmful chemicals that could be hazardous to the health of you and your baby. Instead, here are our favorite alternative products that you can feel safe using while pregnant.

4. Koala Eco Natural Floor Cleaner



SOURCE: KOALA ECO

Are you searching for a pregnancy-safe product to clean your hardwood floors? **Koala Eco cleaner** is natural and non-toxic and made without dyes, synthetic perfumes, chlorine, bleach, sodium laurel sulfates, and phosphates.

Plus, it's scented with fresh aromas of mandarin and peppermint — yum.