

“Ka I Ka Hoe”

My love...
I hate you
You drain all my energy
Like I never slept at all
You take up most of my time
Starting before sunrise to after sunset
Cause my mind and body pain
Whether it's mentally dead from criticism
Or looking like a mummy wrapped in ice
You make me hungry
As if a black hole has replaced my stomach
I am frustrated by you
By the dissatisfaction of running a bad time
And you have me acting a'aka sometimes
Like I woke up on the wrong side of the bed

But...
I love you
You provide me with opportunities
Opportunities to learn and grow as a person
As if You are the teacher and I am the student
You have shown me how important it is to have certain values
To have values like ha'aha'a and to be one big ohana
In order to keep everything positive in and out of the wa'a
To have laulima and kuleana to take care of the equipment
So that we can enjoy the sport and not worry so much
To be kokua and keep each other safe and get the wa'a running

I also love you because
Along with showing me that these values are important
You have also supplied me with happiness (and disappointment)
Whether it's tears of joy from placing 1st
Or disappointment from getting DQ in champs
You have given me new experiences
Like the 26 mile paddle with water changes
Or the chance to go to Maui and race in states
Provided me with a distraction
From removing all my stress and worry of the day
To having someone help me through my depression
And you have put wonderful people in my life

And for all of that, I thank you
For currently being the love of my life