



HERBAL SKIN  
SOLUTIONS

# CHEMICAL PEEL PORTFOLIO



HERBAL SKIN SOLUTIONS CHEMICAL PEELS ARE SPECIALLY FORMULATED TO MANAGE SPECIFIC SKIN NEEDS RANGING FROM PHOTOAGING TO SKIN DISCOLORATIONS AND TEXTURE CHALLENGES.

A COMPREHENSIVE, CUSTOMIZABLE RANGE OF EPIDERMAL PEELS TO IMPROVE THE HEALTH AND APPEARANCE OF ALL SKIN TYPES BY STRENGTHENING SKIN STRUCTURE, REDUCING PIGMENTATION, SMOOTHING SKIN TEXTURE AND RESIDUAL SCARS, AND DIMINISHING ACNE.

**PROFESSIONAL  
INTEGRATIONS WITH  
OUR CIT PEN:**

BROAD RANGE OF CHEMICAL PEELS THAT CAN SEAMLESSLY INTEGRATE INTO OUR CIT CLIENT TREATMENT PROTOCOLS.

**CUSTOMIZABLE  
TOOLS:**

WE HAVE A FULL PORTFOLIO OF PRODUCTS THAT CAN BE INTEGRATED TO TAILOR TREATMENTS AS THE NEEDS OF EACH CLIENT EVOLVE.

# *HERBAL SKIN SOLUTIONS PEEL TECHNOLOGY*

Herbal Skin Solutions Chemical Peel Portfolio blends biotechnology with organic, natural ingredients to deliver you a fully comprehensive portfolio of targeted technologies that improve skin directly at the source of its challenges.

## **AHAs**

### **MANDELIC ACID**

Mandelic Acid is in the family of AHA's that includes glycolic (sugar cane), lactic (sour milk), malic (apples), tartaric (grapes) and aromatic acids of mandelic (bitter almonds). They are predominantly favored for their powerful anti-aging and pigmentation lightening benefits. Mandelic acid is one of the larger molecules in the AHA family, making it appropriate for all skin types, including sensitive skin.

### **GLYCOLIC ACID**

Glycolic acid is the smallest of the AHA family, and is both oil and water soluble, making it capable of efficient skin penetration and long-term skin rejuvenating benefits. Glycolic acid has an immediate effect for texture and skin discoloration improvements.

### **LACTIC ACID**

Lactic acid is a hygroscopic acid that binds water. It has an immediate hydrating and plumping effect on skin. It also has a significant ability to inhibit melanin transfer from the melanocyte to the keratinocyte. This makes it the ideal peeling agent for aged skin experiencing lack of moisture, dehydration, and hyperpigmentation.

### **MALIC ACID**

A powerful AHA that helps enhance the activity of other AHA's in a chemical peel blend while polishing the skin surface for an immediate, radiant glow.

### **MECHANISM OF ACTION**

AHA's work by reacting with the upper layer of the epidermis, weakening the binding properties of the lipids that hold dead cells together, dissolving those cells to reveal underlying, smoother and more even skin. They are most efficient in solutions where the pH is lower than 3.0.



## **SKIN BRIGHTENING TECHNOLOGIES**

### **KOJIC ACID**

Kojic acid is a universal skin brightener that inhibits melanin production in the melanocyte, and inhibits melanin transfer from the melanocyte to the keratinocyte. It has been clinically proven as more effective than hydroquinone in lightening skin discolorations.

### **LICORICE**

Licorice is the perfect lightening partner for kojic acid with specific, targeted mechanisms of action at the melanocyte in the epidermis.

### **BEARBERRY**

Bearberry helps licorice extract and kojic acid work better at targeting photodamage and skin discolorations.

### **VITAMIN C**

Vitamin C targets free radical accumulation, collagen production, and visible surface discolorations. Synergistic combinations of these ingredients, blended with the right acids, give powerful results by enhancing skin penetration and biological activity.



# *HERBAL SKIN SOLUTIONS CUSTOMIZABLE PEEL PORTFOLIO*

## **EXCLUSIVE TECHNIQUES FOR CUSTOMIZATION**

At Herbal Skin Solutions, we believe that each and every client presents with unique needs, and a one-size-fits-all approach is no longer the standard of care. With our customizable portfolio, we provide a broad range of treatment options that allow the successful treatment for the majority of skin concerns.

We provide options for increased peeling, minimized peeling, enhanced penetration, enhanced rejuvenation, and accelerated wound healing.

The benefits of customizing peel treatment for your clients:

Provides a treatment that meets the unique needs of each of your clients. Gives you complete control over downtime, speed of treatment and results, and clinical outcomes.

## **For Increased Peeling: NEW RETINOL OVERNIGHT PEEL - *RELEASE DATE 4/15/20***

- THIS CONCENTRATED BOOSTER enhances epidermal strength for deeper exfoliation
- SPECIALLY FORMULATED to provide more comprehensive shedding to your chemical peel of choice
- Key Benefits:
  - Increases healthy epidermal thickening
  - Reduces skin discoloration
  - Enhances clarity
  - Excellent option for enhanced scar and texture improvements
  - Applied immediately post Herbal Skin Solutions Chemical Peel

## **For Increased Penetration but Less Epidermal Shedding: DERMAPLANING**

- HIGHLY-EFFICIENT PHYSICAL EXFOLIATION safely clears away superficial skin layers and fine vellus hair for more efficient peel performance
- SPECIALLY DESIGNED as a gentle abrading treatment with no adverse effects
- KEY BENEFITS:
  - Diminishes appearance of dry fine lines
  - Increases absorption rate of chemical peels
  - Prevents significant post-peel shedding to minimize downtime
- PERFORMED before Herbal Skin Solutions Epidermal Peels

## **For Accelerated Skin Rejuvenation and Enhanced Texture Management: CIT TREATMENT**

- HIGHLY EFFECTIVE INDUCTION THERAPY that significantly boosts the skin rejuvenation process
- SPECIALLY DESIGNED to work synergistically with our peel portfolio to address significant skin texture and laxity challenges
- KEY BENEFITS:
  - Improves skin texture
  - Enhances the results of the chemical peel



### **For immediate post-treatment soothing: HERBAL SHEET MASK**

- SOOTHING MASQUE absorbs heat to replenish and calm skin post-peel application
- SPECIALLY DESIGNED to alleviate discomfort and provide relief to compromised skin
- KEY BENEFITS:
  - Creates continuous cooling and soothing
  - Replenishes and provides immediate relief to compromised skin
  - Reduces heat sensation following procedure
- PERFORMED post Herbal Skin Solutions Peels

### **PROTOCOL OPTIONS FOR CUSTOMIZATION**

#### **PRE PEEL PREP**

- DERMAPLANING – gentle abrading treatment for all skin to optimize peel performance

#### **TREATMENT**

- CHEMICAL PEELS

#### **POST PEEL THERAPIES**

- CIT TREATMENT
- Herbal Sheet Mask – for immediate heat reduction
- Conditioned Media: for the ultimate level of skin rejuvenation, continued cellular renewal and accelerated healing response of skin

### **CUSTOMIZED HOMECARE TO MAINTAIN ENHANCE AND PEEL RESULTS**

There are significant benefits to combining chemical peels with CIT treatments. CIT creates controlled microchannels in skin, allowing for enhanced infusion of our combination peel treatments into skin, providing targeted results directly at the source of the skin problem. CIT can be used as a spot treatment for stubborn areas, or as a full-face enhancement to help improve the efficacy of our chemical peels.



# *HERBAL SKIN SOLUTIONS PEELS: WHAT YOU NEED TO KNOW*

## **Pre-treatment Instruction**

- All patients should fill out and sign health history and consent forms provided by the clinic or spa.
- Prior to treatment, it is suggested that the provider offer a full consultation of expectations, possible side effects, benefits, post-care instructions, and treatment plan goals with their client. This process is referred to as the informed consent. Possible contraindications and photo-sensitizing medications should also be reviewed prior to treatment. Post-treatment client cooperation is vital.
- If patient has no contraindications and agrees to the treatment plan, you may proceed. Keep copies of all forms signed by the client for your records.
- Client should avoid direct sun exposure and tanning beds for at least 4 weeks pre and post treatment. SPF 30+ UVA/UVB Broad spectrum is recommended daily.
- Client should avoid waxing, Retin-A, chemical peels and harsh exfoliants 3-5 days prior to treatment.
- Client should avoid injections, fillers and Botox 2 weeks prior to treatment.
- Client should avoid microblading, permanent makeup procedures, IPL, laser or cosmetic surgeries at least 1 month prior to and following treatment.
- Client should avoid working out the day of treatment and days following until all redness and sensitivity completely subsides.
- If client is prone to Herpes Simplex/cold sores, you refer them to their medical care provider for an antiviral prescription to avoid any breakouts post treatment.
- Please note: A test patch performed behind the ear 24 hours prior to treatment to reduce the risk of adverse reactions is ideal.

## **Supplies You May Need**

- Gloves
- Disposable woven 4X4's
- Disposable glycolic applicators
- Disposable hair net (if working on face)
- Sterile Towel Drape to protect bed coverings
- Herbal Skin Solutions Neroli Repair Oil
- Herbal Skin Solutions Hydrating Herbal Cleanser
- Herbal Skin Solutions pH Balancing Toner
- Professional Prep Solution
- Mandelic 25% Pro-Glow Peel or Brightening Solution
- Neutralizer Solution
- Herbal Skin Solutions Vitamin C Enhancement Serum or EGF Cellular Activator
- Herbal Skin Solutions Daily Tinted Moisturizer

## **During the Procedure:**

It is important to note that while there is a recommended amount of time to leave the peel on skin, the peel should always be closely monitored, and removed immediately in the event of any suspected adverse reaction.

Please note: *If customizing the Herbal Skin Solutions chemical peel with the addition of treatments such as dermaplaning or CIT treatment, the physical penetration of the peel is potentially accelerated, which means that the peel is going deeper and acting faster. It is recommended not to use these customization means for those having an HSS chemical peel for the first time. Please have neutralizer ready in the event of any adverse reaction that takes place from any of these customization options.*



**Remove the peel completely if:**

- Hot spots occur
- Frosting or epidermolysis occurs
- Normal discomfort turns to moderate pain
- Moderate to severe swelling occurs
- Visible changes in skin pigmentation occur, either hyper- or hypo- pigmentation, or both simultaneously

**When to neutralize the peel:**

Peel should be neutralized by whichever occurs first:

- Maximum time limits of the peel
- Uniform, mild flushing on skin, which indicates the peel endpoint
- In the event of any adverse reactions listed above
- Strong to extreme discomfort exhibited by the client

To avoid potential complications when neutralizing, don't rub or abrade the skin. Use gentle rolling, patting motions.

*\*\*If an unexpected allergic response appears, neutralize and remove the peel immediately. Contact a physician immediately.*

**What to expect post treatment:**

- Day 1: Skin will be erythematous and flushed after treatment, depending on the intensity of treatment. The client may experience some flaking, but generally there is no peeling associated with Herbal Skin Solutions Professional Peels. Skin may feel tight and dry. Skin is sensitized to UVA/UVB rays.
- Day 2: A red or pink hue may persist like moderate sunburn. Skin may feel dry and tight. The treated area will be sensitized to UVA/UVB rays. Client may wear broad spectrum sunscreen w/ minimum SPF 30 and makeup (if needed) the following day.
- Day 3: Skin can be pink or normal color. The skin can feel dry and/or tight. A slight outbreak of acne or milia (tiny white bumps) is possible. Light flaking can occur in about three days and will be replaced with fresh new skin.

**Contraindications for Chemical Peels****Avoid Chemical Peels in the following cases:**

- Retinoid use within 3 days prior to the chemical peel. Using Herbal Skin Solutions Retinol is okay post-peel to enhance the peeling effects
- Herpes simplex virus
- Accutane use within 6 months
- Compromised skin, rosacea, eczema, or psoriasis is present
- Allergies to nuts or any other ingredient found in HSS peels



# HERBAL SKIN SOLUTIONS

## PEEL PROTOCOLS

### Mandelic 25% Pro-Glow Peel Protocol

pH 2.5

This versatile AHA peel can target multiple skin care concerns, such as uneven skin tone, post-inflammatory hyperpigmentation and breakouts. Mandelic acid is also considered safe for all Fitzpatrick types, and gentle enough for sensitive skin. Derived from bitter almonds, this gentle exfoliation treatment can improve skin texture and tone while providing antibacterial properties, making it ideal for oily and acne-prone skin.

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#### About:

- Key Active Ingredient: Mandelic Acid 25%
- pH: 2.5
- Peel Depth: Very Superficial
- Treatment Time: 1-3 minutes
- Treatment Frequency: Series of 6, 10 days apart
- Treatment Removal: Neutralizer
- Can it be layered with other peels and treatments? Yes
- Indications: Rough tone and texture, dehydration, prep for microneedling treatments
- Fitzpatrick Types: All

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Ingredients: Purified Water, SD Alcohol, Mandelic Acid, Propylene Glycol.

*\*Mandelic acid is derived from bitter almonds. Do not use on clients with nut allergies*

#### Prep:

- Take clear before photos in a designated area with consistent lighting at various angles and concentrating on areas of concern, such as hyperpigmentation, uneven texture, fine lines and wrinkles.
- Pre-cleanse using the Neroli Repair Oil followed by cleansing with the Hydrating Herbal Cleanser. Thoroughly cleanse the skin of all dirt, oil, makeup & debris. Remove with a lukewarm towel or disposable sponges.  
*\*Microdermabrasion, Dermaplane and AnteAGE Regenzyme may be administered after cleansing as part of an enhanced exfoliation treatment (assuming these treatments alone and combined are considered within your scope of practice per your State Board of Regulation)*
- Apply Professional Prep Solution to skin with a woven 4x4. Let skin dry completely.
- Using a cotton swab, apply a small amount of Vaseline or other occlusive to the inner and outer canthus of the eye, nasal openings, and the vermillion border.

#### Treat:

- Apply a thin, even veil of Mandelic 25% Pro-Glow Peel to a glycolic applicator and quickly apply evenly to the area being treated, in gentle, circular motions, avoiding over the eyelids, around the ears, corners of the nose and corners of the mouth.
- Mandelic 25% Pro-Glow Peel may be left on for 1-3 minutes depending on clients comfort level and skin condition. It is suggested in their first treatment to leave on for 1 minute and working up to 2-3 minutes in following sessions. Do not exceed 5 minutes with this peel.  
*\*You can use a hand held fan over the treated skin after applying the peel to reduce client discomfort. The peel may feel “active” and tingly for some clients so it is important to check in with them often after the peel is applied to make sure they are comfortable.*





### Neutralize:

- Once you are ready to remove the peel, whether by time or clinical endpoint, rinse the skin with cold water. Next apply Neutralizer Solution evenly across the treated area. After neutralizing is complete, the client should not feel any discomfort.  
*\*If hot spots appear, or extreme redness or stinging persists, wash the area being treated immediately and thoroughly with cold water. Pat the skin dry with cotton or tissue(no rubbing)*
- After the peel has been neutralized completely, apply pH Balance toner to restore the skin's natural pH level.

### Immediately Post Treatment:

- Remove gloves and take after photo in the same spot, same angles and same lighting as the before photos for comparison (this step is preferred before applying a tinted moisturizer so you can see the client's true complexion)
- Apply the Herbal Skin Solutions Vitamin C Enhancement Serum or EGF Cellular Activator, specific to skin type.
- Apply SPF 30 & Daily Tinted Moisturizer before client leaves the treatment room for protection against harmful UVA/UVB rays.  
*\*A hat, scarf, clean sunglasses and/ or solar shield visor may also be worn prior to client leaving the treatment room during daytime hours for extra sun protection.*
- Provide client with home care products based on their specific concerns.



## **Mandelic 25% Pro-Glow Peel w/ Nano-Infusion**

**pH 2.5**

This versatile AHA peel can target multiple skin care concerns, such as uneven skin tone, post-inflammatory hyperpigmentation and combating breakouts. Considered safe for all Fitzpatrick types and gentle enough for sensitive skin. Partnered with Nano-Infusion, this gentle exfoliation can improve skin texture and tone with continued treatments while providing antibacterial properties for acne-prone skin and increase product absorption of active ingredients by up to 97%.

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### About:

- Key Active Ingredient: Mandelic Acid 25%
  - pH: 2.5
  - Peel Depth: Very Superficial
  - Treatment Time: 1-3 minutes
  - Treatment Frequency: Series of 6, 10 days apart
  - Treatment Removal: Neutralizer
  - Can it be layered with other peels and treatments? Yes
  - Indications: Rough tone and texture, dehydration, prep for microneedling treatments
  - Fitzpatrick Types: All
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Ingredients: Purified Water, SD Alcohol, Mandelic Acid, Propylene Glycol.

*\*Mandelic acid is derived from bitter almonds. Do not use on clients with nut allergies*

### Prep:

- Take clear before photos in a designated area with consistent lighting at various angles and concentrating on areas of concern, such as hyperpigmentation, uneven texture, fine lines and wrinkles.
- Pre-cleanse using the Neroli Repair Oil followed by cleansing with the Hydrating Herbal Cleanser. Thoroughly cleanse the skin of all dirt, oil, makeup & debris. Remove with a luke warm towel or disposable sponges.  
*\*Light exfoliation such as Microdermabrasion, Dermaplane and AnteAGE Regenzyme may be administered after cleansing as part of an enhanced exfoliation treatment (assuming these treatments alone and combined are considered within your scope of practice per your State Board of Regulation)*
- Apply Professional Prep Solution to skin with a woven 4x4. Let skin dry completely. Using a cotton swab, apply a small amount of Vaseline or other occlusive to the inner and outer canthus of the eye, nasal openings, and the vermillion border.

#### Treat:

- Apply Mandelic 25% Pro-Glow Solution to a glycolic applicator and quickly apply evenly to the area being treated, in gentle circular motions (avoiding over eyelids, around the ears, corners of the nose and corners of the mouth. To avoid getting product on these sensitive areas, you may choose to occlude with vaseline).
- Mandelic 25% Pro-Glow Solution may be left on for 1-3 minutes depending on clients comfort level and skin condition. It is suggested in their first treatment to leave on for 1 minute and working up to 2-3 minutes in following sessions.
- Ensure your microneedling pen has a full battery and place protective sleeve over your device. Set CIT Pen to 0.25mm before inserting your cartridge. Choose Nano Silicone or Nano Surgical Steel disposable cartridge, depending on client's desired results. With top of pen facing upward, insert sterile Nano cartridge spiral side down, until the cartridge is flush with the device. Once the cartridge is flush, twist clockwise until you feel the grooves interlocking into place. Be sure cartridge is fully secure with no wiggle room. This will ensure it does not pop off during treatment. Place your protective sleeve over your device. To power your device on, hold the power button down for 2-3 seconds until you feel your device power up. Press power button once to change through the various speed settings.
- Grip the CIT Pen lightly, as you would glide a pen. Holding skin taut, place the pen on the skin working in cross hatch or small circular motions on desired depth. The skin may still be wet from the peel application, use this as your glide. Nano-Infusion will work by penetrating the peel into the stratum corneum to allow for actives to work more effectively. Work 1-3 passes, within the 1-3 minute time frame as listed above, checking in with the client often to assure they are comfortable.

#### Neutralize and Remove:

- Once you are ready to remove the peel, whether by time or clinical endpoint, rinse the skin with cold water. Next apply Neutralizer Solution evenly across the treated area. After neutralizing is complete, the client should not feel any discomfort.  
*\*If extreme redness or stinging persists, wash the area being treated immediately and thoroughly with cold water. Pat the skin dry with cotton or tissue (no rubbing).*
- After the peel has been neutralized completely, apply pH Balance toner to restore the skin's natural pH level.

#### Immediately Post-Treatment:

- Remove gloves and take after photo in the same spot, same angles and same lighting as the before photos for comparison (this step is preferred before applying a tinted moisturizer so you can see the clients true complexion).
- Apply your choice of corrective serum. We recommend the Herbal Skin Solutions Vitamin C Enhancement Serum or EGF Cellular Activator.
- With gloves, apply SPF 30 & Daily Tinted Moisturizer before client leaves the treatment room for protection against harmful UVA/UVB rays.  
*\*A hat, scarf, clean sunglasses and/ or solar shield visor may also be worn prior to client leaving the treatment room during daytime hours for extra sun protection.*
- Provide client with home care products based on their specific concerns.

## Pro-Glow Peel 55% w/ Nano-Infusion Protocol

pH 2.2

A unique blend of naturally derived lightening agents can even skin tone and texture for an overall brighter complexion. Partnered with Nano-Infusion, this gentle blend of plant and fruit extracts will benefit the client's skin by increasing cell turnover, suppressing skin discoloration, enhance moisture levels and increase product absorption of active ingredients by up to 97%.

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### About:

- Key Active Ingredient: Lactic Acid, Glycolic Acid, Malic Acid, Kojic Acid
  - pH: 2.2
  - Peel Depth: Very Superficial
  - Treatment Time: 1-3 minutes
  - Treatment Frequency: Series of 6, 14 days apart
  - Treatment Removal: Neutralizer
  - Can it be layered with other peels and treatments? Yes
  - Indications: Rough tone and texture, dehydration, prep for microneedling treatments
  - Fitzpatrick Types: All
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Ingredients: Bearberry Extract, Diocide, Kojic Acid, Glycolic Acid, Lactic Acid, Licorice Extract, Malic Acid, Purified Water, Sodium Hydroxide, Vitamin C, Xanthan Gum.

### Prep:

- Take clear before photos in a designated area with consistent lighting at various angles and concentrating on areas of concern, such as hyperpigmentation, uneven texture, fine lines and wrinkles.
- Pre cleanse using the Neroli Repair Oil followed by cleansing with the Hydrating Herbal Cleanser. Thoroughly cleanse the skin of all dirt, oil, makeup & debris. Remove with a luke warm towel or disposable sponges.  
*\*Light exfoliation such as Microdermabrasion, Dermaplane and AnteAGE Regenzyme may be administered after cleansing as part of an enhanced exfoliation treatment (assuming these treatments alone and combined are considered within your scope of practice per your State Board of Regulation)*
- Apply Professional Prep Solution to skin with a woven 4x4. Let skin dry completely.
- Using a cotton swab, apply a small amount of Vaseline or other occlusive to the inner and outer canthus of the eye, nasal openings, and the vermillion border.

### Treat:

- Apply Pro-Glow Peel 55% to a glycolic applicator and quickly apply evenly to the area being treated, in gentle circular motions.
- Pro-Glow Peel may be left on for 1-3 minutes depending on client's comfort level and skin condition. It is suggested in their first treatment to leave on for 1 minute and working up to 2-3 minutes in following sessions. Do not leave this peel on for longer than 5 minutes.
- Ensure your microneedling pen has a full battery and place protective sleeve over your device. Set CIT Pen to 0.25mm before inserting your cartridge. Choose Nano Silicone or Nano Surgical Steel disposable cartridge, depending on client's desired results. With top of pen facing upward, insert sterile Nano cartridge spiral side down, until the cartridge is flush with the device. Once the cartridge is flush, twist clockwise until you feel the grooves interlocking into place. Be sure cartridge is fully secure with no wiggle room. This will ensure it does not pop off during treatment. Place your protective sleeve over your device. To power your device on, hold the power button down for 2-3 seconds until you feel your device power up. Press power button once to change through the various speed settings.
- Grip the CIT Pen lightly, as you would glide a pen. Holding skin taut, place the pen on the skin working in cross hatch or small circular motions on desired depth. The skin may still be wet from the peel application, use this as your glide. Nano-Infusion will work by penetrating the peel into the stratum corneum to allow for actives to work more effectively. Work 1-3 passes, within the 1-3 minute time frame as listed above, checking in with the client often to assure they are comfortable.

### Neutralize and Remove:

- Once you are ready to remove the peel, whether by time or clinical endpoint, rinse the skin with cold water. Next apply Neutralizer Solution evenly across the treated area. After neutralizing is complete, the client should not feel any discomfort.  
*\*If extreme redness or stinging persists, wash the area being treated immediately and thoroughly with cold water. Pat the skin dry with cotton or tissue (no rubbing)*
- After the peel has been neutralized completely, apply pH Balance toner to restore the skin's natural pH level.

### Immediately Post Treatment:

- Remove gloves and take after photo in the same spot, same angles and same lighting as the before photos for comparison (this step is preferred before applying a tinted moisturizer so you can see the client's true complexion).
- Apply your choice of corrective serum. We recommend the Herbal Skin Solutions Vitamin C Enhancement Serum or EGF Cellular Activator.
- With gloves, apply SPF 30 & Daily Tinted Moisturizer before client leaves the treatment room for protection against harmful UVA/UVB rays.  
*\*A hat, scarf, clean sunglasses and/ or or solar shield visor may also be worn prior to client leaving the treatment room during daytime hours for extra sun protection.*
- Provide client with home care products based on their specific concerns.



## Pro-Glow Peel 55% Protocol

pH 2.2

This unique blend of naturally derived lightening agents can even skin tone and texture for an overall brighter complexion. Also great for reducing fine lines and wrinkles. This gentle blend of plant and fruit extracts will benefit the client's skin by increasing cellular turnover, inhibit skin pigmentation, enhance moisture levels and increase product absorption of active ingredients.

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### About:

- Key Active Ingredient: Lactic Acid, Glycolic Acid, Malic Acid, Kojic Acid
- pH: 2.2
- Peel Depth: Very Superficial
- Treatment Time: 1-3 minutes
- Treatment Frequency: Series of 6, 14 days apart
- Treatment Removal: Neutralizer
- Can it be layered with other peels and treatments? Yes
- Indications: Rough tone and texture, dehydration, prep for microneedling treatments
- Fitzpatrick Types: All

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Ingredients: Bearberry Extract, Diocide, Kojic Acid, Glycolic Acid, Lactic Acid, Licorice Extract, Malic Acid, Purified Water, Sodium Hydroxide, Vitamin C, Xanthan Gum.

### Prep:

- Take clear before photos in a designated area with consistent lighting at various angles and concentrating on areas of concern, such as hyperpigmentation, uneven texture, fine lines and wrinkles.
- Pre cleanse using the Neroli Repair Oil followed by cleansing with the Hydrating Herbal Cleanser. Thoroughly cleanse the skin of all dirt, oil, makeup & debris. Remove with a luke warm towel or disposable sponges.  
*\*Microdermabrasion, Dermaplane and AnteAGE Regenzyme may be administered after cleansing as part of an enhanced exfoliation treatment (assuming these treatments alone and combined are considered within your scope of practice per your State Board of Regulation)*
- Apply Professional Prep Solution to skin with a woven 4x4. Let skin dry completely.
- Using a cotton swab, apply a small amount of Vaseline or other occlusive to the inner and outer canthus of the eye, nasal openings, and the vermillion border. Treat: □ Apply Pro-Glow Peel 55% to a glycolic applicator and quickly apply evenly to the area being treated, in gentle circular motions.
- Pro-Glow Peel may be left on for 1-3 minutes depending on clients comfort level and skin condition. It is suggested in their first treatment to leave on for 1 minute and working up to 2-3 minutes in following sessions. Do not leave this peel on for more than 5 minutes.  
*\*You can use a hand held fan over the treated skin after applying the peel to reduce client discomfort. The peel may feel "active" and tingly for some clients so it is important to check in with them often after the peel is applied to make sure they are comfortable.*

Neutralize and Remove:

- Once you are ready to remove the peel, whether by time or clinical endpoint, rinse the skin with cold water. Next apply Neutralizer Solution evenly across the treated area. After neutralizing is complete, the client should not feel any discomfort.  
*\*If extreme redness or stinging persists, wash the area being treated immediately and thoroughly with cold water. Pat the skin dry with cotton or tissue (no rubbing).*
- After the peel has been neutralized completely, apply pH Balance toner to restore the skin's natural pH level.

Immediately Post-Treatment:

- Remove gloves and take after photo in the same spot, same angles and same lighting as the before photos for comparison (this step is preferred before applying a tinted moisturizer so you can see the clients true complexion).
- Apply your choice of corrective serum. We recommend the Herbal Skin Solutions Vitamin C Enhancement Serum or EGF Cellular Activator.
- With gloves, apply SPF 30 & Daily Tinted Moisturizer before client leaves the treatment room for protection against harmful UVA/UVB rays.  
*\*A hat, scarf, clean sunglasses and/ or or solar shield visor may also be worn prior to client leaving the treatment room during daytime hours for extra sun protection.*
- Provide client with home care products based on their specific concerns.