

HOW TO PLAY

This conversation isn't easy.

Remember, not everyone will be on the same level of understanding as you, and that's okay. This conversation doesn't end after one sitting, or after a wave of outrage online. It is a lifelong conversation that starts with ourselves.

Ready?

How to Play

Find a partner with an open heart and mind. This person can have completely different or very similar viewpoints. Alternate asking and answering each question with your partner(s).

Remember, the more you have in your toolkit the better you can be at sharing your views with someone else. We've provided resources throughout this PDF to help fill that toolkit. Review definitions together before beginning the game.

Level 1 (Perception)

This level is about gaining perspective on what first impressions we give off and challenging the assumptions we make about others.

Level 2 (Connection)

This round is about asking the rarely asked questions and connecting on a deeper level.

Level 3 (Reflection)

Time to reflect on your game experience.

Wildcards

If you draw a wildcard your partner must complete the instructions unless otherwise stated.

DEFINITIONS TO CONSIDER

Provided by www.racialequitytools.org

Race – A social construct made up by scientists to support ideas that some groups of people are superior and others are inferior. This is not rooted in any kind of scientific differences; ie, there is no scientifically agreed upon determination of what skin tone is the line between white and brown, or brown and black.

Ethnicity – A social construct that divides people into smaller groups based on characteristics like group membership, values, language, and behavioral patterns.

Racism – Race prejudice + institutional power. It involves one group having the power to carry out systematic discrimination through: a) institutional policies, b) practices of society, and c) shaping the cultural beliefs and values that support those policies and practices.

Prejudice – A pre-judgment or unjustifiable, usually negative, attitude of one type of individual or group towards another group and its members.

Racial prejudice – A negative attitude towards members of a race (often what people are referring to when using the word "racism" in interpersonal interactions).

Discrimination – Unequal treatment of members of various groups.

White privilege – The unquestioned and unearned set of advantages, entitlements, benefits and choices bestowed on people solely because they are white. Generally white people who experience such privilege do so without being conscious of it.

Note: "white privilege" doesn't mean that white people don't experience hardship or that they are spoiled. It simply means that the difficulties & disadvantages they do experience are not because of the color of their skin.

White fragility – A state in which even a minimum amount of racial stress becomes intolerable (for white people), triggering a range of defensive moves. These moves include the outward display of emotions such as anger, fear, and guilt, and behaviors such as argumentation, silence, and leaving the stress-inducing situation.

Micro-aggression – Everyday verbal & nonverbal insults which communicate hostile, derogatory, or negative messages to people based on their marginalized group membership.

"You're really pretty for a black girl."

"You don't talk 'black.'"

"He's not like other black people, he's super smart."

Implicit bias – Prejudices an individual holds that he/she may not be aware of. These prejudices are expressed automatically, without conscious awareness. Implicit biases are shown to trump stated commitments of equality – this means that a well-meaning person who stands for equality could still have biases they are not aware of.

(PERCEPTION)

WHAT PRIVILEGES
DO YOU THINK I HAVE?
EXPLAIN.

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RACE & PRIVILEGE EDITION

WILDCARD

WRITE DOWN YOUR BIGGEST FEAR ENTERING THIS CONVERSATION ABOUT RACE. 1 MINUTE. COMPARE.

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WHAT STEREOTYPES DO YOU THINK HAVE BEEN MADE ABOUT YOU, IF ANY?

(CONNECTION)

IN YOUR DAY TO DAY LIFE,
HOW OFTEN DO YOU THINK ABOUT
RACE / THE COLOR OF YOUR OWN SKIN?
WHY DO YOU THINK THAT IS?

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WHAT QUALITIES
DO YOU ASSOCIATE WITH
A GOOD LISTENER?

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HAS YOUR FAMILY EVER SAID SOMETHING YOU DEEPLY DISAGREED WITH REGARDING THE TOPIC OF RACE / RACISM? HOW DID YOU RESPOND?

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HOW DO YOU FEEL ABOUT CANCEL CULTURE IN REGARDS TO RACE / RACISM? WHAT ROLE DOES IT PLAY? HOW DOES IT HELP? HOW DOES IT HURT?

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ON A SCALE OF 1-10 HOW WOULD YOU RATE YOUR CURRENT KNOWLEDGE OF OUR NATION'S HISTORY REGARDING SLAVERY AND SYSTEMIC RACISM? WHAT CAN YOU DO TO HELP RAISE YOUR KNOWLEDGE BY 1 POINT?

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REMINDER: BE OPEN TO CHANGING YOUR MIND WHEN RECEIVING NEW INFORMATION, ESPECIALLY IF IT MAKES YOU UNCOMFORTABLE.

(CONNECTION)

WHEN WAS THE LAST TIME YOU HAD A SHIFT IN PERSPECTIVE REGARDING THE TOPIC OF RACE / RACISM? HOW DID THAT SHIFT OCCUR FOR YOU?

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WHAT DID THE PEOPLE

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THAT RAISED YOU TEACH

YOU ABOUT RACE? DIRECTLY

OR INDIRECTLY?

HAVE YOU EVER EXPERIENCED RACISM IN YOUR FRIEND / PEER GROUP? DID YOU CALL IT OUT? WHY OR WHY NOT?

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WHAT'S AN UNPOPULAR OPINION
YOU HOLD REGARDING RACE / RACISM
THAT YOU FEEL TOO AFRAID TO VOICE?
HAVE YOU EVER CHALLENGED
THAT OPINION?

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PERMISSION TO SOUND UNINFORMED: WHAT HAVE YOU ALWAYS WONDERED BUT FELT TOO AFRAID TO ASK ABOUT RACE / RACISM?

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WHAT WAS YOUR FIRST MEMORY REALIZING THAT RACE EXISTED?

(CONNECTION)

HAVE YOU EVER HAD TO UNFRIEND OR CREATE A BOUNDARY TOWARDS SOMEONE YOU LOVE BECAUSE OF A DISCONNECT CONCERNING THE TOPIC OF RACE/RACISM?

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WHAT DID YOU GROW UP
BELIEVING "BEAUTIFUL" LOOKED
LIKE? WHERE DID THAT COME FROM?
HOW HAS IT EVOLVED?

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WHAT DO YOU FEEL WHEN YOU HEAR "BLACK LIVES MATTER"?

"ALL LIVES MATTER"?

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WHAT HAS BEEN YOUR PERSONAL EXPERIENCE WITH POLICE? WHY DO YOU THINK THAT IS? WHEN YOU GET PULLED OVER HOW SAFE DO YOU FEEL?

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HAVE YOU EVER BEEN CALLED OUT FOR SAYING SOMETHING INSENSITIVE REGARDING RACE? HOW DID IT MAKE YOU FEEL? DID IT CHANGE YOU? WHY OR WHY NOT?

HOW DO YOU DEFINE "PRIVILEGE"?
ARTICULATE WHAT PRIVILEGES
YOU THINK YOU HAVE.

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(REFLECTION)

HOW CAN YOU BE A
BETTER LISTENER TO THINGS
YOU DON'T UNDERSTAND?

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WILDCARD

WRITE DOWN ONE LESSON
THIS CONVERSATION TAUGHT YOU.
BOTH PLAYERS. COMPARE.

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WHAT DO YOU HOPE FUTURE GENERATIONS UNDERSTAND ABOUT RACE? WHAT IS OUR ROLE IN HELPING THEM UNDERSTAND?

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HOW CAN YOU TURN
YOUR PRIVILEGE INTO POSITIVE
CHANGE WITH YOUR VOICE
AND RESOURCES?

QUESTIONS TO ASK YOURSELF

- 1. What word best describes how you were feeling throughout this conversation: Defensive or receptive? Why?
- 2. How comfortable did you feel answering these questions on a scale of 1-10? Explain.
- 3. What question felt the most uncomfortable for you to answer? Why do you think that is?
- 4. What did this conversation teach you about yourself?
- 5. What questions did this experience leave you with?

VIDEOS & MOVIES TO DIG DEEPER

Compiled by Dr. Nura Mowzoon

Systemic Racism Explained

by Act.Tv on Youtube

Deconstructing White Privilege

with Dr. Robin DiAngelo on Youtube

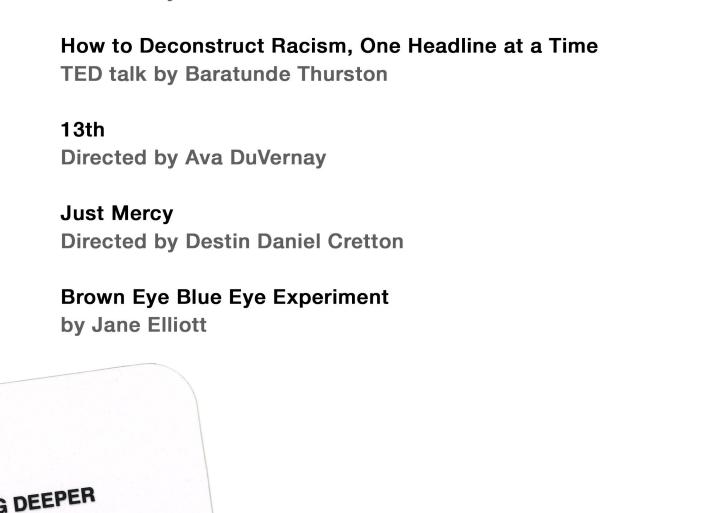
We Need to Talk About an Injustice

TED talk by Bryan Stevenson

A Black Man Goes Undercover in the Alt Right

TED talk by Theo E.J. Wilson

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READING TO DIG DEEPER

Compiled by Dr. Nura Mowzoon

"Post Traumatic Slave Syndrome: America's Legacy of Enduring Injury & Healing" by Dr. Joy DeGruy

"White Fragility: Why It's So Hard for White People to Talk About Racism" by Dr. Robin DiAngelo

"The Color of Law: A Forgotten History of How Our Government Segregated America" by Richard Rothstein

"Why Are All the Black Kids Sitting Together in the Cafeteria?" by Dr. Beverly Daniel Tatum

"Stamped from the Beginning: The Definitive History of Racist Ideas in America" by Ibram X. Kendi

"The New Jim Crow: Mass Incarceration in the Age of Colorblindness" by Michelle Alexander



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AN ON-GOING CONVERSATION

What questions would you add to this list? Email us at create@notreallystrangers.com Subject line: RACE & PRIVILEGE QUESTIONS IF A CONVERSATION IS HARD, IT'S PROBABLY THE ONE WORTH HAVING

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DIGITAL EXPANSION PACK