

CN-Adrenal

by ChiroNutraceutical



This formula was designed to reduce anxiety and restlessness and to combat insomnia. The herbs in this formula may also be useful in helping conditions that are worsened by stress such as irritable bowel syndrome (IBS), tension headaches, muscle tension, and high blood pressure

About the Formula

Eleutherococcus senticosus: is another adrenal adaptogen that has a wide variety of applications in the body. Also known as Siberian ginseng, this herb is native to the Taiga region of the Far East and its use dates back 2000 years. Eleuthero may improve attention, mood, and stress tolerance. It is useful for people who are debilitated from cancer, chemotherapy, cardiovascular disease, or other chronic health conditions. Eleuthero is stimulating and warming.

Panax ginseng: This adrenal adaptogen is also called Chinese ginseng or Asian ginseng, and has been in use since at least the 1st century C.E. Its many constituents, such as ginsenosides and panaxans, contribute to its many effects such as supporting immune function, lowering blood sugar, improving libido and erectile dysfunction, increasing sperm count, and enhancing physical and intellectual performance.

Glycyrrhiza glabra: is commonly known as licorice. Glycyrrhiza helps the body recover from long term stress by increasing the half life of cortisol. Licorice also possesses anti-inflammatory action by blocking certain leukotrienes. Glycyrrhiza is often used as a demulcent to heal the digestive tract and as an anti-viral and antioxidant.

Cordyceps Mycelium Extract is a medicinal mushroom and is associated with the following benefits: improved energy, sexual function, athletic performance, and immune function.

Ashwagandha (Withania somnifera) root is a well-known adaptogen. It is useful for helping normalize and revitalize individuals who have suffered from long term stress. Ashwagandha helps in both acute and chronic stress conditions. It may also be beneficial for people struggling with insomnia, inflammatory diseases, and anxiety.

Rhodiola rosea root has been used in Siberia, other parts of the former Soviet Union, Scandinavia, Germany, and other European countries as an adrenal adaptogen with actions similar to Siberian ginseng. Rhodiola may help endurance, cognitive function, immune function, weight loss, athletic performance, and energy levels.

Suggested Use: As a dietary supplement, take 3 capsules, 1-2 times daily, or as directed by your health care practitioner.

Warning: If you are pregnant or nursing, or have active ulcerative colitis, peptic ulcer disease, or gastroesophageal reflux, consult your health care practitioner before taking this or any herbal product.